

## Stacking Wood



Young volunteers Waylon Hugron and Simon Beaumont help stack at The Grapevine's Community Wood Bank. Photo credit: Lisa Hennessy

## Antrim Sugarhouses

Charlie Levesque

It is estimated that over 1,200 maple syrup sugar houses dot the State of New Hampshire. There are a few large operations—Bascom's Sugar House in Acworth, which is also a sugaring supply house and syrup wholesaler—has nearly 100,000 taps. But most of NH's maple sugaring operations are small, with fewer than 1,000 taps. Except for the tiniest of operations, virtually all use plastic tubing to transport the clear sap from the maple tree to the gathering tank. A few still use buckets, but this is a time-consuming way of collecting as in yesteryear.

Maple season is in full swing here in Antrim in March and so we thought we'd ask the question—what about Antrim's sugar houses?

Antrim has at least five operational commercial sugar houses—meaning these sugar houses make maple syrup

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## NOTICE

**March 12 • Voting 8 am – 7 pm**

**March 14 • Town Meeting 7 pm**

LOCATION FOR BOTH: ANTRIM TOWN HALL

## My Sailing Adventure

Virginia Dickinson

My friends and family know I tend to be an anxious person. I do not enjoy trips by airplane nor am I fond of sailing. I particularly dislike being “rail meat.” Rail meat is when you all head for the side of the boat when sails capture the wind and you need extra weight on the side out of the water to keep the boat from capsizing. Our dear friends Liz and Bruce love to sail. Bruce in particular loves to take us out sailing and heel the boat over so that he can really enjoy the thrill of the sail. I go along but am a nervous Nellie when the wind picks up and Bruce gets that twinkle in his eye that we are in for a thrill. I love Liz and Bruce dearly but the sailing, not so much.

I was a little jealous when my sister Amanda announced that she was asked to crew on Liz and Bruce's forty-two foot catamaran the *Que Sera Sera* when they sailed from Port Jefferson, New York, to Saint Augustine, Florida. When I asked Liz and Bruce why they didn't ask me to go along, they said they knew I was not a fan of sailing but they would be thrilled if I wanted to join them. They informed me they were hiring a captain to assist. Bruce is a life-long sailor, but fairly new at sailing a catamaran. They needed two really experienced sailors to safely move the boat. My first thought was I couldn't go since I couldn't leave my clients in the lurch for two weeks. But no deadlines loomed that last week of October and first week of November and my clients were happy to hear I was off on an adventure. I called Liz back to say I would join them, and knowing that if I slept on it I would chicken out, I booked my return flight from Florida that night. Gar me mateys—the trip was on!

Liz sent me a list of what I would need—long underwear, sweaters, rain gear, short boat boots with rubber soles that

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## Limrik Staff

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### — SUBSCRIPTIONS —

Subscriptions are available at \$15 per year. Please make checks payable to the Antrim Limrik and mail order to:

Subscriptions  
Antrim Limrik  
PO Box 84  
Antrim, NH 03440

### — ADVERTISING RATES —

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Business Card size	\$30 per issue

or \$100 for 4 issues

Advertising copy is due February 10, May 10, August 10, and November 10. Ad content is subject to approval by the Managing Editor and the Business Manager. For more information and specifications on sizes, contact Ral Burgess at: 588-6650 or [business@antrimlimrik.org](mailto:business@antrimlimrik.org).

### — SUBMISSIONS —

*The Limrik* welcomes submissions of articles, drawings, photographs, news and calendar items by, for and about the people of Antrim. Submission deadlines are February 10, May 10, August 10, and November 10. Submissions should be no more than 1500 words in length and should be submitted in digital form as a Microsoft Word-compatible document attached to an email. Submissions should be sent by email to Joan Gorga at: [editor@antrimlimrik.org](mailto:editor@antrimlimrik.org). Call 588-2569 for more information or to discuss ideas.

### — LETTERS TO THE EDITOR —

*The Limrik* accepts letters to the editor of maximum length of 250 words. Publication is subject to the Editor's discretion. Email letters to Joan Gorga at: [editor@antrimlimrik.org](mailto:editor@antrimlimrik.org).

### — WEBSITE —

[www.antrimlimrik.org](http://www.antrimlimrik.org)

## Antrim Eclectic Book Club

SPONSORED BY THE ANTRIM AREA SENIOR CENTER

Steve Ullman, Coordinator

Despite chatter about "the death of print," the fundamental reality is that storytelling (around since caveman days) will never die and that novels are a compelling channel for conveying them. Please experience the joy of consuming the most important novels ever written in English in the company of your fellow Antrim readers.

Here is the Book Club schedule for the first part of the 2019 reading year. We meet at the Antrim First Presbyterian Church between 11 a.m. and noon on the dates indicated below. Please join us for fun, informal discussions. Free copies of the books listed below will be available at the Tuttle Library.

Contact Steve Ullman for more information (588-2005 or [stephenhullman@gmail.com](mailto:stephenhullman@gmail.com)).

April 18	Booth Tarkington	<i>Magnificent Ambersons</i>
May 16	Henry James	<i>The Wings of the Dove</i>
June 20	Edith Wharton	<i>House of Mirth</i>
July 18	Ernest Hemingway	<i>A Farewell to Arms</i>



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## Candidates for Town Offices

Town elections will be held on Tuesday, March 12, upstairs at Town Hall. Candidates for Town offices were given the opportunity to submit short statements introducing themselves and summarizing their motivation for running. If you have not stepped up to put your name on the ballot to serve Antrim in one of these capacities, how about considering accepting one of the many available volunteer or appointed positions around town?

### SELECTBOARD

*3-year term, 1 open position*

#### Robert L Edwards

As I reflect on my first term on the Select Board, I first must thank the competent support team at the Town Hall who confront and resolve the multiple challenges presented each day and who have helped me with my learning curve with becoming a Selectman.

My purpose for seeking a second term is so we can continue to work together to determine how best to address the 21<sup>st</sup> Century challenges of municipal management. They include how best to manage the fiscal affairs of our Town, understand federal and state legislation that will continue to impact our Town's financial position and to contribute our ideas and participation in the School District's fiscal and budgeting process.

During my first term I was fortunate to be able to serve on the NH Assessing Standards Board (ASB) Subcommittee that developed advisory assessing guidelines relevant to PUC regulated NH Utilities such as PSNH and Unitil to help standardize how assessments will be determined in the future in the spirit of mutual fairness and to help avoid long and expensive litigation. Our suggestions, although modified by the Commission, have worked their way into House Bill 700. If passed, the results will impact Antrim's future revenues.

I also served on the NH Municipal Association's Finance & Revenue Committee that discussed, modified and formulated legislative suggestions affecting municipal revenues.

