

Vote **NO** on Warrant Article 5

Rick Wood

*Past member of Antrim Recreation Committee
and Recreation Land Search Committee*

The Town Administrator and Selectman presented both the 2007 town budget and draft warrant articles at two recent public budget meetings in February. The theme of the presentation was "Just the Facts." Between these two meetings, they worked on various drafts and revised articles with the admission that there was some needed additional work prior to the deadline for publishing the warrant articles.

Though the final wording of the articles to be presented at the Town Meeting in March was not yet available on the town website at this writing, one article in particular will likely not change. Article 5 reads: "To see if the Town will vote to discontinue the Capital Reserve Fund set up as the Recreation Field De-

—continued on page 2

THE CONVAL WARRANT

A QUICK PRIMER

Mary Allen
ConVal School Board

Conval voters are facing a much shorter school warrant this year—a relief after some recent ballots caused not-so-quiet muttering to be heard outside the polls' red, white and blue curtains.

The small crowd attending Conval's deliberative session February 7th in Peterborough pondered just five articles. A sixth will be handled in the five towns electing school board members this year.

The proposed school budget generated the most debate and was the target of two failed amendments. One proposal would have cut \$365,000 from the budget with the aim of eliminating some

—continued on page 6

ANTRIM SELECTMEN

Ron Haggett

Ballot day this year is Tuesday, March 13th, with voting to be held at the Town Hall from 8:00 AM till 7:00 PM. Voting will be for election of town officers, proposed changes to the Antrim Zoning Ordinances, and the CONVAL operating budget and warrants.

Town Meeting will be held Thursday, March 15th at the AES-Town gym at 7PM. Here we highlight several important warrant articles that will be brought to this year's town meeting.

The first of these is Warrant Article #3 for repairs to North Main Street from Route 31 to Smith Road. This involves replacing the bridge and rebuilding the street, sidewalks, and sewer and water lines and requires a ballot vote with a two thirds majority to pass for an expenditure of one million one hundred seventy five thousand dollars (\$1,175,000). Of this sum \$235,000 will

—continued on page 3

✓ ELECTION DAY ✓

MARCH 13, 2007 8 AM – 7 PM

TOWN HALL

TOWN MEETING

MARCH 15, 2007 7 PM

TOWN GYM

ANTRIM POLICE

Chief Todd Feyrer

Whether from the Town budget hearings, the local newspapers, or conversations with other citizens, you are probably aware that we are seeking a 5th full-time police officer. There are many questions and concerns that have risen from this request, and I'd like to address some of them here. We want to assure you that this request has been carefully researched and considered, particularly in light of the responses to the recent town-wide survey in which many of you

—continued on page 4

FIFTY GRIZZLIES, A THOUSAND SALMON, AND HEAVEN

Peter Gagne

The tips of his ears appeared about twenty yards away in the tall grass on the edge of the river. I attached the fly rod lanyard to the clip on my vest and let it slide into the water and pulled the video camera around from my back. I was standing waist deep in the middle of a pristine Alaska river fly-fishing for red salmon and rainbows. This river, like all Alaskan rivers, is the feasting table for the Alaska great brown grizzly bears.

This particular bear caught me off guard. He came in from a different spot than others, and I had no choice but to make him aware of my presence by talking to him. His ears formed into his head and then all of him appeared. He looked right at me as I talked and filmed, and slowly he entered the river. I had the camera on him as he shortened the

distance to about ten yards and then just dove into the pool and began fishing. It was typical of what we had



—continued on page 10

Limrik Staff

Managing Editor	Lyman Gilmore	588-6860
Editor Emeritus	Dick Winslow	588-2498
Advertising Manager	Ral Burgess	588-6650
Production Manager	Pat Webber	588-2332
Treasurer	Ral Burgess	588-6650
Subscription Manager	Missy Taylor	588-7146
Art Editor	Russ Russell	
Design Artist	Virginia Dickinson	
Limericist	Harlow Richardson	
Proofreading	Cinda Gilmore	
Contributing Editors	Janet MacLachlan	
	Missy Taylor	
	Schatze Moore	
	Peter Moore	
Layout & Design	Connie Kirwin	

The *Limrik* is published four times a year, March, June, September, and December on the first of the month. It is delivered free to every mail address in town. Otherwise, the subscription rate is \$15 per year. Send your order to:

Subscriptions:
Antrim Limrik
PO Box 30
Antrim, NH 03440

Please make checks payable to the *Antrim Limrik*. We hope people will keep up with the expiration dates of their subscriptions to the *Limrik*. On the mailing label is the following information: Subs. Exps. 'date'

The Limrik was founded November 1991 by Beverly Tenney, Lois Harriman, and Nancy Timko.

ADVERTISING FEES

Half Page (Back Page)	\$75 per issue
Half Page (Inside Page)	\$65 per issue
Quarter Page	\$45 per issue
Business Card size	\$30 per issue
	or \$100 for 4 issues

Advertising copy is due by the 10th of the month prior to the *Limrik* publication—February 10, May 10, August 10, and November 10. Final decisions about acceptable content for ads will be made by the Managing Editor and the Advertising Manager.

LETTERS TO THE EDITOR

E-mail your letters to the *Limrik* in care of Lyman Gilmore. The address is: l_gilmore@conknet.com

CREDITS

Illustrations on pages 1 and 33 were created by Virginia Dickinson, Staff Design Artist.

NEWS DEADLINE

News deadline is the 10th of the month preceding each issue. Issues are published in March, June, September, and December. For the next issue, copy deadline is May 10. Please e-mail your article to: Lyman Gilmore at: l_gilmore@conknet.com

Vote NO continued from page 1

velopment Fund created in 2004. Said funds, with accumulated Interest to date of withdrawal are to be transferred to the Towns General Fund."

In presenting "Just the Facts" the selectman and administrator failed to mention some facts that should be considered before voting on Article 5.

1. The town's population growth (33% over the last 7 years) and building growth (40-50 new building or lot permits in 2007) mean there continues to be a need to locate, purchase and develop new Recreation Land.
2. Even with the upgraded maintenance of Shea Field, Antrim School and Recreation programs continue to grow and have limited the availability of Shea Field to a number of local programs and teams, some of which have to play home games in other towns.
3. The town recognized the need for new Recreational Land during two of the last three Town meetings, first by voting for a Recreational Land Revolving fund in 2004, then the additional article for specific purchase of the West Street Land proposed at the 2005 town meeting.
4. If the Recreation Field Development Fund funds were returned to the General Fund, the town loses any options of acting quickly on any current or new opportunities that present themselves. These funds provide leverage for the town in any opportunities that present themselves. The town would still need to vote to approve the removal of the Reserve Funds in the event a suitable site was presented to the town. If the Funds are returned to the General Fund, this essentially negates the advancement of finding any suitable land for the next number of years and negates the work of a number of citizens who have worked in the various committees, including two of the current selectmen. We believe this is a big step backward.
5. The Town Master Plan and recent surveys sponsored by the town clearly outlined the desire of the residents of Antrim for additional Parks/Recreation/Conservation Land
6. Having funds in reserve allows the town to apply for various grants like the Major League Baseball's Tomorrow Fund that require the applicant to have matching funds.
7. The town has a clear need to find space and activities for it's youth, as indicated by the selectmen's response to the petition of a group of concerned citizens at the first budget review meeting at which a new article was crafted for support of a Youth Center later in 2007.

With these additional facts, I hope the citizens of Antrim will continue to invest in the future of the town and vote NO on Article 5.

Rick Wood, Peter Beblowski, Bob Holmes, Sam Young, Sam Harding



come from FEMA and NH State bridge funds, \$100,000 will be withdrawn from our emergency bridge fund, and the remainder will be obtained through a bond for eight hundred and forty thousand dollars (\$840,000). The selectmen recommend and support the passage of this article so that the total project can be completed in 2007 which will require lower cost and inconvenience to the town than if it were spread out over several years.

Warrant Article #4 is a request to bond two hundred thousand dollars (\$200,000) for Open Space purchases if and when they become available and are presented to a future town meeting for an appropriation. This is the follow-up on commitment to the 2005 town meeting's acceptance of the Open Space Committee Report. No bonding or expenditure of money is being asked for at this time. The Selectmen recommend and support the passage of this article.

There are significant bridge and road repairs facing Antrim in the coming years. We presented a report at the budget hearing on the nineteen bridges in Antrim inspected by Quantum Engineering last year. Of these several are "RED LISTED" by the State which means they need major repairs which are being scheduled in 2007 through 2012 as part of the Capital Improvement Program. The State will pay up to 80% of the cost for approved bridge projects, but its reimbursement of costs will not begin before 2013 at the earliest. This means that Antrim will be funding these projects with reserve balances and bonds in advance of receiving state money. In order to prepare for these coming expenses, Article #8 contains a request to add \$205,000 to the Bridge Maintenance Capital Reserve account. This is a part of the annual request for additions to the restricted reserve accounts.

Warrant Article #5 asks to discontinue the Recreational Field Development Capital Reserve fund set up in 2004 and return approximately \$215,000 dollars to the general fund. \$175,000 was appropriated in 2005 for the purchase and development of the Gould property on West Street, but this purchase fell through and could not be completed. If the town passes this Article #5, then Warrant Article #12 seeks to create another recreation field capital reserve fund and transfer \$100,000 to it from the general fund leaving the remaining \$115,000 dollars in the general fund. If the town defeats article #5 the appropriated money for the Gould purchase will be returned to the existing Recreational Field Development Reserve and article #12 will be withdrawn.

Article #17 asks the Town to support a Teen Center, the cost of which will be limited to an appropriation not to exceed \$6,000 dollars in 2007. This will be funded from TIF or out of current operating budgets; no money will be expended until an operations plan and grant application are completed and approved to provide additional required funding. This plan will be reviewed by the TIF Advisory Board and the

Board of Selectmen for submission to the 2008 budget hearings to justify and request any additional funding from the town. This request is in response to the needs expressed in the public surveys conducted last year.

Two budget hearings were held in January and February to present the 2007 budget, the Warrant Articles, and to inform the public of the needs of the town through 2012 and beyond. In the case of our sand lease/purchase agreement for a supply of sand that will last the town thirty years or more, we have a revised lease agreement for a term of six years instead of the original fifteen years which results in a saving of approximately \$200,000 in interest costs. During these budget hearings, our town administrator Bill Prokop reviewed the past ten years of expenditures, described the town's current needs, and projected a look into Antrim's future. We rely on the real property tax to generate the money to fund our operating budgets and future investment. We do not set the tax rate or establish the market values for property assessments, the State does that. We do not control the taxes required to fund the County or the School District. We are left with approximately 41 percent of the tax dollars we raise to support the town's needs. The selectmen, department heads, and boards and commissions are constantly searching for ways to reduce town tax increases to the minimum required to provide the necessary money to serve the town's current needs and prepare for the future.

REMEMBER THESE DATES

Tuesday March 13th is Ballot day

Thursday March 15th is Town Meeting

BOTH ARE IMPORTANT. PLEASE PLAN TO VOTE AND ATTEND AND EXPRESS YOUR OPINIONS. ☘

**HAVE YOU SEEN
WHAT'S NEW THIS WEEK?**

The Revival Shop

Gently-Used Clothing for the whole Family

Open Saturdays 10 AM to 4 PM

Presbyterian Church, Main St, Antrim

588-2289

THE MONADNOCK PAPER MILLS

The paper on which this *Limrik* is printed has been generously donated by The Monadnock Paper Mills. For this, the *Limrik* is very grateful.

LEGISLATIVE REPORT:

SEEKING STATE AND FEDERAL HELP IN SUSTAINING LOCAL AGRICULTURE

Rep. David Essex
New Hampshire House of Representatives
Vice Chairman, Environment and Agriculture Committee, Chairman, Hillsborough County Delegation

One of our most important industries is often overlooked in public policies intended to encourage economic development, tourism, and conservation. But agriculture, which includes not only our familiar farmstands, hay fields, pumpkin growers, and dairy farms, but ornamental horticulture and a fast-growing horse industry as well, is nearly a \$1 billion business, according to the state Department of Agriculture, Markets, and Food. New Hampshire, like most of New En-

gland, is a place of small farms, most just eking out a profit, and some "hobby" farms with a few goats or chickens and an acre of vegetables to feed family and a few friends.

I got a taste of just how much New England agriculture differs from that of the rest of the US in late January when I attended the fifth annual Legislative Agricultural Chairs Summit in Washington, D.C. The summit is a meeting of the leaders of

 continued on page 15



Antrim Police continued from page 1

expressed the desire for more police coverage as well as concern about the increase in both traffic and criminal activity in town. We agree with your concerns and want to provide you with the best possible police department while maintaining a realistic budget. We also understand everyone's worry about increased costs. That is why we are doing our best to mitigate the cost of a fifth officer by reducing our current part-time staff by two, reducing the overtime budget, and by aggressively applying for grants and monies from sources other than the town.

So how do we determine when it's time to add another officer? Most importantly, we listen to you and your requests. We also look at other towns and their staffing levels. While each town is unique and the issues in another town may not be those of Antrim, comparisons give us a good idea of what most municipalities our size see as adequate staffing. We look at recent demographic trends and projected population growth. According to New Hampshire's Office of Energy and Planning (OEP), Antrim's population grew at a rate of 1.3% from 1990 to 1999. From 2000 to 2005, however, it grew at a rate of 6.4%. OEP is projecting another 3% of growth to 2010, a projection that is low, given the development that we all see taking place in our town and the surrounding area.

Considering this growth and the current demands on our police force, here is why Antrim needs a fifth officer:

- Citizen's request for increased coverage with Antrim Officers
- Citizen's request for increased traffic enforcement
- Citizen's request for reduction in criminal activity
- Necessary to maintain adequate services while maintaining a high proactive level
- Maintain acceptable levels of staff commensurate with growth and recommendations from various sources
- Requests and improvements for increased community and school activities
- Necessary to effectively manage high level of activity,

case load, and inter-department responsibilities within the department

Some residents have asked why we need a fifth officer when there have been instances of two officers riding together in one cruiser. Although patrol with two officers in the same cruiser does not happen routinely or often, occasionally there are reasons for two officers to patrol together in the same cruiser. From time to time it is important for supervisors to be with our officers to evaluate them, to see what concerns they may have, and to maintain positive morale. Also, high priority calls where officer safety may be of concern require two officers.

I know some residents are concerned that we do not always have 24-hour coverage. In fact, there is 24-hour coverage, although it may not necessarily be with an Antrim officer. I too am concerned that we do not always have an Antrim Officer on duty 24 hours a day. I spent the first eleven years of my police career in a department that mandated a minimum of two police officers on duty at any given time. This was established in the 1980's not only because of the high demand of police services, but to increase officer safety. Antrim is now faced with insufficient number of officers to provide 24-hour coverage with our own personnel.

My philosophy, and the philosophy of this department in regard to police coverage, is that we should have a uniformed officer on duty twenty-four hours a day, seven days a week. And "coverage" does not mean having an officer "on-call."

I want everyone in Antrim to know that we are very proud of our service to you. The overall budget increase this year is approximately \$20,000, including salaries, fuel, training, etc. We feel that our budget can provide a significant increase in the police protection that you have requested and deserve. I would also like to add that if anyone is interested, a Zero-Based Manpower Plan has been completed to emphasize the need for the fifth officer. This is available on the Town's Web Site and at the Police Department. Should you have any questions on this information please contact me at any time.



NEW SIDEWALKS BOON; JANET AKINS AND FONZY

Lyman Gilmore

Nearly every day Janet Akins and Fonzy take a walk along Main Street. Ordinarily a stroll around town would not be newsworthy, but Janet is blind and Fonzy is her guide dog.

One shivery afternoon in January when I visited Janet and her husband Ken in their new house on Hilton Avenue just off Grove Street, her yellow lab Fonzy met me at the front door with appreciative sniffs of my pants legs, detecting aromas left by our big brown ridgeback, Beck. Right away I created an awkward moment when I offered Janet a handshake only to realize that she could not see what I was doing and Ken had to tell her. Once past this embarrassing beginning, Janet settled on a couch, I lowered myself into a comfortable stuffed chair facing her, and Ken sat to my left with Fonzy's head resting on his foot.

Janet explained that without his harness, Fonzy was just a wonderful pet, as happy to be with Ken as with her. But the instant his harness goes on, his personality changes completely and he becomes attached to her side, an inseparable companion totally committed to her safety.

Diabetic since she was four years old, Janet is one of only three hundred people in the United States who have survived as long as she. Thirty years ago she lost the sight in one eye, and while she has always known that she might lose the other eye, she hoped—and came to believe—that she would not. So, when she did become completely blind nine years ago she was devastated, going through periods of deep depression and anger, thinking that a normal or happy life were no longer possible.

But Janet is a vital, resourceful woman who had raised three daughters, was the secretary of the Baptist Church, and a person people had come to depend on. She shook off her despair and contacted the New Hampshire Association for the Blind and other services for the blind, and began putting her life back together. Her major goal was to become mobile again, to be able to get around town, and she struggled against her fear and insecurity to learn how to use a white cane. The cane did allow her some freedom of movement, but she never

 continued on page 12



TUTTLE LIBRARY TRUSTEE NEWS

Sharon Dowling, Chair

CONSTRUCTION

If you have happened to drive up Main Street in Antrim lately, you have seen the amazing development of our new library addition! Kendall Builders were able to take advantage of a long stretch of unseasonably warm weather to get the building foundation in, the framing done, and the roof on, all before the winter really arrived! Workers have broken through both the basement level (causing a bit of unexpected fumes, closing the library) and the upstairs floor as well, and the work is proceeding quickly. We have received many comments from patrons on how beautiful the addition looks, and how well it fits the site and the original building.

TECHNOLOGY

Inside the library the Trustees have been grappling with many issues in the face of the expansion, as well as updating policies and procedures for the general running of the library. As the times have changed, so has the technology involved. You may have noticed the methods of looking up materials and checking them out are quite different at the Tuttle library than just a year ago.

The Trustees have decided to use Twin Bridge Services, owned by computer whiz Allan Treadwell, to help develop a more secure network of computer operations at the library. Allan's company currently keeps Town Hall humming, and he works with other libraries in the state as well, so he understands the special needs a library presents.