I believe Antrim is facing financial pressure from utility assessments, state and federal funding reductions that are directly and indirectly impacting our Town through reduced aid from Room and Meals tax revenue, revenue and cost sharing, infrastructure aid and the lack of education funding support.

I would like to serve a second term so that together we can continue to develop responsible municipal governance through proactive planning and sound financial management principles.

Thank you.

### CEMETERY TRUSTEE

*3-year term, 1 open position*

#### John Destromp

I would like to introduce myself to the Town of Antrim. My name is John Destromp, and I will be running for the 3 year position on the Cemetery Trustees. I recently moved to Antrim with my wife, Ashley Brudnick-Destromp, and we have two children, Levon and Olivia. I am a retired combat veteran after serving 11 years in the United States Army. I am a member of the Antrim Historical Society, and love being in this town. History is very important to me, and is also my favorite subject. Our cemeteries coincide with our town's history, as well as a great responsibility to our residents who pass and to the residents who have lost a loved one. The care of our cemeteries, preservation, and protection will be my utmost priority. Thank you all so very much, Antrim is a beautiful prideful town filled with amazing residents.

*2-year term, 1 open position*

#### Sarah Burt

I have lived in Antrim for about 15 years now. It's such a good time now, in my life, to run for 2 positions on different committees for the town, as a resident. The second position I so look forward to helping with is the Cemetery Committee. This will be entirely new to me, and I have no experience on any cemetery committee! However, it fascinates me, the locations, the names, the history, all of which corresponds with my love of libraries and information. Antrim is rich in history, I love living here, and now have energy and time to help and to give back to Antrim.

*1-year term, 1 open position*

#### Martha Pinello

I am standing for election as Cemetery Trustee, the one-year term. This position involves assisting families seeking burial plots in the town cemeteries open for new interments, recording graves and working with the Highway and Public Works Department for the cemetery upkeep. I have hosted tours of Antrim's cemeteries and worked with middle-school aged children to match historic church records and grave stones at the Meeting House Cemetery. As an archaeologist, I have documented cemeteries and graveyards (private burial grounds) for restoration and provided input for the 1994 revision of NH burial and cemetery laws.

### Free Community Suppers

**March 21 • April 18 • May 16**

**5:30 PM**

**First Presbyterian Church, 73 Main St, Antrim**

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**SUPERVISOR OF THE CHECKLIST**

**3-year term, 1 open position**

**Dawne Hugron**

My name is Dawne D. Hugron. I am running for the position of Supervisor of the Checklist, for a 3 year term. Antrim is my home town. I graduated from Antrim High School. I'm a Retired Licensed Practical Nurse, a member of Antrim Grange # 98, and one of the founding members of the Antrim and Bennington Food Pantry. I enjoy meeting people and believe in giving back to our community that I grew up in. Thank you.

**1-year term, 1 open position**

**Margaret C Warner**

(See write-up under Library Trustee position.)

**LIBRARY TRUSTEE**

**3-year term, 2 open positions**

**Doris (Shelley) Nelkens**

My name is Doris (Shelley) Nelkens. My family moved from Francetown to Antrim in 1976. My library card number was 53, so I've obviously witnessed the changes, both positive and not, Tuttle Library has undergone in the past.



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As a fiscal conservative, writer, voracious reader with eclectic taste and wide ranging educational background (the HS of Music and Art majoring in Art, a Bachelor of Science in Biology and Chemistry from CCNY, a Master of Arts in Education from NYU, studies in Medical Physiology at Columbia Presbyterian College of Physicians & Surgeons, and Plant Ecology at the University of Missouri), permanent certification from NY state to teach Nursery through 6<sup>th</sup> grade, all subject areas and 7<sup>th</sup>–12<sup>th</sup> grade biology, chemistry and general science and decades of involvement locally and nationally in social, environmental and economic issues, my input, as a representative of Antrim's citizens on the Library Board of Trustees may just prove invaluable.

**Stephen Ullman**

I am once again a candidate for Library Trustee primarily because of my rewarding, nearly seventy-year relationship with the Tuttle Library and its staff.

In 1950s, Antrim kids did not have cell phones, video-games, or other "essential" forms of entertainment. Besides baseball and swimming at the old public beach, how did we amuse ourselves during the summer?

For the four Ullman brothers, there was the Tuttle library. Under the influence of Tuttle librarians (and especially Clara Pratt, Ben's Mom), we developed a love of reading which propelled us through the college teaching careers we all chose.

In the 1980's and 1990's, Izi Nichols persuaded my sons to read books (not an easy task in the era of Gameboys). More recently, Kathy Chisholm and Cynthia Jewett have made Tuttle so hospitable that our youngest grandson calls the Library "Finney's bookstore."

Owing to my gratitude to Tuttle, I commit myself to furthering the significant advances we Trustees have made over the past six years.

**Richard (Rick) Wood**

I'm Rick Wood, running for Library Trustee, and have lived for the past 27 years with my wife and 2 daughters in Antrim. With my oldest daughter now living in Austin TX and youngest a 2<sup>nd</sup> year student at Plymouth State, I've found myself with the opportunity to give back to the community that has provided my family great place to live.

My family has taken advantages of the Tuttle Library services since the day we moved to Antrim. Over time I've seen an increase on the breadth of services, most of these services are traditional, common to any library, but I've seen an increase of digital and computer services that helps fill needs in areas not as common. For the past 28 years I've worked for PC Connection, Inc originally out of Marlow NH and with my computer background, I look forward in seeing if we can expand services.

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## Selectboard Report

John Robertson

2018 has come and gone and as we look back, it was a very good year. Town accomplishments include the rebuilding of Pierce Lake Road, the finishing of Gregg Lake Road, and the completion of the Highland Avenue and Pleasant Street water drainage and road reconstruction project.

The 2019 budget is now complete after several months of work. This year's budget is nearly level compared to last year's. Warrant articles of note include a new highway truck, a large culvert under Pleasant Street, a small bridge on Hilton Avenue, new breathing equipment for the Fire Department, and additions to the Capital Reserve Funds. The budget hearing was held February 11<sup>th</sup>.

Updates as of this writing include ongoing progress on the wind farm, where an August 30, 2019 commercial operation date is projected, and the conditional approval of a new cell tower off Loveren Mill Road near the Windsor town line. Once in service, the tower will provide needed cell coverage between North Branch and Stoddard.

There are so many job opportunities in New Hampshire that the Town has found it challenging to attract qualified candidates to fill open positions in the Highway Department. Sometimes this strains the department resources but they have done a fantastic job, especially during the inclement weather we've experienced lately.

The firm of Commerford, Nieder & Perkins completed the town revaluation in 2018. The State of New Hampshire requires that towns update their property values every five years. The goal is to be sure that properties are correctly valued so that no one is over taxed or under taxed. The new assessments were reflected on your December tax bill. As a whole, the town assessments rose approximately 10%.

We look forward to a successful and prosperous 2019 for all. Please come out to vote March 12<sup>th</sup> and to participate in Town Meeting on March 14<sup>th</sup>. This year Town Meeting will be upstairs at Town Hall. ♣

## Antrim Police Department

Chief Scott R. Lester

In fall of 2018 the Antrim Police Department continued to struggle with staffing issues. As you may be aware by now, our long-time administrative assistant had resigned effective October 12, 2018. We were able to combine this position with the Prosecutor's secretary position. Sophie Beausoleil had been the prosecutor's secretary since 2008 and had previously held the police department's administrative assistant position from 2008 through 2011, and never lost familiarity with our department's operations. There was no increase in benefits; the position has less accrued vacation and better management/utilization of resources. This merger was a cost savings for both departments and has been working out great. We are all very pleased to be working closely with Mrs. Beausoleil again. Sophie and Michael live locally and are committed employees who enjoy their work and family adventures.



We also lost Ofc. Guinard in November but were quickly able to fill his position with an experienced and certified officer—John Blake of Bow, NH. Ofc. Blake was working in Weare, NH, as a full-time officer when he became aware of our opening and expressed interest in our agency. Ofc. Blake and I spoke several times throughout the hiring process and after meeting all requirements, we were very fortunate to provide him a conditional offer, which he graciously accepted. Ofc. Blake is a highly trained, full-time certified officer with six years of experience. He is a former Alexandria, VA, police officer who moved to New Hampshire in 2017 with his wife to be closer to family. Ofc. Blake is focused on community and excels in the areas of technology, which is becoming more and more necessary in our field.



Please stop in and meet our new staff members. ♣

**LIBRARY TRUSTEE (continued)**  
**2-year term, 1 open position**

**Sarah Burt**

I've completed over 35 years working as a professional librarian or media specialist in a variety of libraries. I began my career in Cambridge, MA, at MIT as an assistant music librarian. I completed my library professional time working in NH public schools as a library media specialist in area towns. My goal was always to have information and material in all formats, print and non-print, available to everyone on an equal basis. Technology advances have made this so important, and possible. But the goal for me remained reliable and fair access. I now use the library regularly, often from home using 'databases' the library provides, reading fiction and non-fiction online books, etc. Or, what I love, is to simply walk over to the library and find the newspaper, but more especially the wide collection of current periodicals the library now provides for us! And, in turn, I've often found it a 'social' spot where I can talk about articles in the paper or magazines with others in the reading area. I love the Christmas Tree festival and its community focus; I love the mini-concerts. I have just always loved libraries.

**Victor Rosansky**

My wife, Lynne, and I have owned the Uplands Inn for over 30 years. We are very active in community activities. However, one resource I see that can provide additional value to the town is the library. Libraries should not be defined by the "Shhhhh - Quiet" phenomenon that existed when I grew up. In today's world, technology is changing the way we connect and thereby get along or not, with one another. Conversation and communication are becoming more critical than ever. Yes, the Library can help. While it is a resource for books, media and knowledge, it offers new potential by using its many spaces to encourage the 4 C's: *critical thinking, collaboration, communication, and creativity*. Talking and noisiness attracts kids. As a trustee, I will work to build on the library's ongoing successes and making it a place for connecting kids to each other and the community.

**Margaret C Warner**

My roots in Antrim run deep. I graduated from Antrim High School in 1958, and with parents and extended family remaining here, never lost touch before retiring back here in 2006. The Tuttle Library was an important part of my youth, and as a retired academic librarian it made sense to get on the Board of Trustees.

As a Board member since 2007, I have the longest term of involvement. We are now moving toward a newer membership, which is altogether appropriate in our evolving

times, when we need trustees with more understanding of new technologies, the interests of the younger generation, and the understanding that the nature of library services is changing while at the same time retaining the basic goals. I am running for a two-year term as a bridge between experience of past history of the Library and a vision of development for the future.

**LIBRARY TRUSTEE**  
**1-year term, 1 open position**

**Nancy Blair**

As a child I spent more time in the town library than any other place in my community. As a retired teacher, I often thought that working in a library would be something that would really be fulfilling. As a 30+ year Antrim resident I have come to love our library. It is a warm and welcoming place with our wonderful librarians always making me feel very happy that I stopped in. There are so many exciting things happening there these days for all ages. The library has really become a focal point for our community. I would be honored to be chosen as a library trustee and do my part to help this fine institution continue to flourish and grow.

**PLANNING BOARD**  
**3-year term, 2 open positions**

**John Anderson**

I am a lifelong resident of this amazing town and my family has been here for generations before me. After serving seven years in the US Navy, my wife and I returned to Antrim because there's nowhere else we'd want to raise our four daughters. I believe in this community and what we can accomplish together. About five years ago I founded Ragdoll Animation Studio. My studio specializes in product visualization for medical device companies and forensic animation for litigation. Our work has been used in more than forty criminal cases from California to Maine.

My interest in serving on the planning board is to help create a vision for Antrim that is favorable to small business. We live in a time when employees often work from home and business is done over the internet rather than in person. Antrim has high speed connectivity which has been essential in building my own business. I believe we can work together to help entrepreneurs succeed through education, programming and communication. When local businesses succeed, that's good for all of us.

I would encourage anyone with questions or comments to email me at [john@ragdollanimation.com](mailto:john@ragdollanimation.com) or call 603-808-0134.

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## 100 Dozen Cookies

Kristy Boulé

Antrim's Festival of Trees had another fabulous season thanks to the support of the community, the creativity of the participants and the cheerful support of the Tuttle Library staff and Trustees. Our dedicated volunteers put in hundreds of hours to craft displays and organize events. We had visitors from all over the state and region (Keene, Hillsborough, Peterborough, Rindge, Hookset, Manchester, Londonderry, Sandown, New London and several from further afield like San Francisco, Charlotte, NC, Boston, NYC and more! It's exciting to read through the guest book to see where folks are from and read their comments. Our event is truly unique and admired!

The special events were very well attended: Open House brought close to 700 visitors throughout the day, with another 100+ for the Community Tree Lighting and Visit with Santa. Ray Sweeney entertained masterfully on piano throughout the morning, with magical interludes by Dean Proctor. The fabulous Bob Baker kept toes tapping midday and The Carolsome Caugheys brought the holiday cheer to the afternoon. The Community Carolers performed rousing holiday renditions while more than 125 people, big and small, waited for Santa's arrival, courtesy of the Antrim Fire Department. The Saturday evening Meet-the-Artist night was a wonderfully full house with a special performance by Jibe Man Co. The fabulous performance by the Village Ringers of Hancock saw a very full house on a Wednesday evening!