GIFTS

Finally, we have completed a list of "named gift opportunities" for the library expansion. All gifts, large and small, are welcome and will be put to good use. Several large gifts have already been donated, including the lovely Palladian window in the children's room, the circulation desk, and a special table for the adult reading area. Would you like to help with a section of carpet in the children's room, floor seating for the teen area, shelving for the stack room? Come into the library and see what's new, and ask to see THE LIST! We would love to see your name on it!

GOODBYE

This is my last contribution to the *Limrik* as a library trustee. I have served

on the Library Board of Trustees for a long time, I think 12 years! Along the way I have been privileged to work with some amazing people, including fellow trustees, library staff, and various committee members as we grappled over land, and plans, funds and policies, funds and BIG ISSUES, and small issue and funds. Thank goodness we also enjoyed laughs and dreams and successes as well. The most outstanding quality shared by the trustees I have been privileged to know is our love of libraries. Our public libraries are not just warehouses for books, though books are certainly the major element. Libraries are also portals to the rest of the world, community hubs, safe havens, places to start or end a quest, sometimes just a place to borrow a free movie. If you haven't been to your library in a while, I invite you to check it out. Reignite an interest, fan the flames of a current passion, browse the stacks! And please celebrate with all of us when the addition is finished. It has been a labor of love, and it will be a fitting gift to the wonderful people of Antrim. Thank you for allowing me to be a part of it. 

teaching staff, a proposed drug and alcohol counselor for the high school, and the new human resources director position. The other plan, proposed by Francis X. Chapman of Peterborough, called for adding \$250,000 to the budget for new computers at the high school. School officials argued the suggestion was premature since the first phase of the district's new multi-year technology plan – computers and technical support for the teaching staff – was already covered in the budget. Computers for the individual schools will be requested in future years.

The debate is over and now voters in the nine Conval towns will decide whether to pass or defeat the school board's budget and warrant articles. Here's a quick look at the five questions to be voted on March 13th.

Article 1 defines the proposed budget and the default budget. If voters approve the requested \$42,387,141, that will be the budget the district has to work with in the upcoming school year. If voters reject that request, a default budget of \$41,872,977 kicks in until another budget is approved or defeated at a special election. If a new budget fails at the special meeting, the default budget is used for the year.

This year, the default budget is \$514,164 less than the requested budget.

So, what's a default budget? The answer is simple. It's a budget equal to last year's operating expenses plus money to cover any contractual obligations. In other words, it's the same budget as 2006-07 plus money to cover any previously agreed-to increase in salaries, interest on bonds, etc. The district still has a balance of more than \$12 million to pay for improvements made to the eight elementary schools and the high school. The next interest payments are included in the default budget, as are any increases due to teachers and contracted vendors (examples: the bus company, maintenance services).

The school board's proposed budget is the product of months of work and many board debates and votes. Budget drivers for 2007-08 include more money for salaries and benefits for an experienced teaching staff and increases to the special education program.

The growing gap between what the district spends for special education and what it receives from state and federal sources for those services is raising real concern. To increase awareness of this gap, the Conval board is launching a letter-writing and petition drive asking lawmakers to help lift this burden from local taxpayers. More details of this drive will be available at the polls in March, and board members are urging local voters to join them in this endeavor.

Conval's Annual Report gives the details of the proposed budget and all expenditures for 2005-06. Copies were passed out at the deliberative session and are available at the town hall, the district office in Peterborough, and other locations.

Article 2 calls for adding \$50,000 to the district's building capital reserve fund. This account was tapped last year for repairs and other expenses totaling \$167,800. The annual

request will help replenish the account, which has a balance of \$226,700.

Article 3 requests \$50,000 for the Special Education Trust Fund. This fund helps provide a cushion for unanticipated expenses for special education. One or two out-of-district tuitions for special needs students can put a strain on the district's finances. This fund helps soften that blow.

Article 4 sets the compensation for school board members and other district officers. School board members are paid \$500 a year, with \$700 for the board chairman. A school board member's request to increase that amount was defeated by the board last month, but some want to take a look at the issue again next year. A survey of the nine Conval towns revealed that selectmen receive \$750 to \$2,500 per year.

Article 5 asks voters to accept the reports of the auditors and other agents. This article is a standard on every district warrant.

Antrim residents will cast their votes for the district warrant at the town polls on Tuesday, March 13. The school ballot is separate from the town election of officers and the zoning questions. Antrim's polls are open from 8 a.m. to 7 p.m. and are located in the town hall.

If you want a copy of Conval's Annual Report or if you have questions about the warrant, call or e-mail me at 588-2742 or mallen65@hotmail.com. If I don't have an answer to a specific question, I'll be happy to get it for you. ☚

Now Accepting New Patients

Same day appointments available

ANTRIM MEDICAL GROUP

A Full-Service Family Medical Practice

The Antrim Medical Group, a satellite office of Monadnock Community Hospital, has been offering professional and friendly patient care for many years. The practice offers complete medical care for all ages... from the very young to the elderly. Call us today to meet our highly qualified medical staff.



Dr. Carrie Klonel



Chris Jacobsen, ARNP

Hours: Monday to Friday 9:00-5:00

Visit our conveniently located office in downtown Antrim at 12 Elm Street

588-4200

ANTRIM MEDICAL GROUP

Monadnock Community Hospital
Care comes first

DODGE CITY THE CASE FOR CONTINUITY

Eric Tenney

In last year's (2006) town meeting there was a warrant article that basically asked what the town wanted to do with the parking lot on South Main Street across from the library and next to the video store, called for years "Dodge City." If you have been a town official in the last thirty years, the thought has occurred to you more than once that something should be done with that lot. I happened to have been a selectman back in the 1970s when problems with the lot began, so here's my memory on what happened.

First you should understand what was happening in the village in the mid 1970s. It was a place where many of its houses and buildings were built in the late 1800s, a significant number of which were large Victorian style buildings. They were big and expensive to maintain, and quite a few of them were in tough shape by the 1970's. As a result, many were purchased and

made into apartment buildings. There was a constant debate about what to do about this. Lots of people did not want all these apartments but had no other alternatives to offer. Ultimately what all this led to was the passage of municipal zoning in the 1970s.

One of the worst of these buildings was Cutters' old meat market, a.k.a. "Dodge City." The term "old meat market" was used by the natives because no meat had been sold on the premises for several years. When I was a boy in the 1950's, there was a barber's shop on the south side and the meat market on the north side. Some natives called the second floor the Union Hall. To this day I have no idea what the word Union meant. Maybe it was where the Union soldiers in the G.A.R. met. Gradually apartments began to show up in the building. When the building was last sold, there was a used furniture store in one side with apartments occupying the balance of the building. Guess what hap-

pened. Another apartment was put where the furniture store was. This lasted for a short time, until the owner went bankrupt, with the bank foreclosing on the property. The building sat idle with windows broken and paint peeling for a time. Here we had a closed vacant building sitting not six feet from the building next door, a sure fire threat.

Dick Schacht was elected selectman the year following my election. When he took office he announced that a lot of people wanted to clean up the mess on South Main Street. He thought some of these people would "put their money where their mouth is." At Town Meeting the Selectmen decided that Dick would raise money from the community and the other members of the Board would handle other details. First we got the bank to postpone their auction, giving us some time to raise the money. The next major consideration was what to do with the property once we purchased

 continued on page 28

Malarkey's Restaurant & Pub

At Crotched Mountain Golf Club 588 -1800

Open to the public 3pm Monday - Friday 8am Saturday & Sunday

APPETIZERS

Potato Ribbons.....	\$6.95
Crab Cakes.....	\$7.95
Chicken Tenders.....	\$6.95
Fried Butternut Raviolis.....	\$6.95
Crispy Fried Calamari.....	\$7.95
Chili Nachos.....	\$8.95
Spinach & Artichoke Fondue.....	\$8.95
Shrimp and Scallop Pan Roast.....	\$8.95

SOUP, SALADS & CHILI

Malarkey's House Side Salad.....	\$3.95
Classic Caesar Salad.....	\$5.95
Add Chicken \$3.50 Add Shrimp (5) \$4.50	
Classic Wedge Salad.....	\$5.95
Chili Tortilla Salad.....	\$7.95
Pear Salad.....	\$8.95
Firehouse Chili.....	\$6.95
Soup Du Jour	Priced Daily

LIGHTER ENTRÉES

Sandwiches are served with choice of French fries, potato chips or coleslaw	
Grilled Reuben.....	\$7.95
The Malarkey Burger.....	\$7.95
Monte Cristo Puff	\$7.95
Haddock Sandwich.....	\$8.95
Country Club Steak and Cheese sub.....	\$8.95
Grilled Lamb Pita Pocket	\$8.95
Pulled Pork Sandwich	\$7.95

ENTRÉES

Served with seasonal vegetable and choice of garlic mashed potatoes, roasted sweet potatoes or rice pilaf (Excluding pasta meals)	
Grilled Lamb	\$14.95
Haddock Picatta.....	\$15.95
Steak Tip Dinner..... ½ Pound.....	\$10.95
Add Shrimp Scampi (5).....	\$4.50
The Tavern Sirloin.....	\$16.95

Filet Mignon.....	\$23.95
Whiskey Marinated Pork Chops.....	\$15.95
Pecan Encrusted Chicken.....	\$12.95
Buttermilk Fried Chicken	\$13.95
Chicken Cacciatore.....	\$14.95
Butternut Ravioli.....	\$13.95
Seafood Newburg.....	\$15.95

CLASSIC ENTRÉES

Irish Stew with flakey herb biscuits..	\$8.95
Turkey Pot Pie	\$8.95
Fish & Chips.....	\$10.95
Bacon Wrapped Country Meatloaf..	\$10.95

MALARKEYS PIZZA

Spinach & Garlic Pizza	\$7.95
Basic Three Cheese Pizza.....	\$7.95
Barbeque Chicken Pizza	\$8.95
Mediterranean Pizza.....	\$8.95

MALARKEYS@NETSCAPE.COM

BREAKFAST BUFFET SATURDAY & SUNDAY 8am

TRANSPORTATION FOR EVERYONE

Missy Taylor

The Transportation For Everyone four-town cluster of Antrim, Bennington, Frankestown, and Hancock completed the initial phase of its work with its final meeting in Frankestown on Sunday, February 11. Approximately thirty local residents attended, including State Representatives Gil Shattuck of Hillsborough and Catriona Beck of Bennington. Transportation for Everyone (TFE) is a grassroots initiative to study and understand what community transportation is available in the Contoocook River Valley and what types of community transportation its residents need and want. The group is comprised of members from fourteen towns in the eastern Monadnock region, Southwest Regional Planning Commission, and local transportation providers and is funded by the Department of Health and Human Services and the Endowment for Health. The fourteen towns have been broken down into four clusters, Antrim being part of the four town cluster based on The Grapevine towns: Antrim, Bennington, Frankestown and Hancock.

Since November, the cluster to which Antrim belongs has met in each of the four member towns, eliciting information about transportation needs and suggestions of how to meet those needs. Through these meetings and a region-wide survey, it has become apparent that many of our residents are very concerned about the lack of community transportation in our area and are eager to start meeting some of the many needs expressed. To start, ride boards are being installed in the four-town cluster and electronic postings are being placed on craigslist's on-line ride board. Telephone trees are being set up to facilitate ride sharing and to alert residents of state legislation affecting the issue of insurance and volunteer driving. The region-wide TFE Steering Committee is gathering all the information gleaned from the fourteen towns into a report and will use this information to apply for a grant to begin implementation of community transportation in our region.

A five member team from TFE, including Antrim residents John Vance and Missy Taylor, was honored to be selected as one of the twenty teams from around the nation to attend a Transportation Conference sponsored by Easter Seals in Bethesda, Maryland, in mid-May. The Conference will address skills and strategies to develop comprehensive community action plans to improve local transportation services and to increase community awareness and support.

On May 22, TFE will gather local officials and residents interested in the issue of community transportation at a regional summit at the Monadnock Country Club in Peterborough. At that time, the steering committee will present its findings from all the clusters within the region and outline the next steps in the quest to bring community transportation to our area. If you are interested in this issue and would like more information or to be included on our mailing list, please contact Kristen Vance at The Grapevine at 588-2620 or Missy Taylor at 588-7146. ☿

RECREATION DEPARTMENT

Celesie Lunetta

Spring is almost here, and as I write this update on the Parks and Recreation activities, we are just now expecting the first big snow storm of the year. Just as we start baseball and softball planning!

We had a very active Basketball program this winter, highlighted by some great coaching and some dedicated players. Thanks very much to our volunteer coaches: Ken Boucher, Jay Spezaferri, Paul McGrath, Kim Stearns, Peter Lamb, Scott Baldwin, Betsey Hallen, Shelly Gardner, Sara Edwards, Kevin Clark and Jeff Wilson. The Antrim Town Gym served for the 2nd year as the site for the Emerald Valley playoffs. This is the league our 10 and 11 year old girls participate in for Basketball. It is always an exciting weekend.

We are taking a community bus trip to the Verizon Arena on Saturday 31 March to see the world famous Harlem Globetrotters. We have reserved seats in two tiers of pricing. Prices for Antrim residents are: Section 106—\$25.00 per seat; Section 221—\$15 per seat. To include a seat on the community bus, add \$5.00. We need to have your ticket reservation by Friday March 9th. We are also signing up for the Globetrotter University, an opportunity to interact with the players before the game.

The ski season was certainly dampened by the snow drought, but we still had successful trips to Crotched Mountain and Loon Mountain. Watch for the ski and snowboard offerings to grow, as the dynamics of the Community Bus begin to be secured.

 continued on page 14

10% OFF IN-HOME TRAINING THROUGH MARCH



B9K9 DOG TRAINING

603-446-7424

KERYL OLSON

email: b9k9andfeline@yahoo.com

Positive Methods Only

OBEDIENCE • TRICKS • CGC CLASSES
WEEKDAY AM & MID-DAY CLASSES
AVAILABLE ON DEMAND IN
HANCOCK & PETERBOROUGH

AGILITY CLASSES
APRIL-OCTOBER AT
UNDER ONE WOOF
IN ANTRIM

603-827-3726



hal grant

real estate

110 Nelson Road
P.O. Box 328

Harrisville, NH 03450

FLUSHED

Lyman Gilmore

This is the second of a two-part report on Antrim's sewage. Part I in the December 2006 issue described how many of the town's toilets flowed into Great Brook and the Millpond beginning in 1893 when the first running-water bathrooms were installed, and how this pollution "continued for eighty-seven years until our new sewer system began operating in 1980." The present article tells how the "new" sewer system works and the way it got built.

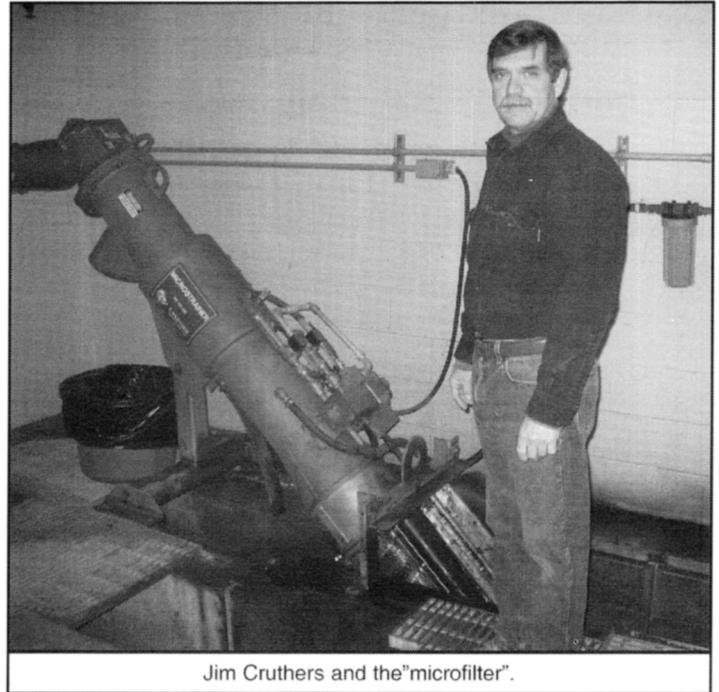
Flush your toilet in downtown Antrim and you initiate an intricate journey from your house to the Contoocook River through a complex system of plumbing, engineering, and science. If you want to understand this fascinating system, your best bet is to find Jim Cruthers, Ben Pratt, and Eric Tenney as I did recently.

I caught Jim our Superintendent at the sewage plant down off Depot Street just north of Antrim Village on a sunny and freezing Friday afternoon in January, and he walked and talked me through the system from influent to effluent as if—I like to imagine—I were something flushed. Every day an average of one-hundred-thousand (100,000) gallons of wastewater from homes in Antrim and Bennington flow through a vast network of pipes—mostly kept moving by gravity, although in some places by pumps—to the back of the treatment plant "operations building," entering through an underground twelve-inch pipe. Inside the building the grayish, opaque wastewater flows along a concrete trough in the floor to a large, inclining cylindrical machine about ten feet high and perhaps a foot and a half in diameter called a "microfilter" which removes all the solid items that will not biodegrade rapidly enough, such as pieces of cloth and wood, or will not biodegrade at all, like bits of plastic, lots of condoms, and the set of false teeth Jim has stored on a nearby shelf. The microfilter works as a screw auger, lifting the unwanted material out of the stream of wastewater on a series of rotating screw blades inside the cylinder and then compacting it and dropping it into a waste bag that goes to a landfill. Jim says you would not believe some of the things that go down toilets and end up in the bag.

Next, the influent wastewater flows at an average of 70 gallons per minute into a ten foot deep rectangular 3.1 million gallon "lagoon" approximately three-hundred by one-hundred-fifty feet (about an acre), where seven-hundred-cubic-feet of air per minute is constantly forced into the water in tiny bubbles that energize aerobic bacteria to decompose and "clean" the water. The influent wastewater must remain in this first of three lagoons (the third lagoon is not being used) for a "detention time" of at least sixteen days by design, but in our case closer to thirty days, before it moves to the second, smaller lagoon holding 1.6 million gallons for about ten days. The aeration is caused by large compressors in a separate "blower" building which blows air into ten "aerator lines" or hoses floating the length of the first lagoon and

then down into one hundred vertical pipes or "drops" to which are attached two hundred underwater "aerators," plastic covered three-foot long tubes from which the air is forced through tiny holes that create the bubbles that whet the appetites of the bacteria.