Voting for Favorites continued to be wildly popular and resulted in many awards for participants including several in the new Kid's Creation Category! The Gilded Tree was awarded to Lulu Boulé for Mad Hatter's Christmas Tea Party. The stunning "Festival Pines" Raffle Quilt was won by Connie Cody. A record number of people met the challenge of completing the Scavenger Hunt, coming back for new challenges throughout the season.

Planning has already begun for next year! Special things are being planned to celebrate the Festival's 10<sup>th</sup> season. We

hope to celebrate trees of the past and challenge participants to their most creative year yet! New Committee members are welcome: there are jobs that can be done from home, as well as individual projects! The Committee meets at the Library the 4<sup>th</sup> Thursday of the month at 6:30 p.m.

Special thanks to Rick Wood, the Antrim Fire Department, Gordon Webber and Patten Hill Farm, Merl Vanderwort, the Monadnock Quilters' Guild, Anne Putnam, Melissa Lawless, Laurie Cass-Griggs and Cynthia Jewett, Michelle and George Caughey and the awesome Community Carolers. The committee is enormously grateful to the many supporters who bought raffle tickets or made a donation to this self-supporting event.

Did you know that the Festival goes through more than 100 dozen cookies on Open House day alone?! Heartfelt appreciation to the many, many bakers who kept us supplied all season and to the Antrim Grange, which provides decorated cookies for the Community Tree Lighting.

Together, we all make our community sparkle! ♣

## Antrim Scholarship Committee Announcement

Pam Bagloe

The scholarship application deadline is May 1<sup>st</sup>. Application forms are available through the ConVal High School guidance office, at the Town Office, and online at the town website. Completed applications and supporting material must be delivered to the Antrim Town Office by May 1<sup>st</sup>. ♣

Thanks go out to Marguerite Roberts and Karen Weisswange for faithfully delivering *The Limrik* to sites all over town every quarter.

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**PLANNING BOARD (continued)**

**3-year term, 2 open positions**

**William K Fluhr**

My name is Bill Fluhr, and I am running for a seat on the Planning Board. I have been a resident of Antrim for the past 17 years and enjoy this community with my wife, Kris. I am a Home Inspector and have spent over 30 years in the construction trades in Southern NH. I have experience and knowledge of all aspects of home building and the planning process. I would like to use this experience to help to bring smart growth to our town and ensuring adherence to wishes of the citizens of Antrim.

My objective in running for a seat on the planning board is to be able to help the community that I call home. I would like the opportunity to serve the community of Antrim and provide a fresh perspective to pioneer the inevitable growth without losing the values and character that we all appreciate and want to remain in our town. I would appreciate your vote on March 12.

**Mark D Murdough**

When deciding upon a “home” a multitude of factors are considered. In 2005 my wife and I weighed each of these to determine where to settle and raise our family. Raised in Hillsboro and familiar with our neighboring community, Antrim made an ideal choice. Over the last thirteen years of my residency I have taken a more active role in the community, partnering with the Antrim 2020 Program, Small Business initiative, Avenue A Game Club and Home and Harvest VR/Nerf Competition.

You may be wondering what do I offer to this role?

- BS in Criminal Justice, civilian experience with both state and local police departments.
- Seventeen years of project management in complicated systems and problem solving for a large financial institution.
- Commitment to preserving the town’s history and yet welcome new growth while maintaining the character of the town.
- Interest in bringing the untapped talent and potential to the forefront to enrich our community. Recognition of the need for promoting economic vitality and entrepreneurship.
- Unwavering support for local businesses and nurture the new.

If elected I would strive to bring an open minded view and approach to making Antrim a “home” for future residents.

Thank you for this opportunity.

**2-year term, 1 open position**

**Neal Pattison**

I am running for Planning Board Member because I am looking to be a larger part of our small community. After being part of the Antrim 2020 project it gave me a sense that there is a large part of our community that is looking for a voice within our own community. I believe my perspective may give a critical eye and enable our great town to have some growth while maintaining its New England Charm that I have grown to love in the short 7 years our Family has been here. I look forward to serving as your new planning board member as the board is in this period of transition and I thank you for your Vote!

**Jeff Wilson**

(No write-up submitted.)

**WATER & SEWER COMMISSIONER**

**3-year term, 1 open position**

**Jeffrey Barsanti**

(No write-up submitted.)

**Peter Beblowski**

I am running for Water and Sewer Commissioner. I have lived in town for over 30 years. Recently, I retired as a groundwater permit coordinator at the NH Department of Environmental Services, a position I held for 18 plus years. I believe providing safe drinking water and sewage disposal in the district are the mandate of the commission. The knowledge and experience I gained as a professional engineering geologist/hydrogeologist over the past 40 years may be useful to the commission as it moves forward with assessing and systematically replacing its aging infrastructure. In order to accomplish this, careful planning, strategic funding and an understanding of the state and federal environmental requirements will be required to accomplish the commission’s mandate and not overburden the system users and taxpayers.

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**TRUSTEE OF THE TRUST FUNDS**

**3-year term, 1 open position**

**William Bryk**

I've been a lawyer for 29 years. I occasionally contribute essays to *The Limrik* and other publications. As a court-appointed guardian of an incapacitated person, I've been a bonded fiduciary for the last 12 years. In the working world, I served as a trustee of my union's benefit funds. I've read the state's *Handbook for Trustees of Trust Funds, Cemetery Trustees, Library Trustees*. As has been the case throughout my professional life, I recognize that I have a good deal to learn. I'm willing to learn it. Moreover, I believe my experience is relevant to the job. I look forward to serving my friends and neighbors in this office.

**Sarah W Edwards**

I am seeking your vote as a Trustee of Trust Funds for the town of Antrim. As sixth generation Antrim native and lifelong resident I am committed to Antrim. I received my BA in Economics from Bates College. I am married to Bob Edwards and we have twin sons, Joe and Jesse, I am the Clerk of the Session of The First Presbyterian Church of Antrim. My employment history includes Peterborough Savings Bank, Millard Group and currently Antrim Elementary School. I believe in Antrim, I am fiscally conservative, and I recognize the tremendous responsibility and how important the Trust Funds are to Antrim. I believe I would be a good steward of the funds and a positive addition to the Trustee of Trust Funds Committee. Thank you and I would welcome your vote on March 12. Thank you.