Over the thirty days the wastewater is in the first lagoon it gradually moves away from the intake pipe next to the buildings to a narrow portion of the lagoon opposite the buildings



Jim Cruthers and the "microfilter".

where it flows through a vertical plastic "curtain" hanging from the surface to the bottom of the lagoon by means of three apertures or "windows." There is no aeration in this part of the lagoon so any solid matter or "sludge" remaining in the water can sink to the bottom allowing the mostly unpolluted water to flow out of the first lagoon into the second lagoon. In this smaller second lagoon it receives additional aerobic treatment before being pumped into the chlorination room in the blower building where chlorine is added to it after which the treated "clean" effluent water is piped to the Contoocook River. Jim tests this treated effluent water fre-

—continued on page 11

MON—FRI 8 am to 5:30 pm www.tylerssmallengine.com
SAT 9 am to 1 pm fax: 588-6547

TYLER'S SMALL ENGINE SALES & SERVICE

Route 202, Antrim, NH 03440

588-6200



encountered on this journey. The bear fished his way out of sight, and I walked out of the river and sat down. I was overwhelmed once again by the fear, the joy, and the power of these great animals. Of the fifty bears we had seen, this was my closest encounter. My companions were three old friends. Ed Schofield and Steve Hughes have lived in Alaska for more than twenty-five years, while Jimmy Cleary from Bennington, New Hampshire, was on his first trip to Alaska. We were attempting a hundred sixty eight mile canoe trip through Alaska's second highest concentration of grizzlies. I always fall short trying to describe my thoughts and feelings about my backcountry adventures in Alaska. Only a fly fisherman who has seen a thousand salmon swim under him while surrounded by snow-covered peaks and glaciers at 10:00 o'clock at night in July, who has had to give up his fishing hole to an eight hundred pound bear, can know my heart-gripping emotions. This is heaven on earth.

The brown bears of Alaska are the kings of the land. You do not alter their paths, you give up ground to them, you give up streams. These bears make you humble and frightened. Their presence, specially a few yards away, is blood draining, yet, overwhelmingly beautiful.

We encountered around fifty bears, but only two angry animals that posed possible harm and caused alarm. We met our first angry bear when, just after beaching our canoes on a small stretch of lake front, we heard loud growling and bawling, lots of crashing in the woods, and other gut-wrenching noises. Within a minute's time a huge male came charging out of the woods with his head and rear covered in blood. He looked like he had encountered a blind barber, as huge chunks of bear hair were missing from his shoulders and rear. Jim and Ed quickly paddled out as the bear came to within fifty yards of them. Steve and I had the camera on him as he shook his huge head and walked towards us. Steve was sitting in the back of our canoe and I had stepped out to get some good video. At about forty yards this bear let out an ear-piercing howl and charged us at a dead run. I dropped the camera and jumped into the canoe and started yelling for Steve to paddle, along with a few other choice words. The bear closed to a matter of twenty yards by the time we were twenty feet off shore, paddling to save our hides. He exploded into the water, and I am thankful that bears are slow swimmers and we are fast paddlers. The video shows some fine footage, but it also recorded some of my finest swearing to date. The bear gave up the chase, swam back to shore, and just walked back and fourth bawling. He had lost his fight, and we had lost our beach. Steve and I sat in the canoe in total silence for several minutes, taking in the whole power of the bear, speechless in his presence. He owned my respect, and he made me realize that my six feet and two hundred forty pounds meant nothing more to him than a six pound red salmon swimming into his jaws. I was no threat. I was scared. It felt great.

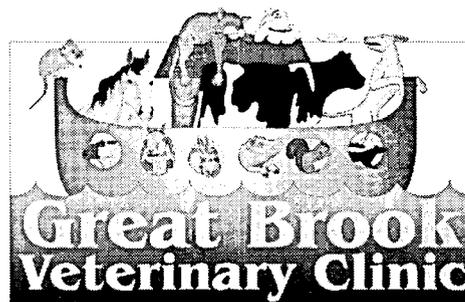
Our second charging bear was a beautiful blonde female. I was just getting out of the lake from a morning bath, really something in Alaska water which is about forty degrees on a good day. A bath takes under thirty seconds: jump in, soap up, jump

back in, and out quick! The bear—a brilliant blonde, rare for a grizzly—appeared at the far end of the beach. She was sauntering around, digging clams, rolling rocks for crabs, having a morning stroll. She was about two hundred yards out, so I walked back up to the tent, got dressed, and let everyone know of her presence. I snuck back toward the bear and got behind a small clump of lake grass and started filming her. She was about sixty yards away when all of a sudden she dropped her hind end and started running full speed right towards me. I remember just saying to the camera as I dropped it that I was in trouble. I yelled a few times, and she banged a quick right and off into the woods. I could not figure out why she had done that. As I stood shaking, Steve started shouting frantically, and out of the woods a huge male appeared. That was the reason the female turned away from me. Big males will attack and kill other bears over food rights. But this big old boy took one look at us and just wandered off. The many bears we encountered after this just kept to themselves. We had learned long ago about dealing with bears, and as long as we moved for them and talked to them, they never bothered us.

The one thing we seemed to do better than most of the bears was fish. The rivers we fished were gin clear. Often we would fish for hours, watching thousands of salmon swim by us as a tide brought them fresh from the sea. Many days and into late Alaskan nights—it was still light at midnight—we would catch and release countless salmon and rainbows. We only kept what we would eat. A cherry red salmon fillet on an open fire just out of the ocean. Talk about fresh! Often we went days without sight of planes or people, and there was no radio. On this trip we relied on flares and a signal-mirror for emergency contacts. In twelve days in the bush, we encountered only four other travelers and sighted only four planes, one of which dropped off two folks we saw with kayaks on a lake where we were camped. Only two percent of all visitors to Alaska get into the backcountry, but it is a place any outdoor lover should go.

One night while I stood on a beach watching Jimmy Cleary fish, the sun slipped out of sight behind a snow-covered mountain, the sky became blue, pink, yellow, orange, and red, the river dark with salmon, the bears down-stream fishing, and Steve and Ed talking by the fire. I was there. I experienced heaven on earth, lost in a perfect happiness. Then Jimmy yelled "Fish on."

But I was still there. It was perfect. Alaska. Heaven. ☘



Dr. Tom Dowling, Veterinarian

Route 202 North • Antrim, NH 03440

603 / 588-3460

quently to make certain that it contains no more than the allowable suspended solids, E. coli bacteria, or toxins.

The sludge in the first lagoon was last cleaned out in 1996 when Jim and Bill Cleary completely rebuilt the system, and Jim has purchased a pontoon boat he will use this summer to pump out what he figures to be four feet of new sludge. This sludge makes fine fertilizer, which should remind us of the old New Hampshire practice of spreading aged outhouse contents on hayfields. In fact, the 1996 sludge went to fertilize fields belonging to Pat and Carole Webber, Ben Pratt, a farm in Bennington, and the field next to Maplewood Cemetery.

Our wastewater treatment system works reliably and well, but it was not always so, as Eric Tenney and Ben Pratt can—and do—attest. Back in the late 1970s when the system was being planned, Eric and Ben were town officials determined that the system be designed and constructed properly. But they had to contend with an engineering company that made serious design errors and a construction firm that tried to save money by cutting corners with shoddy—even shady—work. One design mistake occurred on Aiken Street where the engineering company made a six-foot error in sewer-pipe depth that prevented gravity drain, and when the error was brought to their attention they proposed installing an electric pump rather than relaying the pipe at the proper depth, which the town made them do. Ben and Eric are still incensed about dishonest construction work, including the illegal laying of

less expensive plastic pipe rather than ductile iron pipe that is required wherever a sewer pipe encounters an existing freshwater pipe. (If the pipes happened to break, sewer water would mix with and contaminate domestic drinking water.) Not only did the construction company cut this corner to save money, it also took advantage of the engineering firm's single inspector on the job by manipulating him—"ruthlessly playing him like a violin," according to Ben—by making sure he was inspecting the south end of the job when they were laying the illegal plastic pipe at the north end of the job, and vice versa. Ben and Eric wrathfully describe an even more egregiously illegal act by the construction company. In the process of digging a trench for sewer pipe down across Fred Roberts's land between North Main Street and Route 202, it carted off hundreds of cubic feet of Fred's valuable topsoil never again to be seen or properly acknowledged. The final insult came when the town discovered that the lagoon aeration system that was ready to go on line in early 1980 was not operational and had to be replaced.

But, thanks to Jim Cruthers and Ben and Eric Tenney (who became licensed as a wastewater operator as backup for Jim), the system is excellent. At the end of my visit with Jim, I mentioned that I had read on the Antrim town website about his receiving an award, and he pointed with justifiable pride to a handsome plaque on the wall over his desk. In 2003 Jim and Antrim's system were selected by the U.S. Environmental Protection Agency for a National Operations and Maintenance Excellence Award:

"The Antrim plant won first place among small secondary plants. The staff at the Antrim facility is being recognized for its Yankee ingenuity for creating an innovative plant and equipment maintenance program. The entire facility has been rebuilt in recent years by the superintendent James Cruthers, resulting in cost savings of about \$500,000, with nearly all repair and replacement work having been performed by the superintendent. The pumps have been streamlined to ensure availability and interchangeability of replacement parts, and recent head works were upgraded, saving the town about \$250,000. The solids removal levels have improved from about 80 percent to 95 percent in recent years as a direct result of adding an additional "home-made" aeration system to a second lagoon. The entire system was installed by the superintendent at substantial cost savings by using discarded fire hose wrapped around existing flexible hose to prevent future unwanted leaking. The superintendent, with town support, has put in place a financial management program that increased reserves four-fold (up to \$100,000) over the past five years."

So, every time you flush, think about the history and expertise that you are joining. ☞

Commercial & Residential
Free Estimates
Fully Insured



Robblee
Tree Service LLC

Tree Removal • Pruning • Bucket Truck
Stump Grinding • Views

Andrew J. Robblee
Stephen Robblee
Matt Robblee

Antrim 588-2094
Rindge 899-6382



Visit our Website
www.appleshedrealty.com

P.O. Box 265 Main Street
Antrim, NH 03440
Tel. (603) 588-2130

PAUL E. HARDWICK LAURIE N. HARDWICK
Office (603) 588-2130 FAX 588-3036
Res. (603) 588-2724

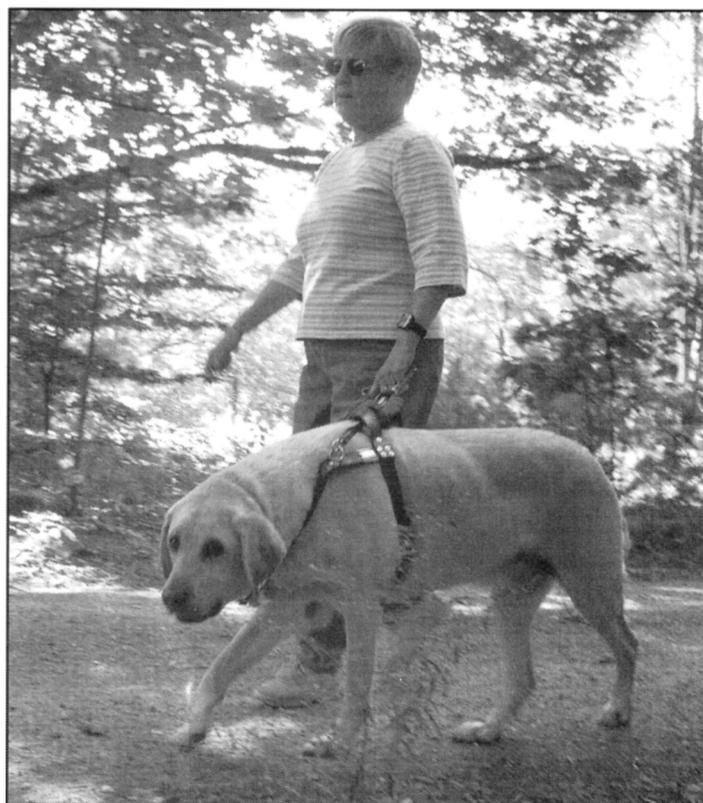
felt completely secure, especially when she would get lost, “simply drifting off into someone’s back yard without realizing it,” not knowing where she was or how to get home.

In 2000 Janet decided to try learning to use a guide dog, and she enrolled in a special program at “Guide Dogs for the Blind” in San Rafael, California, just north of San Francisco, choosing this particular school because their daughter Susan Kenny lives nearby. During the month-long course she lived in a dormitory with eleven other “students.” The first two days they learned about how guide dogs are bred and born at the school and at eight weeks of age are sent to special “puppy raising families” where they are screened for certain traits and are trained. (The dogs who do not make the cut—called “Career Change Dogs—are given out as pets.) On the third day of the program, when the students were to be paired with their own dogs whom they had not yet met, Janet was excited and anxious, especially when everyone was assembled in the living room and individual names were called out. But when the trainer brought Fonzy to her room and they bonded very quickly, she says it was “wonderful.” The rest of the month Janet and Fonzy learned to live together and were trained to walk on sidewalks, roads, and forest paths.

Janet loves the companionship she and Fonzy have, and she says, “what makes all the difference in the world is the wonderful feeling of being able to travel without getting lost.” This is where Antrim’s new sidewalks enter. Janet not only enjoys but counts on her almost daily walk up Grove Street to Main Street, south on Main, right on Summer Street, over the new bridge and past the lovely sounding waterfall, across Jameson Avenue, up West Street to the school crossing and then down the hill to Hilton Avenue, and home. Janet is very grateful for the even and smooth new sidewalks and the granite curbs that make her journey so much safer and more pleasant, and she is especially thankful to David Essex and Bill Prokop for leading the sidewalk program. In the summer Janet and Ken have a house at Gregg Lake on Rachel Lane from which she takes a somewhat rougher walk along the busy road to the beach.

Their Hilton Avenue house was especially designed and built by Paul Knight to suit Janet’s blindness, and she and Ken say he did a wonderful job of addressing her special needs. The house is equipped with all sorts of clever electrical and digital devices to make life easier for Janet, such as a talking clock, a computer that translates print to sound, a phone that announces who is calling, lots of “talking books,” and a hand held gizmo that tells her the color of anything it touches so she can coordinate her clothes every day.

It came as a surprise to me to learn that guide dogs usually retire around ten years of age. As Janet explained, when they reach a certain age the dogs simply get tired of working and are no longer reliable. The owner will begin to notice small changes in a dog’s behavior, little lapses that at first seem minor, but accumulate until it is clear that while the dog’s



affection remains strong its willingness to guide is not. At that point the owner has a choice to either send the dog back to the school and receive a new dog, or keep the dog as a family pet and get a new one. She tells of a friend in Littleton, New Hampshire, who has had several guide dogs. When the new guide dog would take him out for a walk, his retired guide dog wagged his tail goodbye, returned to his bed, and went to sleep. Fonzy is eight years old, and when he decides he has worked long enough, Janet and Ken will keep him as an old friend and get a new guide dog.

Janet has made a remarkable adjustment to her blindness, but being sightless is never easy. When I asked her what continues to be her greatest frustration, she said with great sadness, “I cannot and never will see my four grandchildren.”

Janet Sawyer Akins is the sister of Steve Sawyer whose life with Greenpeace is described in an article on page 13.

—Editor

JOHN T. ROBERTSON
Agent



CONTOOCCOOK VALLEY INSURANCE
HOME • AUTO • BUSINESS • FARM



301 Clinton Rd.
Antrim, N.H. 03440

603-588-6106

**ANTRIM'S
STEVE SAWYER
AND GREENPEACE INTERNATIONAL**

By Dick Winslow

Steve Sawyer, who grew up and was schooled in Antrim (Conval class of '74), has worked with the Greenpeace Movement since 1978. From 1986 to 1988 he served as Executive Director of Greenpeace USA, and from 1988 to 1993 as Executive Director of Greenpeace International. Presently he and his wife and two children live in Holland where he holds dual citizenship with the USA. From that home base he works on various Greenpeace projects, literally around the world. When recently I e-mailed him to ask would he be able to write something for the Limrik, he replied apologetically that he could not because he was off on a trip to Washington, New Delhi, Nairobi and Beijing. I'll return to Steve, but first a word about Greenpeace itself.

THE GREENPEACE MOVEMENT

Greenpeace was founded by Quakers in 1969, initially to protest U.S. nuclear testing in Alaska and French nuclear testing in the South Pacific. By 1975 its activities had expanded to include marine concerns, such as the treatment of whales and over-fished waters. At present, major attention goes to climate control, protection of forests, genetically modified organisms, sustainable agriculture, and disarmament. The organization operates on an annual budget of one hundred fifty million dollars (\$150,000,000) with a staff of about a thousand.

When the French bombed the Greenpeace ship *Rainbow Warrior* at a dock in Auckland, New Zealand, on 10 July 1985, it was headline news around the world. The ship was in those waters to protest French nuclear testing. French divers had surreptitiously attached to the ship's hull limpet mines equipped with time-delay devices. When the mines exploded, the ship sank and a crewmember, Fernando Pereira, was killed. Steve was ashore when the explosion happened,

but he took part in tracking down the perpetrators, leading to the trial, conviction, and sentencing of two French naval officers.

ANTRIM ROOTS

Steve Sawyer not only grew up in Antrim, he has deep family roots here. His mother and father, Frances and Winslow Sawyer, were also Antrim people, she the daughter of Frank and Amy Wheeler, he the son of George and Inez Sawyer. Winslow Sawyer, Steve's dad, grew up in the small house on Route 31 just south of Butterfield Farm. He took a degree in civil engineering at UNH and went to work for the Arthur D. Little Co. first in Cambridge, Massachusetts, later in Japan. Frances Sawyer, Steve's mother, took an A.B. degree at Boston University, then a Master of Music degree at the University of North Carolina and became an active piano teacher and church organist. When Steve was born in 1956, the family was living in Braintree, Massachusetts, but in 1963 illness forced his dad to take early retirement and the family moved back to Antrim.

EDUCATION

Because of Steve's excellent academic record at Conval, garnished by athletic ability—he had pitched on the baseball team and been an excellent golfer (still is)—he was offered a full scholarship at Haverford, a fine liberal arts college near Philadelphia. Like similar colleges (Amherst, Swarthmore, Wesleyan), Haverford aggressively seeks academically gifted students. It also offered him what might seem an unlikely major in light of his subsequent Greenpeace career—philosophy—but it in fact provided a strong background for working in a wide variety of cultures, including Chinese. It exposed him not only to European philosophy but also to Plato, Confucius, Lao Tze, St. Augustine, Buddha, Mohammed, and Moslem thinkers. Steve now says, "This education has stood me in good stead since I've had to operate in wildly different cultures

and political contexts—in Europe, the USSR/Russia, the Pacific Islands, Latin America and, most recently, with an intense focus on China.

WORKING WITH GREENPEACE

In 1978, after college, Steve was in Boston looking for a job. "I'd bought a new guitar and was playing a bit but not making enough to survive. I had signed up to be a welder's apprentice for two years on an oil rig in the Gulf of Mexico and was waiting for a slot to open up when I ran into friends who had just started to canvas door-to-door for Greenpeace, an organization I'd never heard of. It sounded kind of whacky, but then I saw a picture of the *Rainbow Warrior*. I went down to the Greenpeace office, looked at some of their film, and started canvassing for two campaigns, one to stop oil drilling on Georges Bank, the other against the Seabrook nuclear power plant. I was hooked, and by the time the oil rig folks called, I was no longer interested."

Here is the Greenpeace Mission Statement: "Greenpeace is an independent campaigning organization that uses non-violent, creative confrontation to expose global environmental problems and force solution for a green and peaceful future. Greenpeace's goal is to ensure the ability of the Earth to nurture life in all its diversity."

Notable successes? Steve made a list of ten, including: (1) an end to French nuclear testing in the South Pacific, (2) the 'Madrid Protocol' protecting Antarctica from minerals exploration for 50 years, (3) a permanent ban on radioactive waste-dumping at sea, (4) a moratorium on commercial whaling, (5) the entry into force of the Kyoto Protocol (think of global warming).

Failures? "Our biggest failure is in the United States which is lagging far behind the industrial world on almost all things environmental...Going downhill dramatically since January 20th 2001. Still, these things go in cycles and I believe it is very much on the up at the moment."

—continued on page 17

NO HORSIN' AROUND

Dr. Tom Dowling
Great Brook Vet Clinic

With the recent passing of the injured Kentucky Derby winner, "Barbaro," I pause to reflect on my brief but rewarding association with his surgeon, Dr. Dean Richardson.

When I learned about the calamity at the Preakness Stakes race and that "Barbaro" was headed for New Bolton Center at the University of Pennsylvania's veterinary school, it was clear to me that the horse had to be entering into the most capable hands of Dr. Dean Richardson. As it turned out, he was.

At last, the entire world was introduced to one of the finest equine orthopedic specialists on the planet. How do I know? Because, not only is Dr. Dean well known and respected by his peers, I had the personal privilege of being under his tutelage when I was a veterinary student at Penn.

Back in those days, Dr. Dean was an Assistant Professor, early in the stages of the academic hierarchy, eager to make his mark. He was, at times, a little wild and crazy as he drilled home the skills and techniques we would need later when we would be practicing in the real world. Presentations given by vet students during Grand Rounds were always more tense when Dr. Dean was present, since he would be anticipating his opportunity to zing us with a challenging question to stretch our minds. He has always demanded from his students what he demands of himself, excellence!

Years later, I found myself on Dr. Dean's hot-seat once again, although he was totally unaware and miles away from the scene, and I was probably long forgotten. It was when I was new to this area and still beating the roads doing "large-animal" work, which of course, included horses.

I received a call from a lady in Hancock with a horse that had colic, a serious intestinal condition in horses. Her last name was Richardson, but I thought nothing of that as there's a lot of Richardsons in the world, right? As I went about my doctoring with the horse, Mrs. Richardson mentioned that her brother-in-law was a professor at Penn's vet school. My heart stood still for a moment as I tried in vain to swallow, realizing that I was treating this horse that belonged to Dr. Dean's immediate family members!

It took about three visits over twenty-four hours with multiple stomach-tubings and miles of horse-walking and injections, but the Richardson horse recovered. Hallelujah!

I doubt that Dr. Dean remembers me, but I certainly remember him. He is tops in the world at what he does, and holds the bar up really high for himself and the rest of us in the veterinary profession. I am proud to have been among his many students.



Recreation Department continued from page 8

The Antrim Youth Chorus had an exciting winter concert in December. The kids always have a great time with this endeavor, and we are fortunate to have the volunteer effort of Kim Stearns. The spring session is starting on March 12, with rehearsals every Monday at the AES multipurpose room. Call the rec. office to sign up!

The Antrim Friends of Recreation Spring Egg Hunt will take place on Saturday March 31. Watch for details about this fun spring tradition.

The annual Fishing Derby at Mill Pond will take place on May 12th, starting right at 8am. This is open to kids 15 and younger. Participants supply their own bait and equipment.

The Antrim After School program continues to grow. This program is now coordinated by Erika Hansen and Lisa Hennessy. It is open every day after school, from 2:15 till 6pm. It is an opportunity for after school care, or just for enrichment activities. Very successful classes have included Improvisation with Marianne Cullinan, Futsal, Chorus, Cooking, Winter Adventure activities with the Harris Center, and Movie Fridays. If you are not aware of all this program has to offer kids in elementary and middle school, we encourage you to check it out. Spring offerings in the after school program include Improvisation, Chorus, Ultimate Sports, Cup Stacking with Johanna Kress, Swimming at Crotched Moun-

tain, Fiber Arts, Cooking, Whiffle Ball, Spring Crafts, and Art II (Drawing and Painting, Intermediate). You can email the program at antrimafterschool@tds.net.

Baseball and Softball Signups are taking place now. Sign ups for players 9-12 has officially ended, but there may still be space on an Antrim team if you call right away. The younger players, ages 5-9, can register up through March 14th. **It is crucial that we get registrations in on time in order to be organized. Please help us out by planning ahead for the activities in which you wish to participate!**

Returning this spring will be world famous Speed Stacking, a sport where participants race to stack specialized cups in a special pattern. This is an excellent activity for coordination and fun competition. This spring we are fortunate to have Johanna Kress, our wonderful PE teacher at AES, back to lead an after-school program in Speed Stacking. The after-school speed stacking club will meet on Fridays, March 9th through April 13th. This will give our athletes plenty of opportunity to prepare for the optional tournament on Sunday, April 15th.

Adult fitness programs are seeing a lot of expansion. Current offerings, which we expect to be ongoing, include: **STRENGTH TRAINING:** Mondays, 3:45 pm; BYO

 continued on page 35

state House and Senate agriculture committees from across the country. The big commodity crop and livestock farms of the Midwest, South, and West were well represented. A state representative from Delaware who raises tens of thousands of chickens mingled with a state senator from Iowa, where corn-based ethanol is booming, and cattle ranchers from South Dakota wearing cowboy boots and ten gallon hats.

I attended as vice chairman of the Environment and Agriculture Committee of the New Hampshire House, along with our committee's ranking Republican, Rep. Tim O'Connell of Milford, and former chairman David Babson of Ossipee. The summit was in Washington this year because the Farm Bill, the massive vehicle for the federal government's agriculture subsidies and programs, is up for its five-year renewal this fall. Northeast states have historically gotten short shrift in the Farm Bill, as the vast majority of subsidies go to crops such as wheat, corn, and cotton that are virtually non-existent here. So we went down planning to learn more about the Farm Bill as a funding source for our state, and to meet with legislators from neighboring states to coordinate our advocacy efforts in hopes of finding strength in numbers.

Former Rep. Babson arranged for us to visit Sen. John Sununu in his office. After a frank discussion about potential northeast priorities and likely challenges from the big farm states, the Senator advised us to meet with others from our region to develop a short list of common goals, then help him and other regional congressmen make our case when the Farm Bill is debated. That night, we met with our counterparts from Delaware to Maine, and agreed that Rep. O. Connell, myself, and a current and former legislator from Maine would coordinate the multi-state discussion. We also held meetings to discuss action to save New England's dwindling dairy farms, and we are already following up by working on several milk bills now before our committee.

The nationwide group of state legislators also had briefings from other congressional agriculture leaders, including Rep. Rosa DeLauro (D-Conn.), and Sen. Tom Harkin (D-Iowa). Rep. DeLauro, who chairs the agriculture subcommittee of the House Appropriations Committee, sang our tune, emphasizing the priorities that underpin a growing consensus among the New England states, namely increased funding for conservation and environmental stewardship of

 continued on page 29

Hi, I'm Nikki and I walk Wayne DeKoning all over town...stop and talk real estate anytime. He really knows his stuff!



- ✓Your local REALTOR® for over 20 years
- ✓Antrim resident for 36 years
- ✓Certified Residential Specialist (less than 5% of all REALTORS® hold this designation)
- ✓Member of New Hampshire and National Association of REALTORS®
- ✓Member of Northern New England Real Estate Network
- ✓View all area listings at www.thedekoningteam.com



Wayne DeKoning, CRS,GRI
Broker

Office: (603) 464-4643

Cell: (603) 494-9921

Email: wdekoning@comcast.net



Rousseau & Associates



The Region's Full-Service
Real Estate Company

THESE ANTRIM HILLS

“Meeting House Hill: Part 2 - The Human History”

Peter Moore

The nameless geologic prominence of what we now know as Meeting House Hill appeared when the glaciers receded 12,000 years ago. This naming of this particular hill can be traced to about 1785 when Antrim's first meetinghouse was completed close to its summit. However, for a clearer perspective about what led to its naming, and the human habitation in Antrim preceding that period, let us back up ten years to the town's incorporation and the beginning of its formal organization.

Cochrane's History records that in 1774 Antrim had only 17 families comprised of sixty-two Caucasian men, women and children. The history does not mention the number of Native Americans in Antrim, but it does identify the local Penacook Indians as “peaceful inhabitants” hunting for game. At that time none of the families lived on Meeting House Hill; two families were in East Antrim, six at North Branch, and seven at South Village, now known as “Downtown Antrim.” Cochran does not say where the other two households were.

The “shot heard round the world” was fired on April 19, 1775, and that day nearly every man in Antrim “old enough to carry a rifle” left immediately to join the conflict at Lexington and Concord. John Gordon remained a while longer, probably to take care of family and farm business, and William Smith, who at sixty was the eldest of the contingent, followed the next morning with provisions for the rest. In 1776 the war here was over, and although most of Antrim's original Revolutionary soldiers came home, four died in the war. Many of those who did make it home are buried—most in unmarked and forgotten graves—at the “1st burying ground” on Meeting House Hill. Among the names buried there are: Boutwell, Duncan, Dunlap, Gregg, Holt, McAllister, McClary, Moore, and Hutchinson.

Early in the Spring of 1777 the New Hampshire State Legislature, assembled in Exeter at that time, voted in favor of Antrim's incorporation. On May 1 the first “town meeting” was held at the home of John Duncan. (Duncan's house was situated on Clinton Road where the author's house is located.) Speaking of that meeting, Cochrane's history says: “It has little resemblance to the crowded, noisy town meeting of recent date. No politics! A kitchen full of quiet, brave, noble, united men! Only a handful attended—twenty-three—but they had great hearts and great hopes.”

At that first town meeting there were only four articles in the warrant: 1st To Choose a Clerk To Keep the Records. Also Selectmen and Other Necessary Town Offices. 2nd To See if the Town Will agree to find a “Centor” and Burying place. 3^{dly} To See if the Town Will agree to record the most Leading Roads. 4^{thly} To See What money they Will Rease to get preaching the Present year and act on any other thing Thought Needful When Met.”

Soon, Antrim had a “public highway.” Having appropriated \$40 for roads at the first town meeting, and the previous year having put up the frame of the “Great Bridge” across the

Contoocook east of Tenney's farm (about where the Depot Street bridge crosses into Bennington today), a “lead road” was established and cut “though barely passable for horses.” This lead road—which most of Antrim's present roads would eventually follow or branch from—passed through the wilds at the river, ran up through what is now downtown, continued out toward the fire house where it cut north and followed the now abandoned Whiton Road, then the still-used North Whiton Road, and on up to Grange Corner where it ascended the steep south face Meeting House Hill and then, continuing across the top of the hill in a northerly direction, descended to what is now the intersection of Route 31 and Old North Branch Road, and finally on to North Branch. (See Eric Tenney's “Antrim's Lead Road” in the September 2006 *Limrik*.)

While the “Lead Road” was being built, the town fathers searched for the town's “Centor” as directed by the second warrant article of the May 1 town meeting. Maurice Lynch, who was also Antrim's first Constable, was chosen as the surveyor for this expedition. His job was to create a “Meathod to find a Centor,” and the “Surveyor and his Assistants Shall go Round The Town and Take the proper Courses and Distances So as to Give Their Return of a proper Centor.”

As the Cochrane history surmises, it is probable that once Maurice Lynch found the “Centor,” the selectmen “varied some from the exact center for the sake of being on top of a hill,” that is, to Meeting House Hill. Some years after that defining moment, Antrim's area was increased, and thus its borders were moved out, situating the actual geographic center nearly a mile west of that point, perhaps closer to the top of Holt Hill overlooking Gregg Lake.

On August 20, four months after the first Town Meeting and a summer of hard work, the town fathers held a second meeting at the “Centor” atop Meeting House Hill. The written warrant was distributed by “Maurice Lynch, Constable,” and the meeting was held in the woods on the spot where the first burying ground and the future meeting house were to be built. At 8 am, under the shade of a giant Red Oak tree—its trunk marked by ax with the surveyor's figure symbol “8” representing the town Centor—men and women with children in-tow gathered that morning in great expectation. “John Duncan, elected Moderator as the first order of business, accepted the report of the surveyor by unanimous consent and in the same way they fixed upon a lot for burial.” Further, every man was to have an ax on hand so as to, “fall the Trees off the Value of one Acer More or Less When Legually agreed to the Spoot To build upon.” With this business out of the way, the meeting was dissolved, and every man went to work felling trees on the “Acer More or Less” for a burying ground and meetinghouse. It would be another eight years, in 1785, before Antrim's first meetinghouse would be completed. By that time the town's population was approximately 289, four-times greater than it had been ten years earlier.

And thus was created Antim's first village. What is today a deserted, quiet, and reflective place to visit and explore, was once the town's most active and populated hill commu-

 continued on page 34

RECENT YEARS

Quoting Steve again, "My major contribution in the last couple of years has been working with the Chinese government on their new renewable energy law. I was invited to consult on new legislation in 2004 and have been actively engaged there ever since. It's a fascinating, thrilling, horrifying place, but they are desperately trying to do something about it, at the same time to 'modernize' in a way that suits their situation. Working in this, the world's oldest (5000-6000 years) continuously functioning civilization, is a new education every day and makes me feel young again working there."

Also in recent years, Steve has coordinated four Arctic expeditions documenting climate impacts as well as campaigning against the expansion of U.S. oil operations in Alaska.

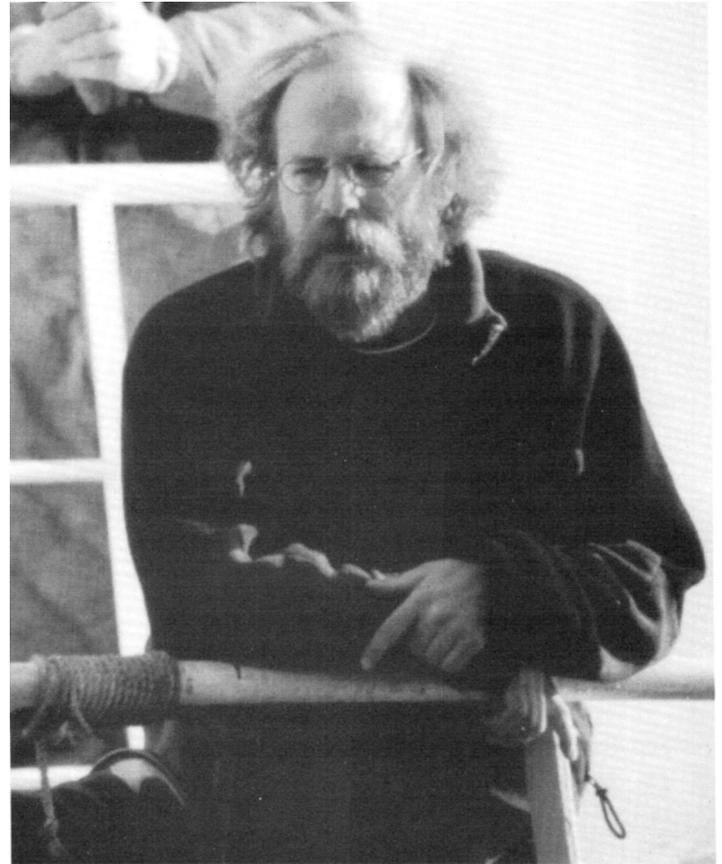
WORLD VIEW

It should not be surprising that Steve's international activities, combined with work on Climate Control, have given him a world view. "I have acquired over the past 30 years overwhelming evidence of a basic truth: that this small planet and its thin skin of atmosphere, oceans, and terrestrial biosphere are our life support system and the only real thing between us and a VERY hostile cosmos, and we are rapidly destroying its ability to support us ... and for me every consideration is second to that. Unless we plug the holes in our sinking ship, learn how to live together within the means of this earth, our species and its civilization are as doomed as the dinosaur. . . Still, there are reasons for hope—the recent events in California (global warming legislation and countersuits against car companies), and the shift in US political discourse generally about climate change, are very high on my list of encouraging things."