**SCHOOL BOARD**

**3-year term, 1 open position**

**Rich Cahoon**

For the past six years, it has been a privilege to represent Antrim on the ConVal School Board. I am running for a third term, and ask for your support.

ConVal faces many challenges over the next several years. Education funding from the state continues to decline, while local costs inevitably rise. Long-simmering controversies about the structure of the district and its funding formula are not settled, and may intensify. There will be difficult decisions to be made, and we will need to make them together.

Antrim's support for public education has been a source of pride to your School Board representatives, and comfort to Conval's administration. Several times, the margin of votes that passed our budget came from Antrim. If we continue to come together to support our students and teachers, they will do great things.



**Solar Petition Warrant Article**

Lucille Lacombe

A group of Antrim residents have put forward a petition warrant article for this year's town meeting which, if approved, will exempt solar panels from the tax assessment of their property. The petition has 65 signatures supporting the idea.

New Hampshire State RSAs 72:61-64 provide for an optional property tax exemption from the property's assessed value, for property tax purposes, for people owning real property which is equipped with a solar energy system, intended for use at the immediate site. This means all New Hampshire towns have the option to provide this exemption to their residents. Currently 135 municipalities have solar exemptions in place, with the majority offering an exemption for 100% of the assessed value of the solar system. (See <https://www.nh.gov/osi/energy/saving-energy/documents/dra-solar-exemption-report.pdf>.) The RSAs were adopted to encourage folks to consider alternative energy, which in turn reduces electric bills and usage of fossil fuels. It lets residents go green without the additional cost of a tax increase. Since clean solar energy creates no tax burden for the town, there is no loss to the tax base.

On March 14<sup>th</sup> at our Town Meeting, let Antrim join the other municipalities that have already adopted this state-approved tax exemption. For those of us who already have solar and those who have an interest in going solar, we ask for the support of our neighbors with a yes vote on this article. Thank you. ♣

**CORRECTION**

In the December *Limrik*, in my "Antrim's Causeway" story beginning on page 9, I wrote that many loads of sand were imported to make the "new" public beach. Those who were actively involved in the huge project say that there was a natural sandy beach there, and the bulk of the material used to build up The Point was dredged up from the bottom, not trucked in. *Mea culpa*.

— Joan Gorga

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Harrisville, NH 03450 continued on page 10

and/or other maple products and sell them to the public. There are other “backyard” producers who annually make a few quarts or gallons for mostly personal use, but we won’t be covering those in this article. Marshall Gale, our Fire Chief, is one such maker, and there are others.

*Disclaimer — we’ve done our best to find all the commercial maple producers in Antrim but if we missed your operation, we apologize. Let us know who you are and we will make mention in the next Limrik.*

### Cap and Sap Sugar House

Gene Willett started sugaring in the early 1990s. He learned the trade at a sugarhouse in Vermont that had two evaporators. Around 1994, when he lived on Old Hancock Road, Gene and Ricky Sudsbury started a sugarhouse using an old ice-fishing bobhouse. Shortly after that he built a sugarhouse on Buttercup Lane. Then, in 2000, he built the sugar house on Turner Hill Road on the property where he lives today. It has been added to since. He bought a new wood-

ous. At the beginning, they started with pots and a fire and a propane burner finisher. They then graduated to a real 18-inch by 4-foot evaporator and have 400 or so taps, all on



fired evaporator in 2009 and he has installed a new oil-fired evaporator for the 2019 sugaring season. In 2018 Gene had about 900 taps all on a vacuum system (an electric pump helps suck the sap from the trees). Gene says that sugaring is his “bass-boat.” He loves making syrup. They sell syrup from the sugar house.

Location: 34 Turner Hill Road

Phone: 603-731-5128

Maple Weekend (March 23-24): Will be open on Sunday, March 24, for pancake breakfast from 7-11 a.m. Call for other times.

### Chris-Mich 3 Farm

Bernadette and Ernest Todd began making maple syrup around 2012. They really started doing it for the grandkids and family and got bit by the maple bug and got more seri-

ous. At the beginning, they started with pots and a fire and a propane burner finisher. They then graduated to a real 18-inch by 4-foot evaporator and have 400 or so taps, all on

Location: 285 Elm Ave

Phone: 603-588-2157

Maple Weekend (March 23-24): Will be open for visits from 9-5 each day (and you can drop by any day in March—they’ll be there).

Check out Chris-Mich 3 Farm on Facebook and at the NH Maple Producers Association website at [nhmapleproducers.com](http://nhmapleproducers.com).

### Old Pound Road Sugar House

Charlie Levesque is no stranger to trees. He has been a forester for almost forty years. He has been making maple



## Antrim Sugarhouses

syrup for well over thirty years, first for others and then starting in the backyard when his family lived in Deering. They continued the backyard tradition until 2003 when a full-sized evaporator was purchased and a sugar house was built in Antrim. Charlie and his son Galen Kilbride run Old Pound Road Sugar House. His other son, Ben, sometimes helps with tapping, too. They have between 700 and 800 taps, some of which are on their Old Pound Road property, some on Galen's property on Smith Road and the rest on neighbors' lands in between. They make and sell syrup, candy and maple cream from the sugar house and sell all year. They usually make between seventy and one hundred gallons of syrup each year, depending on the season. They love having visitors when they are boiling.

Location: 37 Old Pound Road

Phone: 603-588-3272

Maple Weekend (March 23-24): Will be open for visits from 10-4 each day (for other days and times in March, call or e-mail at [levesque@inrslc.com](mailto:levesque@inrslc.com)).

Check Old Pound Road Sugar House out at [www.oldpoundroadsugarhouse.com](http://www.oldpoundroadsugarhouse.com) and at the NH Maple Producers Association website at [nhmapleproducers.com](http://nhmapleproducers.com).

### Patten Hill Farm

Gordon Webber started making maple syrup way back when he was a child at the Newhall's—where the Rymes gas tanks now sit on Route 202. The Newhalls had a gas station there. Gordon and his brothers eventually started making syrup in the driveway in the 1970s at their parents' farm—Patten Hill Farm on Old Hancock Road. They used buckets and whatever they could find to boil it down. The



current sugar house was built in 2008 and is also on Old Hancock Road across from the farm buildings. They have about 800 taps up the hill behind the sugar house and they also still hang buckets around the farm buildings. The Webbers' sugar house is open if you see them boiling whether during Maple Weekend or other times. They sell syrup right out of the sugar house.

Location: 133 West Street

Phone: 603-588-2122

Maple Weekend (March 23-24): Open if they have sap to boil. Other dates—just call.