RETURN TO ANTRIM

Although Steve's sister Karen lives in Florida, his other sister, Janet lives in Antrim with her husband Ken Akins. (See article about Janet on page 5 in this issue.) Steve's brother, Winslow Sawyer Jr., summers at his house on Gregg Lake where he is president of the Gregg Lake Association.

and Steve himself recently bought a house on Gregg Lake and plans to summer there, as he did this year, with his wife, Kelly, and their two children, Layla, 18 and Samuel, 13.



Over the years he has kept in touch with old friends such as Peter Lamb and his family. I feel certain that he would be delighted to renew acquaintances.

The material for this article comes importantly from Steve's generous e-mail answers to a dozen questions I'd sent him, along with a previously-existing Brief Biography, published information about Greenpeace, and conversations with Janet and Ken Akins, Steve's sister and brother-in-law who live in Antrim.

— Dick Winslow

HARDING
Plumbing & Heating

Oil & Gas Heating Systems Water Pumps & Filters
Water Heaters Drain Cleaning Service
New Construction Remodeling

588-2442

Servicing Monadnock & Contoocook Valley Region
24 Hour Emergency Heating Repairs

MASSAGE & BODY AT
OVER EAST FARM
48 ELM AVENUE, ANTRIM, N.H. 03440

EUROPEAN STONE MASSAGE
TRADITIONAL SWEDISH MASSAGE
BOTANICAL & BODY TREATMENTS
DEEP TISSUE/NEUROMUSCULAR THERAPY
HYDROTHERAPY
REIKI II
BODYWORK FOR THE CHILDBEARING YEAR™

gift certificates available

Diane Kendall, LMT

603.588.7148 j.kendall@conknet.com

ANTRIM SOLDIER IN BAGHDAD

JOSH CHANDLER

Lyman Gilmore

Antrim's twenty-one-year-old Joshua Chandler is an MP in Baghdad. Every day he and fourteen of his comrades buckle on their body armor and head out of their quarters in one of Saddam Hussein's ex-palaces to patrol Baghdad's mean streets, provide security for truck convoys, or clear a neighborhood of insurgents trying to kill American personnel.

Recently I had the privilege of sitting down with Josh in the Antrim library just before the end of his R&R leave and his return to active duty in Iraq. A tall, slender, strong looking young man, Josh is dedicated to his work in Iraq and his fellow soldiers. I was impressed by the fact that while Josh is fully committed to carrying out orders and successfully completing his missions, he also manages to obtain as much current information about the international and political implications of the Iraq war that he can from newspapers and the internet.

Josh has been well prepared for his important job at various military bases in the U.S., completing Military Police School and advanced training in "Special Reactive Team" (the military version of SWAT teams), "Hostage Rescue," and "Protective Services" (protecting civilian leaders) at Fort Sill Oklahoma, Fort Leonard Wood Missouri, and Fort Hood Texas.

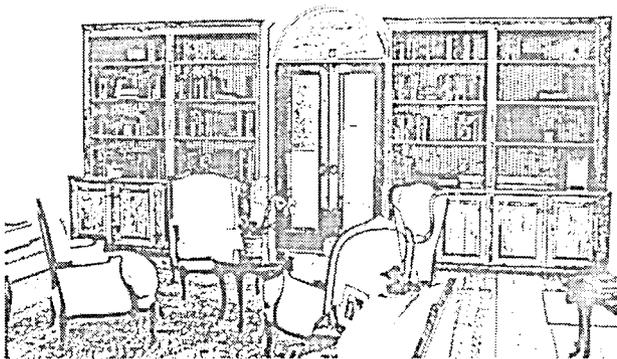
My getting to know Josh even for so short a time has put a human face on the Iraq war that I did not have previously. I wish him well and Godspeed. Speaking with his father, Paul Chandler, and his mother, Lisa Woodin, I am struck by the courage and faith parents of men and women stationed in Iraq must have.

When his tour of duty is over Josh hopes to enter police work with the FBI or some other federal or state agency. When he does, we all should feel a little safer under his protection.



Creative solutions for complex situations

25 years experience means we can solve construction problems that leave others baffled including improving accessibility or stabilizing and strengthening old structures.



Choose

Butler Restorations LLC

to add beautiful cabinets to your home; build a deck or porch; finish your new house with the details the builder left out; or renovate an antique home. Many references. We welcome visitors to our workshop.

www.shorthillstudio.com • 588-2637

TBIRD

TRI-STATE
MEGABUCKS

MINI MART
Antrim, NH

588-6893

JUNCTION OF RT. 202 & 31



OPEN

Sun.—Wed
5:30 am to 10 pm

Thurs—Sat
5:30 am to 11 pm



Wayne DeKoning, CRS, GRI
Broker

Office: (603) 464-4643

Cell: (603) 494-9921

Email: wdekoning@comcast.net

ERA Masiello Group

238 West Main St, PO Box 2132
Hillsborough, NH 03244

COMMUNITY CALENDAR

MARCH

- 2 *Preschool Story Time* • 10:00 AM • Tuttle Library
- 6 *Brown Bag Coalition* • 11:30 PM • The Grapevine
- 9 **RESERVATION DEADLINE: *Rec Dept–“Harlem Globetrotters”*** • Verizon Area, Manchester
- 12 *Second Monday Discussion: “Project LIFT”* • 6:30 PM • The Grapevine
- 12 *Antrim Youth Chorus Spring session begins* • Rec Dept
- 13 **ELECTION DAY • VOTE** • 8:00 AM–7:00 PM
- 14 **REGISTRATION DEADLINE** • Rec Dept Baseball & Softball • ages 5–9
- 15 *Pre-Town Meeting Community Supper* • 5:30 PM • Presbyterian Church
- 15 **TOWN MEETING** • 7:00 PM • Town Gym
- 18 *“Gingerbread & Whip Cream” Historical Society* • 3:00 PM • Presbyterian Church
- 30 *Preschool Story Time* • 10:00 AM • Tuttle Library
- 30 *“Developing Responsible Behavior” series begins* • 11:45 AM • The Grapevine
- 31 *Spring Egg Hunt* • Friends of Recreation
- 31 **Rec Dept–“Harlem Globetrotters”** • Verizon Area, Manchester

APRIL

- 1 *Scholarship Deadline* • Antrim Grange
- 3 *Brown Bag Coalition* • 11:30 PM • The Grapevine
- 8 *Easter Sunrise Service* • 6:30 AM • Rev Peggi Boyce • Baptist Church front lawn
- 8 *Easter Mass* • 8 & 10 AM • Saint Patrick Church, Bennington
- 9 *Nature at Night meets* • 6:30 PM • The Grapevine
- 14 *Poetry Workshop with Nancy Knowles* • Tuttle Library
- 15 *Speed Stacking Tournament* • Rec Dept
- 15 *“Old Sports Teams of Antrim” Historical Society* • 3:00 PM • Presbyterian Church
- 19 *Community Supper* • 5:30 PM • Presbyterian Church
- 23 *Nature Adventures for Preschoolers & Parents* • 9:30 AM • The Grapevine
- 24 *Outdoor Adventures for Kids* • 9:30 AM • The Grapevine
- 26 *Open Playroom* • 9:30 AM • The Grapevine

MAY

- 1 *Brown Bag Coalition* • 11:30 PM • The Grapevine
- 5 *Annual Grapevine Family Spring Walk* • 10:00 AM • Frankestown
- 5 *Meet the Artist* • 11 AM • Tuttle Library
- 12 *Fishing Derby* • Rec Dept • Mill Pond
- 14 *Talking with Kids about Sexuality* • 6:30 PM • The Grapevine
- 16 *Community Awards Night* • 7:00 PM • Antrim Grange
- 17 *Community Supper* • 5:30 PM • Presbyterian Church
- 19 *Fire Dept Open House* • 9:00 AM–3:00 PM • Company #1 station on Route 31
- 20 *“NH Cemeteries & Gravestones” Historical Society* • 3:00 PM • Presbyterian Church



BECKY'S CHICKENS

Schatze Moore

My husband and I have often talked of getting chickens, but for one reason or another, we never have. My neighbor, two houses away has chickens, and it looks to be a pretty good size flock. Someone told me they thought she had as many as forty. From what I can see as I walk by, there is quite a variety of colors and patterns. I saw chickens with feathers of white, buff, dun, red, and black, and some with barred and spangled feathers.

Sometime last fall I looked out my kitchen window and observed chickens in my barnyard. I counted five chickens pecking the ground around my horses' feet. Two of the hens were a bright russet, and two looked like they were wearing a black and white tweed, and the last one was honey-colored. My old horse, Sugar, used to live in Hancock and her young mistress had a little flock of hens. I thought Sugar looked quite pleased with the visitors. Sleet, my riding horse, didn't seem to have any objection either.

On quite a few occasions I have surprised Sugar and a couple of the chickens in her stall. They looked at me with big round eyes that seemed to say, "Hey, we're up to something in here, bug off."

It would seem that Becky's chickens come most every day. Lately it has been just one of the reds, but at times there have been as many as eleven. I have observed them breaking out of the woods behind my barn and into the field. That first occasion had me thinking of them as little escapees as they burst forth into the open loudly declaring "Victory!"

These chickens are quite the explorers, having made their way to my property and all around my house, always being led by the one "Red." Sometimes they travel as a tight unit, other times they are a bit strung out—walk a few steps, peck a bit, walk on. They can pick up and run, too, if need be or the mood just strikes, long strides with feet barely touching the ground.

Wednesdays and weekends are the times I have the most opportunity to "chicken watch" and boy could I spend hours

looking for and watching those chickens. Once upon observing the chickens scratching around in the fallen leaves, I called to Peter, "Come here, Pete. Come look at these chickens. They remind me of the pitcher and catcher in a baseball game." Peter says that the pitcher and catcher use signals, and I thought these chickens looked like they were practicing their signals. First they would scratch backward with the left foot two scratches, then two scratches backward with the right foot followed by a bow, a peck, and a step forward.

In October, I broke my garden down for the winter, but I also planted my garlic, and wherever I planted the garlic I heavily mulched with straw. The chickens loved pecking in my garden and it would seem as if we had a friendly little game going called "Kick the Straw." The chickens would kick the straw out of the garden and into the yard and then I would drag the straw back into the garden.

On another occasion when the hens had come to visit and wanted to occupy the vegetable garden, I noted how they used teamwork to chase away a blue jay also intent on feasting on whatever bugs and bits of green were left. One chicken positioned herself like a defensive end while the other chased the jay off the playing field. It took the two girls about five minutes of resolute action before they claimed the garden for their own and were back to doing the "funky chicken."

I live on a large property with many old perennial beds, too many for me to properly keep up with. I have often wished I could hire a gardener to help me clean up the beds in the fall and spring. Becky's chickens have given me their services for free this fall. After inspecting one of the front beds, I was heard to say, "My, these gals do good work, I wish they would take a look at the Day Lily bed, it needs their attention, too."

Hmmmmmm,...chickens, Barred Plymouth Rocks, Brahas, Buff Araucanas, New Hampshire Reds and Buff Orpingtons. Maybe this is the year!



EDMUNDS ACE HARDWARE

Main Street
PO Box 126
Antrim, NH 03440
(603) 588-6565
FAX 588-3101

ACE
Hardware

Benjamin
Moore
Paints

Maple Street
PO Box 2127
Henniker, NH 03242
(603) 428-3265
FAX 428-7377

RICHARD L. EDMUNDS, SR - PRESIDENT
RICK EDMUNDS - MANAGER

www.edmundsstore.com

edmundsstore@conknet.com



EXCAVATION CONTRACTORS
ANTRIM, NH
603-588-4019

SCOTT D. BURNSIDE, PRESIDENT

Commercial, residential & municipal
Licensed & Insured septic installer
Sand, gravel & topsoil
Commercial plowing/sanding

379 Clinton Rd.
Antrim, NH 03440
Phone/Fax: 603-588-4019
Cell: 603-533-2344
Skburnside@conknet.com

PRINCIPAL MUSINGS

FOOD FOR THOUGHT

Debbie Lesure
Antrim Elementary School

"All too often we are giving young people cut flowers when we should be teaching them to grow their own plants."

— John W. Gardner

Have you ever received a book as a gift that you just didn't want to read? I did this past Christmas. It was from someone close to me, someone I didn't want to disappoint by ignoring the gift. So, I read it. The author opened my eyes to a part of our world that so many of us tend to take for granted — food. The implications for our children are enormous.

The book is titled *Harvest for Hope* by Jane Goodall. You might recall her as the woman who studies the chimpanzees. As I read, I learned how disconnected we have become from our food supply. Look through your kitchen cabinets. How many products contain corn syrup? It surprised me to learn that if our corn crops fail, as the potatoes did in Ireland, Americans and others all around the world will suffer. I learned how hogs, cattle, and chickens are raised by large corporations and end up in our grocery stores. She makes

compelling arguments for sustainable, organic farming. I've changed a few of my eating habits.

At Home and at School: Feeding Our Children is a chapter in the book that specifically spoke to our food habits and our hurried culture. The author worries that children are eating more and more junk food. I suspect that is true given all the statistics on childhood obesity and the increase in childhood diabetes. As I look at many of the snacks children bring, I notice they are often prepackaged treats, such as chips or cookies. Ms. Goodall expresses concern about "the often disastrous effects on their health," (page 220).

Jane Goodall wrote eloquently about the importance of family meals. Her research indicates that children who have regular meals with their families have fewer behavior issues and generally do better in school. These students report better grades, feel happier and more optimistic, and are less likely to engage in risky behaviors. So many benefits may result from something so basic as the family dinner.

One alarming portion of the book contained information about a connection between junk foods, sugar, and violence. According to this author, a study in a large prison facility in Virginia had remarkable results. Prisoners were switched to a whole food, low sugar, and organic diet. "Once they moved

 continued on page 22

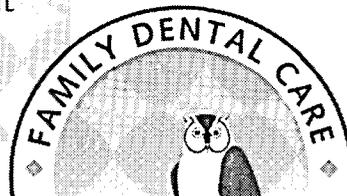


Take your first step to feeling good, looking great and making a memorable impression every time you smile. You owe it to yourself! Find out more about ZOOM! professional tooth whitening. Call today!

ZOOM!®

Professional Whitening System

the **DISCUS DENTAL**
science
of smiles



PERRY_{DDS} WEIGAND_{DDS} GURWELL_{DDS}

18 Elm Street ♦ Antrim, NH 03440 ♦ 603-588-6362

on to healthy foods, behavior problems, such as violence and verbal abusiveness, immediately decreased. When they were switched back to the soft drinks and fatty foods, behavior problems returned" (page 247). What might be the effects of low fat, low sugar diet with plenty of fresh fruits and vegetables for children? As the old adage goes, you are what you eat.

March is National Nutrition Month. At AES, we will once again be holding our Fruit and Vegetable Challenge. Every day at lunchtime, we tally the number of fruits and vegetables eaten. When the children collectively reach the target number, they earn a free recess. We did this last year in preparation for our Family Fun and Fitness Fiesta. This year we are doing it because the children have asked. Imagine that!

Happenings at Antrim Elementary School

- The Vernon Twisters, a jump-roping exhibition team, will come from Vermont to perform for us. Afterward, they will hold mini-workshops for older students.

- Officer Phil, a child safety program, will present to our students this month.

- In our Reverence of Place Project, we are collaborating with the Harris Center and Project Learning Tree in developing a Forest Quest at the McCabe Forest. Watch for more information!

- Many, many of our students are participating in the Antrim Player's Children Theater and our own Maryanne Cullinan. Teacher Grade 3, is the Director and Playwright.

- AES enjoyed a New Hampshire Dance Residency the week of December 4th through 8th with an evening performance. Thank you to all who attended and support our children and our school.

- Antrim Elementary and Great Brook Schools will be co-sponsoring the Antrim Community Supper on March 15.

- First Friends and Antrim Elementary School have decided to adopt PBIS (Positive Behavioral Interventions and Supports). Professional development and trainings have started for implementation next year.

- First Graders went to the Capital Theater in Concord to see the stories of *Henry and Mudge* come alive on the stage.

- The first grades will be going to the Peterborough Historical Society to learn about family life and toys during colonial times.

- Third grade had a visit from Donald Maughan, Lapidarian, during their science unit and study of rocks and minerals.

- Lend An Ear – Musicians from the Boston Symphony will visit third grade to teach our students how and what sounds musical instruments make. They'll also hear some beautiful music!

- Fourth grades went caroling, singing Christmas carols at Antrim Village.

- In the Fourth Grade, each student is having the opportunity to explore in depth his or her own topic of study. Topics range from movie producers, animals, vehicles, and more. They'll have an opportunity to "teach" their classmates about their special interest.

- Fourth grade will take their annual field trip to the New Hampshire State House this spring. ☘

ANTRIM FIRE DEPARTMENT

Todd Bryer

Since the last edition of the *Limrik*, the Fire Department's grant request through the "federal grants for fire fighters" program has been rejected. We had applied for a \$30,000 grant to purchase a complete set of extrication Jaws of Life tools. We are still looking into purchasing extrication tools and have scaled down our request to a more bare-bones option at \$20,000, with funding coming from the following sources: \$15,000 from the capital reserve fund for equipment, \$4,500.00 from a NH State Highway Safety grant, and the balance coming from the Antrim Fire Fighters Association donated for this purpose.

One of the pieces of equipment we removed from the request was a ram device that can push vehicle components apart to create more space in the extrication process. This device costs about \$3,500 and we are hoping to fund this through private donations.

The Antrim Fire Departments annual Open House is scheduled for May 19th from 9:00 am to 3:00 pm at the Company #1 fire station on Route 31. There will be many activities and demonstrations throughout the day. The public is welcome, and with something for everyone, all should plan to attend. A complete schedule should be available closer to the May 19th date.

The Fire Departments' in-house training this past quarter has consisted of ladder company operations, basic ropes and knots for fire fighting, and forcible entry/fire service hand tools. Also fire fighter Marc Mosher is taking a fire fighter level one course at the Peterborough fire station, and fire fighters Josh Patrick and Andre Uy have completed an ice rescue course.