### Redneck Sugarhouse

David Belliveau began sugaring about eight years ago. Some friends he knows in Antrim and Lyndeborough got him interested in it. David started with empty milk jugs on trees around the house and used a turkey cooker to boil the



sap to make his syrup. In 2014, he bought a real 2-foot by 6-foot syrup evaporator, and tapped about 100 trees that first year with the evaporator. Redneck Sugarhouse now has about 200 taps, but he would like to get to 400 taps some day. Belliveau sells syrup from the sugarhouse.

Location: 30 Pleasant Street

Phone: 603-440-9511

Maple Weekend (March 23-24): Will be open for visits from at least 10-2 each day.

Check Redneck Sugarhouse out on Facebook and at the NH Maple Producers Association website at [nhmapleproducers.com](http://nhmapleproducers.com).

So get out to an Antrim sugar house in March, especially during NH Maple Weekend on Saturday, March 23, and Sunday, March 24. There is nothing like being in a sugar house when sap is boiling!

Charlie Levesque can be reached at 603-588-3272 or [levesque@inrslc.com](mailto:levesque@inrslc.com). ♣

## Antrim Recreation

Celeste Lunetta, Recreation Director

We are looking forward to the Spring and Summer of 2019! At Antrim Recreation, we work to create opportunities for people of all ages and abilities, provide programs for many interests, serve as stewards for our indoor and outdoor facilities and find resources to provide safe, inclusive and fun opportunities for the people of Antrim.

We love reaching out to the community through the *Limrik*. This publication is a vital thread in our community, and we are grateful to the people who work to keep it coming to us each quarter. Many of our programs are finalized after the regular deadline for print, so we ask you to please watch for our press releases in the weekly papers, as well as our bulletin board at Town Hall, and on the town website. We are planning spring programs of after-school bowling, swimming, and lacrosse, as well as some fun trips to Boston, the White Mountains, the Seacoast and more.

Currently, we have several regular programs to offer opportunities for people to get out and be active. Zumba (both high and low impact) is at the Town Gym every Monday and Wednesday evening; we also have Pound class on Wednesdays. Yoga is at Town Hall every Tuesday evening. Pick-up basketball for adults is on Sundays at 7 p.m. We show free movies at Antrim Town Hall on the third Saturday of each month through June.

**Youth Softball:** Antrim Recreation runs Softball programs for kids ages 7 through 12. We are members of the Monadnock Youth Softball League. Weekly pitching clinics with Rick Davis start on Tuesday March 5, 6 to 7 p.m., for girls ages 8 and older. On Wednesday, March 6, we are having a super-fun softball-themed dance party at the Town gym, right after school, 3:30 to 4:30, for girls ages 6 through 12 who are interested in joining our program. Finally, our league is hosting a clinic with college athletes on Saturday, March 16, 9 a.m. to noon; final details are still pending for this opportunity—please check our website at [www.antrimnh.org](http://www.antrimnh.org). The registration deadline for the softball league is Friday, March 22, but we ask players to register ASAP so we can start planning ahead for a great season. The season runs from the end of April through the third week of June.

**Youth Baseball:** Antrim Recreation hosts baseball programs and teams for kids in T-Ball through Cal Ripken Majors (5 to 12 years old). Preseason clinics for kids ages 9 to 12 are on Sundays at the Antrim Town Gym at 3:30. Baseball registrations are due by Friday, March 22.

Umpires are needed for the baseball and softball games. We are looking for adults who understand the game and want to give back to the community. Games that need umpires are typically played on Mondays, Tuesdays, Thursdays and some Saturday mornings. If you are looking for a way

 —continued on page 24

## Where Have All the Crosswalks Gone?

Joan Gorga, with apologies to Pete Seeger  
Sing to the tune of “*Where Have All the Flowers Gone*”

Where have all the crosswalks gone?  
Cars come racing.  
Where have all the crosswalks gone?  
Trucks roar on through.  
Where have all the crosswalks gone?  
They’re gone on Main Street every one.  
How can we cross Main Street?  
Right in the heart of our town.

Where have all the potholes gone?  
Gone on Main Street.  
Where have all the potholes gone?  
It’s faster now.  
Where have all the potholes gone?  
Filled to make a thoroughfare.  
How can we cross Main Street?  
Right through the heart of our town.

Where have all the people gone?  
Can’t walk through our town.  
Where have all the people gone?  
Can’t cross Main Street.  
Where have all the people gone?  
They’re scared of traffic every one.  
How can we cross Main Street?  
It’s in the heart of our town.

Where have all the crosswalks gone?  
Disappeared before our eyes.  
Where have all the crosswalks gone?  
It’s dangerous.  
Where have all the crosswalks gone?  
They’re gone on Main Street every one.  
How can we cross Main Street?  
How will we save our town?



Main Street  
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Antrim, NH 03440

Ofc: 603-588-2130  
Fax: 603-588-3036

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## Tuttle Library News

Laurie Cass-Griggs, Cindy Jewett, Melissa Lawless and Ann Putnam

### PROGRAMS

<b>March 5</b> , Tue, 6:30 p.m.	Writers Group
<b>March 7</b> , Thu, 6:30–8 p.m.	Shakespeare Club
<b>March 14</b> , Thu, 6 p.m.	Library Closing Early for Town Meeting
<b>Mid-March</b>	Seed Sharing Program
<b>March 19</b> , Tue, 6 p.m.	Cozy Mystery Cookbook Club
<b>April 4</b> , Thu, 2:30 p.m.	Thursday Film Series
<b>April 4</b> , Thu, 6:30–8 p.m.	Shakespeare Club
<b>April 11</b> , Thu, 2:30 p.m.	Thursday Film Series
<b>April 16</b> , Tue, 6 p.m.	Cozy Mystery Cookbook Club
<b>April 18</b> , Thu, 2:30 p.m.	Thursday Film Series
<b>April 25</b> , Thu, 2:30 p.m.	Thursday Film Series
<b>April 27</b> , Sat, 1 p.m.	12,000 Years Ago in the Granite State
<b>May 2</b> , Thu, 6:30–8 p.m.	Shakespeare Club
<b>May 11</b> , Sat, 11–2 p.m.	Mother's Day Gift Making!
<b>May 14</b> , Tue, 6 p.m.	Cozy Mystery Cookbook Club
<b>May 16</b> , Thu, 6:30 p.m.	Kathleen Murphy, Financial Fitness Seminar
<b>May 27</b> , Mon, Closed	Library Closed, Memorial Day

Every **Wednesday** • 3:30 p.m. • After-School Movie  
Every **Thursday** • 3:30 p.m. • Lego Club  
Every **Friday** • 10 a.m. • Storytime

### GENERAL NEWS

**Tool Kit Library.** New NOW at the Library—tool kits that you can check out and use at home! We have tool kits for scrapbooking, paper crafting, jewelry-making, clay sculpting and more. Check out tools from the library for free to see if you like a certain hobby or craft. Patrons must be 18 years or older, have a valid ID, sign a lending agreement, and have a library account in good standing to use the tools.