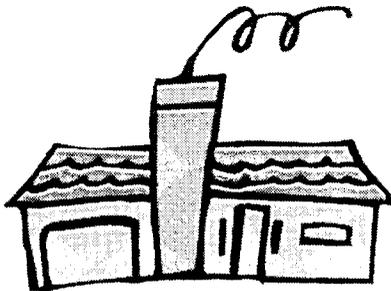
As always, we wish to thank the residents of Antrim for your continued support. ☘

ANTRIM FLOORING JEST FURNITURE

24 MAIN ST.
ANTRIM, N.H. 03440

603-588-3711

TUES. — SAT.
APPOINTMENTS
AVAILABLE





NEWS ABOUT TOWN

ANTRIM GRANGE

Beth Merrill

Since the last issue of the Limrik, Antrim Grange has provided the Antrim Tree Lighting celebration with homemade, hand-decorated cookies for the tenth consecutive year. The delay of winter allowed us to hold meetings at the Grange Hall in December and January. We were saddened by the death of member Nancy Crowne who was instrumental in establishing the Grange art show. Three members attended the New England Grange Leaders' Conference in Newport, Rhode Island. Antrim member and State Grange president, Beth Merrill traveled to Sparks, Nevada, to meet with the presidents of other state Granges throughout the nation. Antrim member George Lambert joined a group of New England Grange legislative directors on a day trip to Washington, D.C. in February to meet with members of Congress. The wording incorporated in a 2006 Antrim Grange resolution was used to draft a bill in Concord regarding the updating of a law that allows citizens to record law enforcement officials on duty.

Our sixth annual Grange Dictionary Project has been completed. Through this program, all 3rd grade students from Antrim, Bennington, Greenfield, Peterborough, and Dublin are given their very own dictionary. Neighboring Granges cover the other schools in the district, and Granges across the state have donated thousands more to students in their area.

Arthur and Beth Merrill will host the annual State Grange Moon Stomp at their home on March 3rd. Brave souls from around the state will gather for food and fellowship before venturing out in the late evening for a moonlight stroll through the woods and a challenging scavenger hunt, minus the aid of flashlights!

On March 6th, members of Antrim Grange will be part of a contingent that attends the NH House Environment and Agriculture Committee hearing on the current hemp bill working its way through the legislative process. Both the Antrim and NH State Granges have been advocating for the rights of NH farmers to grow this versatile and promising crop for several years. Any other concerned citizen is encouraged to make the trip to Concord to participate in this important hearing. Also, Beth Merrill has registered to participate in the annual National Grange Legislative Fly-In in Washington, D.C. in April. This is a unique benefit offered by our organization, which owns the only non-government building in Federal Square in D.C.

Antrim Community Grange is offering a \$500 scholarship once again this year. Applications are available on our website and are due by April 1st. For information on our scholarship program or an application, log on to our website at www.antrim.nhgrange.org.

Antrim Grange welcomes suggestions of deserving

Antrim/Bennington citizens who you feel should be recognized as a Grange service award recipient (Citizen, Educator, Law Officer, Fire/Rescue, Agriculturalist). These need to be submitted by April 1st in order for us to consider them carefully before they will be presented, along with the scholarship recipient, at the Community Awards Night, May 16th at 7:00 p.m. at the Antrim Grange Hall. Rebecca Rule, noted NH author and humorist, will be on hand to provide entertainment for the evening. All are welcome to attend this festive event!

Our fifth annual Art Show for local artists will be held from June 14-17th. If you are an artist or are interested in purchasing some beautiful local art, please check our website or watch the local papers for info. There always are a variety of artists and media each year. It is like the Museum of Art has relocated to Antrim for a few days! Artists wishing to get a head start on their entry for the Text Theme contest should check out the information available on our website.

If you need info on the Grange about the things we do, or how you can join us, please don't hesitate to check out our website at: www.antrim.nhgrange.org or click on the link on the Antrim town website under 'organizations'. ☞

THE PUMP

By Fred Roberts

The water pump stands, a sentinel at the well
in front of the adobe hut of the village chief.
Women with young children listen closely
as the government instructor tells about
the clean water the pump will deliver.
Children will not get ugly boils on their legs
as they did from polluted pond water.
Boils that itch intensely.
Boils that scratching only makes worse.
Boils that stop itching only when immersed
in the muddy, scum covered pond water.
Eventually an ugly, slimy, guinea worm
starts to emerge from the boil
spewing tiny eggs into the water.
It takes the worm several weeks
to emerge, incapacitating the child.
Will the women use the pump?
Yes, they will as long as the pump works.
If it breaks down it will not be fixed
and the women and children will return to the pond.

Editor's note: Our late colleague, Fred Roberts, with his wife Marguerite, spent the years 1993 - 1995 in Nigeria as volunteers in the Peace Corps. Fred's poem, THE PUMP draws on this experience.

HONORING THE ANTRIM QUILT

Janet MacLachlan
Antrim Historical Society

It was with surprise and delight that I read the letter from the New Hampshire Quilt Documentation Project. They had chosen one of Antrim's antique quilts to be hung in their exhibit at the New England Quilt Museum in Lowell, Massachusetts. From over two thousand antique quilts which have been documented as being at least seventy-five years old, the quilt we call the "Gentlemen's Quilt" has been selected to be exhibited with thirty-nine other quilts, from 14 June to 19 August 2007.

How proud Mrs. Cochrane, the Presbyterian minister's wife, who made the quilt in 1875, would have been. Little did she know when she asked the male members of the congregation to donate a piece from their shirts so she could create a quilt, that it would someday be so honored. She chose a design called "Old Italian Block," and it had a space for each gentleman to sign his name and the date. Several men made their own "blocks," the squares of cloth of which quilts are made. The individual blocks were then pieced together and hand quilted. The shirting materials were in blues, browns, and reds on a white background. It made a very striking quilt, and it has remained in good condition over the years. It was donated to the Antrim Historical Society so that it might be preserved as part of Antrim's history, and it has been displayed in the Historical Society room at the Tuttle Library.

Last year the Antrim Quilt was chosen to be on display at the Peterborough Historical Society when they had an exhibit of local antique quilts from the Monadnock region.

The New England Quilt Museum is located at 11 Shattuck Street, Lowell, Massachusetts, in a former brick bank building in the historic district of the city. It is well worth a day's trip.

Hours: Tuesday through Saturday 10-4, and Sunday 12-4 (May through December only.) The Museum is closed Mondays and on major holidays. Phone: 978-452-4207. ☞

ALLEN CHIROPRACTIC, PLLC

OPENS ON MAIN STREET

Pam Allen

Allen Chiropractic finally opened its doors, seeing our first patients on Friday, February 2, 2007. Although the office was slated to open in December, there were a few delays. However, as one patient put it: "The office is beautiful and well worth waiting for." Dr. Allen and his staff agree.

Dr. Allen states: "There has been so much positive energy and community support around our move to Antrim. We feel very much a part of the community and look forward to meeting the Chiropractic needs of all our patients in this new setting."

There are many thanks to go around, beginning with Janet McEwen, Realtor at The Moller's Agency, for helping us find this location. We would also like to thank Jim Doyle, owner, for his ethics and patience in seeing a renovation project to completion that ended up being far more complex and daunting than anticipated. We thank Jeff Parsons, Town Building Inspector, for his guidance and oversight of progress, and final inspection occupancy approval.

As new members of the Chamber of Commerce, we thank past President Brian Beihl and Chamber members for their warm welcome and strong support, especially Cindy Crockett, Bakery 44, LLC, our soon to be business neighbor. We loved our cookie sampler welcome basket too! Thanks Cindy! Jane Butler, Short Hills Studio, designed and coordinated our new business cards, stationery and brochures. She has done a magnificent job! Thanks Jane.

Jane and her husband Mike Butler, Butler Restoration, Inc., took time from their busy schedules to assist with our actual physical move. That was not easy, especially lifting our heavy adjusting tables. Thanks so much for such a labor of friendship.

Chris Snow, Carpenter and Contractor, is the one person we feel was most successful in getting the job done. Not only is his carpentry work of the highest quality, but he was able to meet the many challenges and "surprises" of reconstruction with a great attitude and good ideas. Thanks so much Chris! Hope you can get home before I a.m. now.

Adam Bishop has done a beautiful painting job. Thanks to him, we've also learned a lot about "grades of paint." Thanks Adam.

We thank Main Line Graphics for our beautiful and professional sign.

We would especially like to thank our patients for their patience through this long transition process. We know it was very difficult and at times inconvenient. We hope you enjoy our new office as much as we do.

Allen Chiropractic is located at 46 Main Street, Unit 4, Antrim NH 03440. Please call us at (603) 588-2900 or stop by and say "hi" to find out more about how we can help you. ☞

26 MAIN STREET (P.O. BOX 638)
ANTRIM, NH 03440

Phone: 603-588-3222
E-mail: rcvcpa@conknet.com

R. CHARLES VAN HORN, CPA
Tax, Financial & Investment Consultant

Registered Representative with
H.D. VEST INVESTMENT SERVICESSM

Securities offered through H.D. Vest Investment ServicesSM • Member SIPC
Advisory services offered through H.D. Vest Advisory ServicesSM
Non-bank Subsidiaries of Wells Fargo & Company
6333 N. State Hwy 161, 4th Floor • Irving, TX 75038 • 972-870-6000

GREAT BROOK SCHOOL

A LOOK AT DIFFERENT KINDS OF STUDENT ACCOMPLISHMENT

G. Bruce West, Principal

BOYS BASKETBALL

The **Mathcounts** team participated in their regional competition at Keene State College on Friday, February 9th. Mathematicians included Amanda Hoffman, Travis Day, Alex Hunt, Heather Collier, Melissa Boule, Mike Fahrner, Gwyn Welch and Davianna Penny. Alex Hunt was chosen to compete in the Individual State Competition which will be held on March 10th at Plymouth State College. We at GBS, wish him the best of luck!

Winter Special Olympics Games will be held on March 4th-6th at Waterville Valley, N.H. Polly Whipple and Courtney Estes will be competing in snow-shoe events. Sarah Pierson will be competing in cross-country skiing events. We anticipate many gold medals coming to GBS!

All-State Musicians Announced. Congratulations to the following Chorale students for making All State: Heather Collier, Soprano; Megan MacInnes, Soprano; Victoria Ellsworth, Alto; Molly Durgin, Alto; Melissa Boule, Alto; Eric Hensel, Bass; Ben Kilbride, Bass; Ken Martel, Bass.

Congratulations to the following All State musicians: Ethan Beihl, Trumpet; Kira Francis, Clarinet; Mike Fahrner, Baritone; and Kris Bloom, Tenor Sax. Orchestra members are Gwyn Welch, Violin; Audrey Wood, Violin; Jake Pietroniro, Viola; and Forrest Barwood, Cello.

All-State Chorus and Band on Saturday May 5th at Milford Middle School in Milford NH. All-State Orchestra on Saturday May 12th at Littleton High School, in Littleton NH

On the Edge! The Great Brook Boys' Basketball Team has made it a habit to live "on the edge." Their season has been a remarkable one considering only three players returned from last year's team. However through hard work, dedication, commitment as well as adversity, they have proven what it takes to be a team! The team has played three overtime games. Two other games were decided by two points or less. Living "on the edge" has become their trademark!

This past weekend was no different. The boys' participated in the Monadnock Huskies Round Ball Classic Tournament. As the day went on, the boys continued their quest to try to make it to the final four. When the regular round was over, Great Brook was in a three-way tie for first place! No other GBS Boys' team ever returned with a winning record. We were 2-1 and waiting "on the edge" to see if we would be the first GBS team ever to make it to the "Final Four" Unfortunately after waiting two long hours, we were left out in the cold because of the tie breaking system. As the team returned home after a long and weary day, they were not upset or disappointed. Finally, they had been "on the edge" so many times and now were able to take the next step into school history. The boys should be very proud of their accomplishment this past Sunday. I know I am very proud of them.

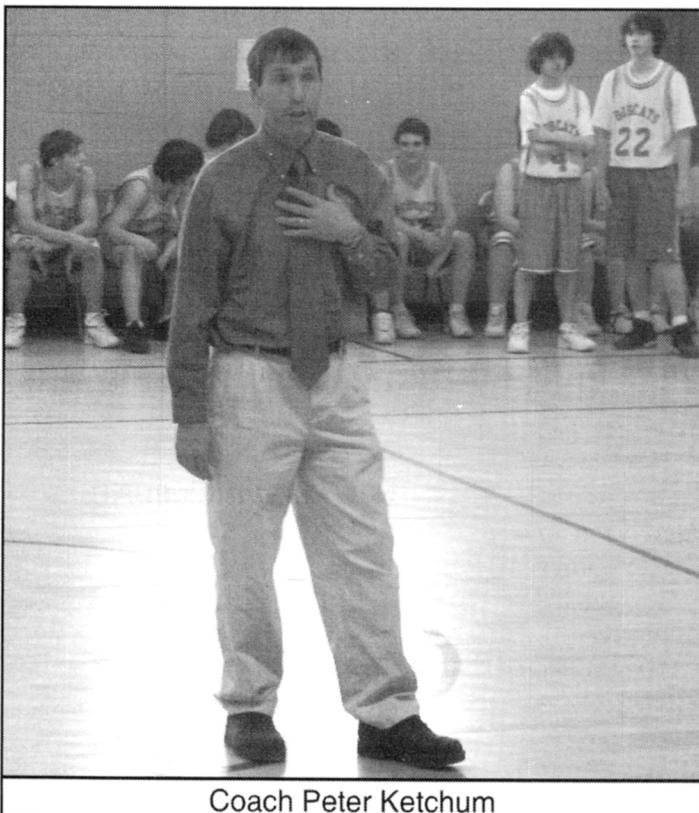
The 2006-07 GBS Boys' Basketball Team: Dylan Brock, Nate Cross, Ben Blanchard, Emerson Doty, Gillan Doty, Scott Howard, Alex Hunt, Nigel Morel, Luke Mosher, Cliff Mundy, Jake Pietroniro, Christian Wilkins.

GIRLS BASKETBALL

By Emma Murphy

The girl's basketball season has sadly ended. Our season was a mix of ups and downs but overall we came out victorious with 13 wins and 4 losses! I remember our first game being very intense in which we won in the final minute, and as the season continued, many of our games played out the same way. Probably our most important and exciting achievement was winning against South Meadow after a losing streak of ten years! In addition to our regular season, we went to the regional tournament at Monadnock. Our team did manage to get into the final four, but unfortunately we lost to a tough and very skilled Claremont team.

The team consisted of twelve talented athletes made up of nine eighth graders and three seventh graders. The eighth grade Bobcats were Becca Boucher, Nicole Ehrler, Jody Jennison, Taylor Miller, Lizzy Moreen, Leah Nannicelli, Jill Ortega, Carly Roland, and Olivia Wilder, and the seventh grade Bobcats were Mackenzie King, Cory Lamb, and Emma Murphy. This wonderful assemblage of girls created a team



Coach Peter Ketchum

— continued on page 35

JAMES A. TUTTLE LIBRARY

Kristin Readel

"It is not true that we have only one life to live; if we can read, we can live as many more lives and as many kinds of lives as we wish." S.I. Hayakawa

TECHNOLOGY NEWS

Your library is a HOT spot on Main Street, and wireless access for laptop users is now available. If you haven't visited lately, you might not know that we now have two public access computers for patrons and visitors, and we have disks/CDs available if you wish to save documents.

We are completing arrangements to become a host for NH Downloadable Books for those of you enjoying MP3 players. The NH Downloadable Audio Consortium is brought to you through a partnership with the NH State Library, thanks in part to a grant from the Gates Foundation. A growing collection of audio books can be downloaded to your computer, and you can transfer them to an MP-3 player (sorry iPod users), or burn selected titles onto a CD so you can listen in your home or auto. The NHSL website provides instructions for downloading the software you need, a list of compatible devices, and complete step-by-step directions for the download process.

The list of available titles includes classics such as Orwell's *1984*, bestselling authors such as Grafton, Cook and Patterson, as well as current bestsellers and books for adults, teens, and kids. Browse NOW! A web link will be available on the library page of the town's website, or you can access the list directly at <http://nh.lib.overdrive.com>.

PROGRAMS

Preschool Story times: Friday, March 2nd at 10 a.m., Owl Story Time. Friday, March 30th at 10 a.m., Growing Things.

Second Annual Creative Arts Challenge: In April and May we will be looking for submissions to our Second Annual Creative Arts Challenge (formerly know as the Poetry Challenge). This is our second year of broadening this op-

portunity to exhibit youth arts in addition to poetry. Last year's artists created cartooning, sculpture, photos, stories, papier-mâché, paintings, and collage. Watch for more information, or check with Kristin Readel about your individual submissions. We encourage you to visit the month long installation in the children's department and take a moment to add a note of encouragement on works by some of our youngest creative thinkers and doers. Last year's artists were thrilled to see notes from friends, teachers and local artists.

On Saturday, April 14th we will be hosting Nancy Knowles and a local poet for a poetry workshop to get our creative juices flowing. Stop in for more news.

Saturday, May 5th at 11 a.m. join us for refreshments and to MEET THE ARTISTS to close the installation.

Read to Ride at Rye Airfield and Skateboard Park: In collaboration with Antrim Recreation and the Community bus, we look forward to filling the community bus with skaters who are readers. The Read to Ride program is designed to encourage kids 18 and under to read their way to free riding time at Rye Airfield, Rye, NH. Participants can read or listen (read aloud, CD, cassette, download) to earn a bookmark. After a book is completed, the reader and the librarian can negotiate one of several options to obtain a bookmark. (Easy, I promise!) Stop in at the library for a list of *Rad Reads*.

Kids can enjoy their free all day pass (\$30 value) at Rye Airfield after they have collected five bookmarks. All they need to do is bring their bookmarks to Rye Airfield. We are planning a Community Bus Trip soon. The more books read, the more free-day passes can be earned. Visit Rye's website at www.ryeairfield.com.

Seed Starting Workshop coming soon: Diane Chauncey of Chauncey Farm generously hosts this popular workshop each spring. Attendees have commented on the wealth of experience and NH Gardening humor shared at the past workshops. If you are getting itchy for dirt, stop by for the latest issue of Organic Gardening or browse the non-fiction section for gardening books of all sorts.