**Birthday Books!** We want to celebrate your birthday! We are giving children 10 and under a free book on their special day. Stop in at the library any day during your birthday month and claim your free book!

**Museum Passes.** Now is the perfect time to check out a **Museum Pass!** Currently we are offering the Boston Museum of Fine Art and the Currier Museum of Art discounted passes. We are also negotiating with The Isabella Stewart Gardner Museum, the NH State Parks Pass and the Montshire Museum of Science in Vermont. Contact the library for more information in advance before you plan to attend.

**Access the collection catalog from home.** Want to see if we have a certain book or movie available? Visit our website at [www.jatuttlelibrary.org](http://www.jatuttlelibrary.org) under the “Check it Out” menu and set up a login account to our catalog. Once you're there, you can search our collection, hold or reserve a book, see what books you have checked out and renew your own items right from the convenience of your own home.

**Databases.** Did you know you can access all kinds of articles, printed information and more by visiting our database section on the website? Find information on health, business, and more—read articles from *Consumer Reports*—all from your home computer or device! Want to stay more informed about upcoming events at the library? Please check our website at

[www.jatuttlelibrary.org](http://www.jatuttlelibrary.org)—we are constantly adding new, exciting programs! **Better yet—subscribe to our newsletter!** Get good stuff delivered to your inbox once a month!

### STARTING IN MARCH

**Writers Group.** Writers of all genres are welcome. Share your poetry, fiction, non-fiction, or short stories. Call the library for more information. Tuesday, March 5 at 6:30 p.m.

**Shakespeare Club.** Have you been mystified by Shakespeare in the past? Discover a new appreciation for the works of William Shakespeare by attending our first meeting of the Shakespeare Club, led by Susan Bartlett, Thursday evening, March 7 at 6:30. Read Shakespeare aloud and discuss the plays for a new perspective. Free and open to the public.

**March Seed Sharing.** THINK SPRING! For the sixth year, the Tuttle Library will be running a seed lending program. We will have a fresh supply of heirloom and open-pollinated vegetable and flower seeds, as well as lots of gardening books and reference sheets. Antrim residents will be able to “check out” seeds, plant them, and enjoy the harvest.

There is an ever-increasing awareness of the importance of eating healthy, locally-grown, non-genetically-modified food. The Tuttle Library wants to be part of that movement, and we want to involve as many local gardeners as we can. Seeds should arrive in early March; watch for our seed display at the library.

**Cozy Mystery Cookbook Club.** Our Cozy Mystery Cookbook Club continues to grow in members! We meet each month to discuss a new mystery and share the food we've made from the recipes in the book. If you'd like to join, pick up a copy of the book at the front desk or simply drop by a meeting to sample the food!

### APRIL EVENTS

**12,000 Years Ago in the Granite State.** Join us Saturday, April 27, at 1 p.m., for an exciting program sponsored by NH Humanities to Go. “12,000 Years Ago in the Granite State” discusses the native Abenaki people who played a central role in the his-

—continued on page 14

tory of the Monadnock region, defending it against English settlement and forcing the abandonment of Keene and other Monadnock area towns during the French and Indian Wars. Robert Goodby discusses how the real depth of native history was revealed when an archaeological study prior to construction of the new Keene Middle School discovered traces of four structures dating to the end of the Ice Age. Robert Goodby is a professor of Anthropology at Franklin Pierce University in Rindge. He holds a Ph.D. in anthropology from Brown University and has spent the last thirty years studying Native American archaeological sites in New England.

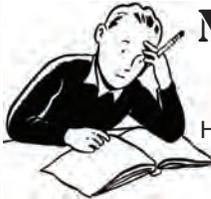
**Thursday Film Series in April.** Revisit old black and white film classics at the library in our new film screening room on our large television. Enjoy free popcorn and meet your friends in an informal setting. The film series meets every Thursday afternoon at 2:30 in April.

**MAY PROGRAMS**

**Plant a Flower for Mom—Mother’s Day Gift Making**—Saturday, May 11, 11–2 p.m. Come to the library and make a special gift for your Mom or Grandmother outside at the picnic table. There will be supplies for you to use, free for children with parents attending, while supplies last.

**Financial Fitness.** Please join us Thursday evening at 6:30, May 16, as we continue our Financial Fitness Series with VALIC Financial Advisors. This month they’ll be discussing Income Solutions, including the topic of annuities. These valuable sessions are free to the public and offer an informal setting with a presentation followed by a question and answer period.

Our events calendar is subject to change. Please check our **website** or sign up for our newsletter for the most current information! [www.jatuttlelibrary.org](http://www.jatuttlelibrary.org) ♣



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## Antrim Ambulance

Heidi Crowell

I've lived in Antrim almost my entire life. When I get my mail, I usually know everyone there. When I go to Edmunds, I usually know everyone there. When I get gas or a coffee, I usually know everyone there. When I go on an ambulance call, I usually know everyone there.

My father has been a firefighter and advanced EMT for the town of Antrim for many, many years. I've always looked up to him and am so proud of everything he does. On a whim a little over two years ago, I decided that I was going to join an EMT class that was happening in Greenfield. I did this about three days before the class started. I really had no idea what I was getting myself into, but I love Antrim and the people in it and have always had a calling to be of service and be helpful.

I was very nervous when class started; I got a giant textbook and a binder that I was to put all my lessons in. It felt like the first day of high school, and I did not like high school very much. The classes were Mondays and Thursdays from 6-9:30 and every other Saturday from 8-4. I won't lie and say it was easy. I was tired after a full day of work, and some days the last thing I wanted to do was go sit in a classroom. I'm so glad I did. The six months passed very quickly. I met some wonderful people, and truly everyone in my class was supportive and were all looking to do the same thing—be of service to their community. I love being surrounded by other people who want to help and who are positive and supportive—I thrive off of that. I passed all my exams successfully and became a Nationally Registered Emergency Medical Technician.

The first time the pager went off, my heart was so far up in my throat I thought it would never come down. My heartbeat was so loud I was shaking and could barely put my shoes on. I got to the fire station safely, thank goodness. I got in the ambulance and went on my first call. To be honest, I don't remember what it was. The first few calls were a blur. The more I went, the more confident I was. The more I went, the more I learned. It could be a senior citizen that just needs a lift assist or a car accident; they are all important and all need us.