BOOK NEWS

Be sure to check the town website library link for a list of new books. The list is also available at the circulation desk.

JK Rowling's *Deathly Hallows* (the last in the Harry Potter Series) is due out in July. The Order of the Phoenix movie is also due in theaters this summer as well.

Many of you are already enjoying the convenience of bar coded cards. Be sure to stop by soon if you haven't picked yours up yet.

We'll be wrapping up our "Books at the Movies" display. Many parents have asked about movie ratings and age appropriate media choices. Try these websites that came across my desk recently: www.Kids-in-Mind.com and www.ScreenIt.com for detailed information about movies.

Speaking of movies, until we get settled in our new & improved space we will only be accepting donations of DVDs, Books on CD, or current Hard Cover Best Sellers until further notice. The swap shop at the recycling center and the Antrim Girl's Shelter are two other places that are glad to share books, videos & cassettes. There are also many mission efforts to share our abundance with victims of disaster here in the states and around the world. Try a Google search.

BOOK DISPLAYS

Valentine's Day was also "Read to your Child Day." Why not try my favorite, *Rosebud and Red Flannel* by Ethel Pochocki.

March adult book display will be "Heart Warming Classics." Haven't you always meant to read Dickens, Austen?

May Audio Book Month: Travel and Escape Reading.

NEW BUILDING UPDATE

See the Trustees' news on page 5 for details on the progress of construction and how you can be part of the new space through their "Named Gifts" project. So many patrons have already given generously to outfit our new addition in a manner that will enhance our building's historic value. Our thanks to all and we encourage everyone else to become a part of Antrim's history forever! ☘

RIVERSIDE WEST TAE KWAN DO CELEBRATES 5TH ANNIVERSARY

Rick Wood

On Feb 3rd the Riverside West Tae Kwan Do school run by Judith Parsons celebrated it's 5th year of teaching area youth the skills and disciplines of ancient Korean martial arts. Judith and her husband Jeffery began the organization with a small group of children as part of an in-school activity so the students could experience other cultures. Since then the school has grown to an after-school activity that meets every Saturday and every other Tuesday at the Antrim Town Hall. Since it's inception, over 100 children have taken part in experiencing the centuries old disciplines of ancient eastern warriors.

Part of the celebration was the awarding to a number of younger members of the school new rank promotions signified by a new color or striped belt. Some of the children in this group are as young as 7 years old. Though the group is mostly from Antrim, any area town children are welcome. Riverside West derives its name from a partnership with the Riverside club in Weare run by Grand Master Michael Couhie and his wife Master Suzanne Couhie. This organization has been in existence for over 17 years.

Over this past summer five of Judith's vetrans gave up their busy Saturdays to participate in boot camp-style trainings run at the Riverside's Weare location. This group consisted of Antrim students ranging from 13-15 years of age. They trained along side other Weare Black-Belt hopefuls, some of

whom were competing for their 2nd or 3rd black-belt, or Dan. This training consisted of over five hours each day of physical and mental exercise to tone their skills. At the end of the these camps, each of the five participants was tested over two consecutive days, not only for their Tae Kwan Do skills of forms and kicks, but also for their physical and mental toughness. In the end all five were granted their Black Belts. Congratulations go to Zac Proctor, Chelsey Purington, Audrey Wood, Travis Day, and sisters Michelle and Melissa (Lulu) Boule.

For more information about Tae Kwan Do, go to www.nhkicks.com, call 525-9413, or come to the Town Hall any Saturday morning between 9-11am when school is in session. ☚

BOXES ON BOARD

Parcel Packing, Shipping & Drop-Off Center

New Location

6 Wall St, Hillsborough

FedEx



Daily Pickups, M-F: UPS 4 p.m.
Fedex Air 2 p.m./Fedex Ground/3 p.m.
Fax Services 603/588-3177

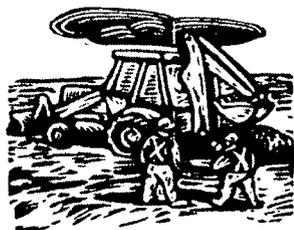
Discount-priced packing materials sold or

We'll pack it for you!

Open Monday - Saturday
9 a.m. to 5 p.m.

588-8300
800-793-2075

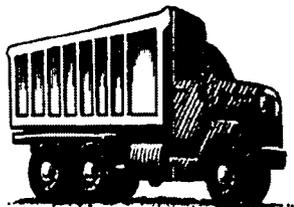
J.S. Kendall Custom Builders, LLC



FULL EXCAVATION SERVICES

DESIGN/BUILD NEW CONSTRUCTION AND REMODEL

- Full Size and Compact Excavation Services.
- Land Clearing, Maintenance, Fencing, Grading and Seeding.
- NH Licensed Septic Installer
- Custom Design/Build Services For Residential, Commercial New Build, Additions and Remodels.
- Expert Antique Building Restoration and Renovation.



For a Consultation Please Call:

JOHN KENDALL 603-588-7123 EMAIL j.kendall@mcttelecom.com

it. After much debate among ourselves on the Board of Selectmen, and talking to voters, we decided the best thing was to demolish the building. With fifty per cent of the building's price raised by gifts from townspeople, a special town meeting was held in September 1976, and the town voted to pay the balance of the purchase price and the demolition costs of the building. Little did we know it, but the easy part of the project was done.

With the building gone, what were we to do with the lot? During our talks about this, several ideas were explored: make lawn out of it, add a small municipal building, make a small park, and finally, make a parking lot. A parking lot was finally decided upon. In those days there was limited parking for the library (the present parking lot behind the library did not exist). The idea was presented that the lot could be used for library parking, thus freeing up Main Street for business parking. Another reason for the parking lot was a right of way on the lot's north side which would be easier to deal with if the space were just for parking. All this proved that the road to "hell" is paved with good intentions.

Here's a chronology of what actually occurred to the property. Few library patrons actually parked in the lot, and apart-

ment dwellers in the abutting building started using the lot for parking. Also, two junk cars spent a winter in our municipal parking lot. The town allowed the owner of the store next door to add an addition which eliminated parking spaces on the south of that building. Then the town allowed the owner of the video store to have six spots on the lot's north side in the right of way. If "Dodge City" had been there he would have maybe two spots. Finally, at last year's town meeting when the town offered to give the parking lot away just to get rid of it, several of the citizens who had donated money for a town parking lot originally objected that their gifts to the town were being ignored. The upshot of this meeting was that the town still owns Dodge City and has, somehow, to administer it better.

The long and short of this tale is that the town never managed the lot as intended. The reason for this is that the way Antrim's government has worked in the past with constantly changing municipal boards and no one person providing continuity over time, nobody knew the lot's history or understood the original intention as to how the lot should have been handled. Maybe this would not have happened had we had continuity in the town hall, as we appear to have now. ❧



It's amazing! The more you exercise, the more energy you have. That's renewable energy at its best. The results oriented fitness programs at The Bond Wellness Center will give you renewed energy... help you build strength and lose weight... and keep you fit for life. Our professional, board-certified staff will work closely with you to customize a fitness program that promises to rejuvenate your enthusiasm for life.

Renew your commitment to a lifetime of good health and fitness, call The Bond Wellness Center today at 924-4650.

Renewable Energy



The Bond Wellness Center
~ *Monadnock Community Hospital*

www.monadnockhospital.org

Monadnock Community Hospital is a not-for-profit health care provider offering comprehensive health care services to the Monadnock Region. Financial Assistance information is available upon request.

ANTRIM CHAMBER OF COMMERCE NEWS

John Robertson, Chairman

The Antrim Chamber of Commerce has elected officers and a new Board of Directors for 2007. The officers are John Robertson, Chairman, Cynthia Crockett, Vice Chairman, and Jane Butler, Secretary/Treasurer.

Directors for three years: Christa Salamy, Brian Beihl, and Paul Faber; for two years John Robertson, Robert Edwards, and Cynthia Crockett; for one year William Prokop, Jane Butler, and Rick Edmunds.

We have planned many activities and events for 2007, including "Welcome Baskets" for new residents, Home and Harvest Day participation, Economic Development planning, updating our website, and after-hours open houses at various businesses.

The Antrim Chamber of Commerce welcomes anyone who has a business interest in the Antrim area to discover all the benefits of joining the Chamber. We hold monthly meetings to discuss issues that affect our business lives in Antrim and the surrounding community. Members get to know other business people and community leaders a little better. There is always an idea-exchange at each meeting. Discussions include the trials of starting a new business, finances, insurance, and many other topics.

If you would like to find out more, contact any Chamber member and/or go to www.antrimcc.com. Chamber members may list their businesses on the website and have links to their own site. ☿

Legislative Report continued from page 15

farmland, promoting specialty crops, encouraging healthy eating in schools, and developing renewable energy to create demand for new crops and forest products. Sen. Harkin, who chairs the Senate Agriculture, Nutrition, and Forestry Committee, cautioned that the 2007 appropriation might be smaller than its predecessor, and, like DeLauro, said there was strong support for putting more money into renewable energy such as biodiesel, which is made from vegetable oils (typically Midwest soybeans) and ethanol, now mostly made from corn. Unfortunately, the statement means one thing coming from a senator from one of the major corn- and soybean-growing states, and something else entirely to New Hampshire, where other crops hold more potential as a local fuel source.

Critics are right to question farm subsidies, especially those that go to huge "agri-businesses" out west, but even to small farms in New Hampshire. Still, I agree with those who say that after the September 11 disaster we cannot rely entirely on the national transportation system for our basic needs. Locally grown food has become both a national security concern and a means to preserve the landscape that gives New Hampshire its character. Those seem like goals worthy of government help. ☿

Schellinger

P A I N T I N G

L.L.C.

■ Quality Workmanship

■ Interior and Exterior

Over 20 Years Experience

Fully Insured

(603) 588-3470

For reservations and take outs
588-6512

Bennington, NH
Open 5 pm



Alberto's

ITALIAN CUISINE

"BEST FOOD BY A DAM SITE"

Pops Lounge

Joseph Cuddemi
OWNER

Denise Boillard
CHEF/MANAGER

YOUR LOCAL ANTRIM REALTOR®

AT THE MOLLERS

*Got an urge to buy
or sell a home?*

That's Spring fever!

Give me a call.



Janet McEwen
OFFICE: 603-525-4211



*The little red house in
Hancock. Serving your real
estate needs for more than 40
years.*

The Mollers, Inc.

27 Main Street • Hancock, NH 03449

603-525-4211 OFFICE PHONE

e-mail: janet@themollers.com

www.themollers.com



THE GRAPEVINE

Kristen Vance, Director

Weekly Parent-Child Programs

The Grapevine welcomes all children birth to 5 years and their parents to our weekly parent-child programs. The Aiken Street Barn, where The Grapevine is located, is fully accessible, and children of all abilities and learning styles are welcome.

- Mondays 9:30 to 11:30—Better Beginnings
- Mondays 2-3:30pm—Monday Play Time—*spaces available!*
- Tuesdays 9:30 to 11:30—Better Beginnings
- Thursdays 9:30 to 11:30—Better Beginnings
- Fridays 10:00 to 11:30—Better Beginnings for Babies—*drop in!*

Pre-Register Now for Preschool

Now is a good time to schedule a visit with The Learning Vine preschool for you and your child. The Learning Vine is accepting pre-registrations for children 3 to 5 years of age by September 2007, for both the drop-off (\$120/month) and parent cooperative (\$90/month) options. Scholarships are available. We currently have a short waiting list—call The Grapevine for more information.

Before School Club 2007-08 Pre-Registration

If you would like to pre-register your Antrim Elementary School or Great Brook School student in the Before School Club (BSC) for the 2007-08 school year, please call The Grapevine. There is no fee to pre-register. Children currently enrolled will have priority until April 1. The BSC provides before-school care Monday through Friday from 6:30-8:30am, and includes time to finish homework, games, and activities.

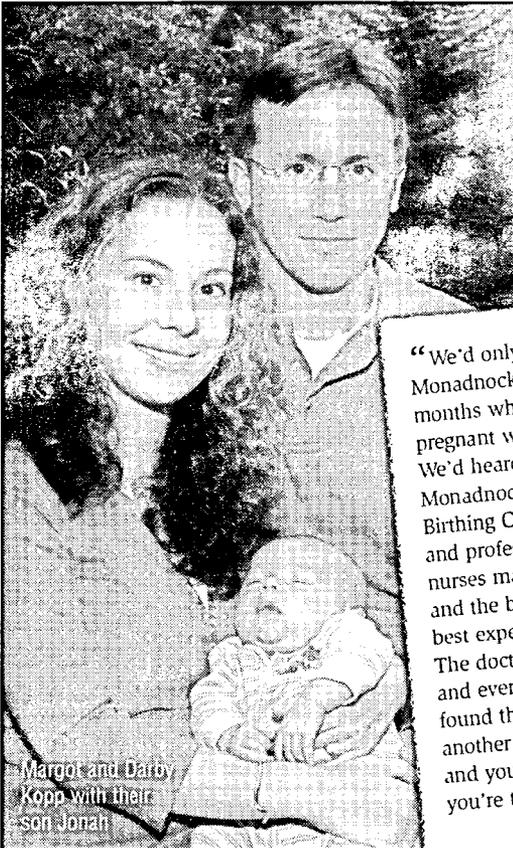
Parenting Series—“Developing Responsible Behavior in Your Preschooler”

This 4-session series at The Grapevine, with parenting educator and Learning Vine teacher Carol Lunan M.Ed, meets Fridays—March 30, and April 6, 13 and 20—from 11:45-12:45. The fee for the series is \$20. Bring your own lunch, limited on-site childcare available. Registration is a must—please call The Grapevine by March 23.

Parenting Series—“A Parenting Spring Tune-up”

In a 3-session series at the Hancock Town Library, parents will have the opportunity to “tune up” their family lives in a discussion facilitated by parenting educator Jane Richards-Jones, MA.

 continued on next page



Margot and Darby Kopp with their son Jonah

Best Experience of My Life...

Because we're a caring community hospital, you are treated to a family-centered and highly supportive environment before, during and after childbirth. From our outstanding OB/GYN health team to our award-winning Birthing Center, we take the time to listen and respond to your special concerns. At our Birthing Center, you can:

- Stay in your own comfortable, attractive room for your entire childbirth experience
- Receive one-to-one nursing care during labor
- Access a complete range of birthing options

MONADNOCK OB/GYN ASSOCIATES, PA

454 Old Street Rd., Peterborough, NH

Monadnock Plaza, Jaffrey, NH

117 Main St., Keene, NH

For an appointment, call 924-9444

For more information or a tour of The Birthing Center, call 924-7191, ext. 4174

Monadnock Community Hospital is a not-for-profit health care provider offering comprehensive health care services to the Monadnock Region. Financial Assistance information is available upon request.

www.monadnockhospital.org



Monadnock Community Hospital

Care comes first

- Session One, April 2: "What does an Effective Family look like?"
- Session Two, April 9: "Is anyone really listening? Communication Tips for Families"
- Session Three, April 16: "So Many Demands: Managing Stress in Your Busy Family"

Sessions are on Mondays from 7-8:30pm. The fee is on a sliding scale, \$5-\$15 per session. Please call The Grapevine by March 29 to register.

FREE APRIL VACATION FUN

- **Nature Adventures for preschoolers and parents**, Monday, April 23 from 9:30 to 11:30—A morning of nature exploration, animal play and more for 3 to 5-year-olds and their parents. Dress for the weather, rain or shine! Space is limited—call to sign up.
- **Outdoor Adventure for Kids**, Tuesday April 24 from 9:30-11:30—Nature scavenger hunts, mud painting, signs of spring, and more rain-or-shine outdoor fun for 7-9 year olds! Space is limited—call to sign up.
- **Open Playtime** for babies to 5-year-olds and their parents, Thursday, April 26 from 9:30-11:30—Drop in and enjoy our great indoor and outdoor play spaces. No sign-up required

SECOND MONDAYS AT THE GRAPEVINE

- March 12—"Project LIFT" with director Judy Fournier. LIFT provides free GED, English as a Second Language, reading, writing, and math tutoring for residents of Antrim and nearby towns. Join this discussion if you wonder about adult literacy in our communities, want to learn more, are interested in getting involved, or need tutoring for yourself or someone in your family.
- April 9—**Nature at Night**—Explore McCabe Forest with Susie Spikol of the Harris Center for Conservation. This adventure is for adults only—limited childcare is available at The Grapevine. Meets at The Grapevine—dress for the weather!
- May 14—**Talking with our Kids about Sexuality**, with Katherine MacLaughlan of Planned Parenthood, for parents

of children birth to 8 years. It's never too early for parents to begin thinking about how to talk with their kids about sexuality—find support and ideas from other parents in this discussion group!

- June 11—**Talking with our Kids about Sexuality**—for parents of children ages 9 to 14 years.

About Second Mondays: The evenings run from 6:30 to 8:00 pm. Walk-ins are welcome, but we encourage people to call The Grapevine to sign up in advance. On-site childcare can be available for participants who sign up two weeks before the discussion.

Strong Living, a strength and exercise class for adults age 50 and older, begins another 12-week session in April. We suggest you call The Grapevine soon for details, as the class fills up quickly.

SPRING WALK FOR FAMILIES

Tune up your strollers and lace up your walking shoes for The Grapevine's 3rd Annual *Spring Walk for Families* on Saturday, May 5 at 10am in Frankestown. Participants may walk 1, 3 or all 5 miles. April is "Strengthening Families Month," which we will continue to honor on this first Saturday in May as we walk in support of our families. In April look for details in the papers, around town, and on the Antrim Town website at www.antrimnh.org.

FOUR-TOWN COMMUNITY SUPPERS SCHEDULE

- 1st Thursday: Frankestown—Community Church
- 2nd Thursday: Bennington—Pierce School
- 3rd Thursday: Antrim—First Presbyterian Church
- 4th Thursday: Haneock—Congregational Church Vestry

ABOUT THE GRAPEVINE FAMILY AND COMMUNITY RESOURCE CENTER

Please call The Grapevine at 588-2620 for more information or to register for programs. We welcome visits. The Grapevine, a nonprofit service organization funded by local support, grants and contributions, is located behind the Tuttle Library. Our mailing address is PO Box 637, Antrim. ☼



- Doggie Daycare
- Do-It-Yourself Dog Wash & Full-Service Grooming
- Positive Reinforcement Training & Agility
- Doggie Play Yard & Play Groups

177 Clinton Rd. Antrim, NH (603) 588-2030 onewoof@tds.net

KNAPTON
INSURANCE
READE & WOODS
A member of the Davis and Towle Group

603-464-3422 • Fax 603-464-4066
P.O. Box 2250 • Hillsboro • NH 03244

**HOME AUTO
BUSINESS
LIFE HEALTH**

DONALD E. KNAPTON, JR. CIC

✚ **CHURCH NEWS** ✚

PRESBYTERIAN CHURCH

588-2209

REV. PEGGI KEPHART BOYCE

SUNDAY WORSHIP 10:30 AM

(CHILDCARE AVAILABLE FOR 4-YEAR OLDS AND UNDER)

SUNDAY SCHOOL 10:30 AM

After Church Sunday School Program, noon-1:30
including lunch. All ages welcome!

AA Meetings Sundays 7:00 PM

Spectrum Art Association Thursdays 9:00 AM-12
NOON

March 4, 11, 18, 25 at 1:00 PM After worship study
class focusing on grief and dying, with guest
speakers.

March 7, 14, 21 • Lenten Luncheons 12 NOON. Area
ministers to speak. Bring a bag lunch. Dessert and
beverage provided.

**March 15, April 19, and May 17 • Free Commu-
nity Suppers** Thursdays at 5:30 PM

April 1 • Palm Sunday

April 5 • Maundy Thursday Service with communion
at 6:30 AM

April 8 • Easter Sunrise Service on Baptist Church
front lawn at 6:30 AM

The Revival Shop, quality used clothing
Open Saturdays 10 AM – 4 PM

**SAINT PATRICK CHURCH
OF DEVINE MERCY PARISH**

10 GREENFIELD RD, BENNINGTON

588-2180

REV. GERALD BELANGER

MASS SCHEDULE

SATURDAY 4:00 PM

SUNDAY 8 & 10:30 AM

MASS SCHEDULE DURING LENT

Weekdays • 7:00 PM

Ash Wednesday • Mass 6:30 PM followed by Sta-
tions of the Cross at 7 PM

Thursdays and Fridays • 7:30 AM

HOLY WEEK

April 3 • Reconciliation from 2-3:00 PM

April 4 • Mass 7:30 PM

April 6 • Holy Services 7:00 PM

April 8 • Easter Masses 8:00 & 10:30 AM

BAPTIST CHURCH

588-6614

PASTOR CHARLES V. BOUCHER

SUNDAY WORSHIP 10:30 AM

SUNDAY SCHOOL (preschool-8th grade) **10:30 AM**

Youths Groups (grades 6-12): Fridays 6:30 pm

March 7, 14, 21 • Lenten Luncheons 12 NOON. Area
ministers to speak. Bring a bag lunch. Dessert and
beverage provided.

March 24 • Turkey Dinner 5-6:30 PM Adults \$7,
children (4-12) \$4, family max \$25. Take out
available.

April 5 • Maundy Thursday Service 7:00 PM

April 8 • Easter Sunrise Service 6:30 AM Led by
Rev Peggi Boyce

April 8 • Easter Service 10:30 AM

CHURCH OF CHRIST

464-2701

LARRY WARREN, MINISTER

SUNDAY BIBLE STUDY 10:00 AM

SUNDAY SERVICE 11:00 AM

WEDNESDAY BIBLE STUDY 6:30 PM

Antrim Office

P.O. Box 157
77 Main Street
Antrim, New Hampshire 03440

603/588-6333
603/588-6334 Fax

www.eOcean.com
Email: rmckinnon@eOcean.com



Banking • Insurance • Investments

Rose McKinnon
Branch Service Manager



at Meadow Brook Farm

218 Pleasant Street
Antrim NH 03440
603-588-6637
woolroomnh@pobox.com

OPEN THURS-SAT 10 - 5
SUN 12 - 5

Yarns • Fibers • Knitting Supplies • Spinning Equipment
Books • CDs • Knitting Boutique • Workshops • Courses

ANTRIM-BENNINGTON LIONS CLUB

2006 IN REVIEW

Pamela Reida-Allen

The Antrim-Bennington Lions Club had a very busy 2006. The Lions motto is "We Serve," and Lions Club members worked very hard in 2006 to raise funds for community and national "sight and hearing loss" problems. We also met requests for donations to other programs such as Operation Santa which provides Christmas gifts to children in several area towns. Alicemae Flanders has been a major force in the success of the Operation Santa Project for 35 years, and she says that this year the need was "greater than ever." One hundred twenty three children received Christmas gifts.

In October the New Hampshire Garden Railway Society and the Antrim-Bennington Lions Club joined together to put on the first model railroad show in the area at the Crotched Mountain Rehab Center in Greenfield. More than a thousand people attended this major fundraiser event, many of them families with young children from all over the region. Residents of the rehabilitation Center were able to view the show for free. As a result, we raised \$1800.00 which has allowed the club to make larger donations available to such groups as The Lions Youth Development, Lionsight II, Vision 2007, and Blind Bowlers. We have also met individual youth needs.

A second major annual fundraiser was the sale of Christmas Trees. Lions Eric and Linda Tenney provided the sale location at Tenney Farm. This year the trees were sold in record time, raising about \$1000, much of which is going to support the Operation Santa Project.

The Lions also sponsored Veteran's Day Breakfast and Ham and Bean Supper fundraisers at the Presbyterian Church.

Eyeglass collection boxes are now located at the Ocean National Bank in Antrim and Dr. Allen's Chiropractic office at 46 Main Street. We would love to have people bring their old eyeglasses to these locations for recycling and re-use by those in need.

2006 marked the 25th Anniversary of the Antrim-Bennington Lions Club. In the next Limerick issue, we will provide an historical overview of the organization, some of our upcoming events, sponsorships, and goals.

We want to invite prospective members to attend one of our dinner/speaker meetings, or to call Pam Reida-Allen, membership chairperson at 588-4961 or 588-2900 to find out about joining this dedicated, fun, and worthwhile organization.



Here's our new contest. Whoever submits the best last line to this library limerick by our resident Limericist Harlow Richardson will win a \$50 gift certificate at the Toadstool Bookstore. (We received no submissions to our December contest.)

*It is clear, without rebuttal,
That we thank you, Mr. Tuttle,
for your generous gift
which just got a face lift*

MY GRANDFATHER MIGHT'VE SAID THIS

Barry Proctor

My grandfather's name was Fred L. Proctor, a 70-plus year resident of Antrim. One day in the 1950s he had gone to the post office, which was still located in the old Town Hall, and when he came out he got back in his car to head home to the farm on North Main Street. He did what all the natives seemed to do, that is, he did a U-turn in front of the Maplehurst Inn.

Pete Flood, the chief of police at the time, pulled Fred over, saying, "Fred, you can't do a U-turn in the middle of Main Street."

"Since when?" said Fred.

Well, that started an argument that lasted several minutes, when finally Fred said, with a little smirk, "Ya know Pete, the other day I was out in my barn watchin' a fly buzz around the rear end of my hoss..."

"Fred," said Pete, "are you callin' me a hosses ass?"

"Oh no, Lord no," said Fred, "but you can't fool them flies."

HISTORICAL SOCIETY

Missy Taylor

The Antrim Historical Society will serve Old Fashioned Gingerbread with real whipped cream at its Annual Meeting on March 18 at 3 pm at the Antrim Presbyterian Church. Nina Harding will report on the progress of the House Project, researching historical homes in Antrim, and Lyman Gilmore will speak on plans to preserve old documents, such as the Antrim Reporter from 1892-1951, and the recorded interviews and written transcripts of the Oral History Project that he has been conducting.

Over the past few months, the Historical Society has held a series of interesting and well-attended programs. In November, Eric Tenney addressed a standing room only crowd interested in learning about Antrim's early roads. In December, Martha Pinello presented a fascinating program about the Christmas traditions of New England. January featured a panel of three local residents, Nina Harding, Dawne Hugron and Thelma Nichols, discussing the diverse history of Antrim's churches. In February, Diane Chauncey led an engrossing discussion of the disasters that have struck Antrim.

April's program will be held on Sunday, April 15 and will feature "Sports Teams of Antrim," with speakers Don Paige, Ella Davies, and Rick Davis. Antrim has a distinctive history of athletics, fielding not only school teams but town teams as well. In the early 1900's, the Cuddihy boys dominated baseball in the region for many years. According to *Parades and Promenades*, "Regardless of the sport, one could be assured that if the Cuddihys were playing there would be tremendous thrills, wild excitement, great confrontation, and simulated injuries which were agonizing to behold." Come learn more about Antrim and its sports teams at the April meeting.

The topic for the May 20th meeting is "New Hampshire Cemeteries and Gravestones." Glenn Knoblock of Wolfeboro Falls, NH, will present rubbings, photographs, and slides to illustrate the rich variety of gravestones found in our own neighborhoods. These gravestones not only mark a grave. They also tell long-forgotten stories of the Great Awakening, the Throat Distemper epidemic, and the

American Revolution. Join us in May to find out more about these deeply personal works of art and the craftsmen who carved them.

Please watch for the new Historical Society brochure and for program announcements in the newspapers and on the town's website at www.antrim.nh.org. Historical Society programs are usually presented on the third Sunday of every month at the Presbyterian Church at 3 pm.

The Antrim Historical Society is dedicated to the preservation and understanding of Antrim's heritage. All those who are interested in Antrim's past and preserving its present are urged to join. Dues are \$10 a year. For more information about joining, please contact Diane Chauncey, Membership Chair, at 588-6785, Ext. 228. The Society depends on member dues and donations for its operating support. All of the Society's programs and meetings are open to the public without charge. ☞

PILATES AND GYROTONIC EXERCISES

Kim Stearns

The Limrik's Schatze and Peter Moore have suggested that we invite Antrim's Kim Stearns to describe these forms of exercise that she teaches in town. —Editor

Pilates? Gyrokinesis? No they aren't drinks or sandwiches, but forms of exercise. Where Pilates concentrates on core strengthening (core meaning the entire torso, front and back), Gyrokinesis can be thought of as the next level of Pilates with an emphasis on core strength, but more twisting, and diagonal movements.

My one-hour Pilates Class incorporates the typical Joseph Pilates moves and breath patterns of which there are hundreds of exercises (so the class is never the same) with a concentration on optimal rib, shoulder, hip, and spinal joint placements. Most of the class consists of lying on a mat with emphasis on deep abdominal, pelvic, and shoulder muscles. I offer many variations for people with particular problems, such as chronic neck pain, low back pain, and hip or shoulder pain. Many people are exercising or "moving" with malfunctions and misalignments they don't even know of. This can cause

pain, and sometimes the lack of awareness creates more problems than they had before they started exercising. Sometimes I suggest a shift in one's body position to get the greatest gain from a movement. Not only do we strengthen the body, but also stretch it. People usually leave the class with a balanced, taller feel to their bodies.

A one-hour Gyrokinesis class also has a particular set of exercises and breath patterns which emphasize a lift of the spine supported by the "core." The class begins seated on short stools or chairs so those with tight hamstrings or hips can relieve tightness and concentrate on the movements of the spine. While seated, we twist, forward-bend, arch, and side-bend the spine. After developing some strength and flexibility in the neck and back, we approach the tightness and weaknesses in the shoulders and hips. When the hips are a little freer, we lie on the floor and work with the sacrum and legs for more strength and flexibility. As you can see, each movement is done to help prepare for the next, and all the movements are done with continual rhythmical circular patterns, very much like your ordinary, everyday movements. Some say it is a pleasant combination of Tai Chi, Yoga, Swimming, and Dance.

Kim can be reached at 603-785-6016 and www.spyroboddy.com. ☞

Antrim Hills continued from page 16

nity. The Centor" on Meeting House Hill was "a spacious and beautiful common, and meeting house where religious services, town meeting and congregations of four hundred or five hundred were often gathered in the summer."

From 1777 through about 1827 this village contained eight or ten family homesteads, a small schoolhouse, a tavern—known as Christie Tavern—a blacksmith shop, various barns, and the meetinghouse. Over time the houses and barns disappeared and the cellar holes collapsed, leaving little trace of the busy and vital community.

Oh yes, and the old burying ground, still, and perhaps forever, a fitting memorial to those who preceded us on Meeting House Hill. ☞

built upon friendship and a bond that cannot be explained in words. Our coach, Mr. Baldwin, taught us to never give up, and we're proud of the fact that we worked hard right up until that last whistle was blown! Thanks Mr. Baldwin, the lessons you've taught us will never leave us!

On behalf of the Girl's Great Brook Bobcats, we would like to thank all of our supportive fans for sitting so long on those very hard bleachers and cheering us on. Also, we would like to give special thanks to our officials. GO BOBCATS!! And we hope to see you next year for another triumphant season!

TERESA KUCHINOS AND HER DOGS

You may have heard of the Westminster Kennel Club Dog Show. But, what you may have not heard of is The Combine Specialty. This show is held just days before the Westminster dog show (a.k.a. that big dog show on television every year). Over this past weekend, Theresa spent her very first year at The Combine Specialty at the Meadowlands Exposition Center.

She shows two different breeds of dogs, English Setters and Flat-Coated Retrievers. At this show she only showed one of her English Setters, Sarah.

While she was there, she went into the ring seven times and placed first in her veteran class. She also showed in her Junior Show class. Junior show is for children nine to eighteen. She is in a class where you have three or more first place wins. She placed first one time, fifth three times, second twice. She is very proud of her dog and herself.

WRESTLERS

We have three state champions and one 2nd place finisher gracing the halls of Great Brook School. All these young men wrestle for the ConVal Middle School Wrestling Team. Congratulations to Jesse Mitchell, State Champion, Chad Brouillet, State Champion and undefeated, Adam Smullen, State Champion, and Dan Smullen, 2nd place. All of these young men have qualified to wrestle in the first ever Middle School New England Tournament taking place on March 4th in Hudson, NH.

YOUTH HOCKEY

Three Great Brook Henniker Huskie Hockey Players, William Callif (defense), Hunter Joseph (offense), and Parker Wheeler (goalie) are on the road to victory. They have a record of 17 wins, one loss, and one tie in the Valley Hockey League Central Division and are currently in first place in the standings. Go Huskies!!!

EXCHANGE CITY

By Kat Nutter, Erica Slater, Haley Webber,
and Mrs. Blanchette

Have you ever had your eye on something special? Wanted it so bad you couldn't get it off your mind? Then you asked

yourself, "Do I really need it?" This is the starting point to a social studies simulation the sixth grade has kicked off for the fourth year. The simulation is called **Exchange City**. It is an economics unit teaching students about currency, trade, and the value of a dollar. Below is a writing piece describing the beginning stages of what happens in one of the sixth grade classes: *In Mrs. Blanchette's class we have been learning about what we need and what we want in life. We played this game that started with this scenario. We were going on a camping trip. We could bring anything we wanted. A truck was going to deliver it to us. So we made a list: TV, play stations, and rubber duckies. After, we found out that the truck had cancelled. We had to walk ten miles to get to our camping spot. We would also have to carry all of the items we brought. We crossed things off our list. We discovered that our list then became a list of what we needed and we had crossed off things that we thought would be fun (wants). After four weeks of delving further into economics, the sixth grade will travel to Portsmouth, NH to an "Exchange City" site. There, the students will be able to put their learning into action. They will hold real jobs, earn real paychecks, buy food and even pay off a bank loan. In the words of the students: "We will get to be like adults. We have jobs, get paid, and will spend money! It will be a lot of fun!* ☿

Recreation Dept continued from page 14

weights, GBS Cafeteria. To register call 831-1769; **YOGA:** Tues/Thurs 6pm, GBS Cafe; BYO mat; call 588-3457 to register; **CARDIO BOX & SCULPT:** Wednesdays 5:30-6:30; Antrim Town Gym; call 831-1769 to register; **PILATES:** Thursday 6-7pm Antrim Town Gym; call 478-1119 to register. **ADULT VOLLEYBALL:** pick up; Thursdays 7-9 pm Antrim Town Gym; **STEP AEROBICS:** Saturdays 8:30-9:30, Antrim Town Gym, steps provided. Call 831-1769 to register.

We anticipate a full summer season of programming. New programs this year will include ballet and Caeli dancing and a series of teen adventure trips. We will have Days of Summer camp for kids ages 5 through 14 from June 25th through August 17th. This will be a series of camp programs open daily Mon-Fri 8:30-3:30. We will have after-camp care available as well if there is enough interest.

Antrim In The Evening is starting to take shape for the 2007 summer season. The concerts will begin on June 27th, and go through August 22nd. There will be a great blend of music and family shows. If you would be interested in volunteering to help with this summer concert series, the community bus, or any of the recreation activities, please call us at 588-3121 or email us at antrinrekdir@tds.net.

ANTRIM RECREATION DEPARTMENT 588-3121 ☿

\$1.00 OFF
LARGE
1 or more
Topping
Pizza



~Rick~  *~Diane's,*
62 Main Street
Antrim, NH 03440
588-3388
BRICK OVEN PIZZA

Come, eat & enjoy !
Sunday 11am - 9pm
Tue.-Thur. 11am - 9pm
Fri. - Sat. 11am - 10pm
Closed Mondays

\$1.00 OFF
ANY
Seafood
Platter



 **NEW RECIPE, GREAT PIZZA** 

BIG BURGERS

Garden Salads

Home Made Onion Rings

Calzones

Ocean Fresh Seafood

**Hot Steak and Cheese
Subs**

SPICY BUFFALO WINGS

**Delicious
Deli Subs**

The Antrim Limrik
PO Box 30
Antrim, NH 03440

BULK RATE
US POSTAGE PAID
ANTRIM, NH 03440
PERMIT #56

POSTAL PATRON
ANTRIM, NH 03440