I'm writing this because we need YOU! We need the support of the town. Yes, money is always great, but really what we need are people. We need EMTs. You do not need any medical background. All you really need is a willingness to learn and a willingness to put a little time in for school and some calls. The age range of the Antrim Ambulance crew is 30s to 60s. I'm 41 and I'm going to go to Advanced EMT school in March; age doesn't really matter. It is a call service, but you are paid for the calls you respond to, as well as the monthly continuing education classes. Most of us don't do it for the money though; it's usually not something we even think about. We love Antrim. We love being there when someone needs us the most. We don't judge. We serve.

If any of this sounds interesting to you please contact Chief Marshall Gale at 603-620-2681 or by email at [mgale@conknet.com](mailto:mgale@conknet.com) or Deputy Chief Sherry Miller at 603-848-1678 or by email at [emtillier@gmail.com](mailto:emtillier@gmail.com). ♣

My husband tells me I have not only a sordid past, but also a sordid present and a sordid future. I say stop bothering me, what I have is unsorted laundry.

(Author unknown)



**Jeannette Anderson**

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## News from First Presbyterian Church—Antrim

Sharon Dowling, Music Director

Greetings on this chilly and blustery February morning! Since it will be a couple of weeks before the March *Limrik* reaches your mailboxes, I have no idea if March has arrived in Lion or Lamb mode, but with climate change definitely in charge, it has been obvious this winter that even the meteorologists do not have a clue what to expect from day to day! In the liturgical scheme of things, however, the calendar follows a predictable path. Advent, Christmas and Epiphany have returned, in order, and the next big season of the church year is LENT. The solemn season of Lent—six weeks of preparation for Holy Week and Easter—begins on Ash Wednesday. This year Ash Wednesday falls on March 6<sup>th</sup>, and will be celebrated with a quiet and contemplative service in our Fellowship Hall at 7 p.m. Ashes will be distributed during the service. For many years Lenten Luncheons have been held at the Baptist Church, with local ministers taking turns speaking and leading discussion. They will take place on Wednesdays, March 20<sup>th</sup> and 27<sup>th</sup> and April 3<sup>rd</sup> and 10<sup>th</sup> at noon. Bring a lunch and the good folks at the Baptist Church provide beverages and desserts! Wonderful Fellowship and thoughtful conversations abound!

Holy Week begins with Palm/Passion Sunday on April 14<sup>th</sup>, and that marks our return to the sanctuary. After Christmastide our congregation moves into the Fellowship Hall for worship on Sundays—it is cozier, and it helps us keep heating costs down—a LITTLE! Maundy Thursday service will be held at 7 p.m. on April 18<sup>th</sup>, and will include Holy Communion. A simple meal of broth and bread will be had in the Fellowship Hall immediately before the service, beginning at 6:15 p.m. All are welcome at either or both!

The solemn service for Good Friday will also be held at 7 p.m. on April 19<sup>th</sup>. This is a very short but moving service as we hear the Last Words of Christ on the cross. They say you need the rain to appreciate the sunshine—well, I think you need Good Friday to appreciate Easter. When we go from Hallelujah and waving palms one week, and Alleluia, He is Risen the next, without the important events that happened in between, the message gets kind of lost. It's not all about bunnies, chicks, eggs and chocolate! Just sayin....

Easter Sunday will arrive on April 21<sup>st</sup>—Alleluia!—and will be greeted with a joint Sunrise Service at 6:30 a.m. This year the outdoor service will take place on the Baptist Church

—continued on page 22



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# Community Calendar

## MARCH

- 8 *Eat Out for The Grapevine!* • Rick and Diane's • all day
- 12 *Town Elections* • Antrim Town Hall • 8:00 a.m. – 7:00 p.m.
- 12 *Town Meeting* • Antrim Town Gym • 7:00 p.m.
- 20 *Eat Out for The Grapevine!* • Fiddlehead's Café and Catering, Hancock • all day
- 20 *Lenten Luncheon* • Antrim Baptist Church • 12 noon
- 21 *Free Community Supper* • First Presbyterian Church • 5:30 p.m.
- 27 *Lenten Luncheon* • Antrim Baptist Church • 12 noon
- 27 *Friends of Willard Pond* • meeting at Hancock Town Library • 7:00 p.m.

## APRIL

- 3 *Lenten Luncheon* • Antrim Baptist Church • 12 noon
- 10 *Lenten Luncheon* • Antrim Baptist Church • 12 noon
- 13 *Fire Department OPEN HOUSE* • Clinton Road Fire Station • 11:00 a.m. – 3:00 p.m.
- 18 *Antrim Eclectic Book Club* • Antrim Area Senior Center • First Presbyterian Church • 11:00 a.m.
- 18 *Free Community Supper* • First Presbyterian Church • 5:30 p.m.
- 18 *Maundy Thursday Services*
  - Antrim Baptist Church • 6:30 p.m.
  - First Presbyterian Church • 7:00 p.m.
- 20 *Spring Egg Hunt* • Antrim Recreation • Memorial Park
- 21 *Easter Sunrise Service* • Antrim Baptist Church ecumenical service with First Presbyterian Church • 6:30 a.m.
- 21 *Easter Services*
  - Antrim Baptist Church • 10:30 a.m.
  - First Presbyterian Church • 10:30 a.m.
- 27 *Twelve Thousand Years Ago in the Granite State* • program at the Tuttle Library • 1:00 p.m.
- 28 *History of Maple Sugaring* • Antrim Historical Society program • First Presbyterian Church • 3:00 p.m.

## MAY

- 1 *Deadline for Antrim Scholarship applications*
- 4 *Annual Youth Fishing Derby* • Antrim Recreation • Mill Pond at Memorial Park • 8:00 a.m.
- 11 *Annual Spring Walk for Families* • The Grapevine • 9:30 a.m.
- 18 *Antrim Eclectic Book Club* • Antrim Area Senior Center • First Presbyterian Church • 11:00 a.m.
- 16 *Free Community Supper* • First Presbyterian Church • 5:30 p.m.
- 16 *Financial Fitness Seminar* with Kathleen Murphy • Tuttle Library • 6:30 p.m.



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were not black on the bottom so as not to scuff the deck of the catamaran, lots of layers for warmth. I assembled all the supplies and headed down to Port Jefferson.

The ferry from Bridgeport was fairly windy. When I arrived in Port Jefferson the wind *really* picked up. We were heading out early the next morning for two reasons. One, we needed to time our arrival at the confluence of Long Island Sound and the East River to avoid the whirlpool at the Kill Van Kull. The Long Island Sound part of the trip was going to be a tough slog because we would be facing a twenty-five to thirty-knot headwind the whole way. We also needed to get down to the Chesapeake Bay and into the intra-coastal waterway canal to avoid the dangerous waters off Virginia and North Carolina with the big nor'easter heading up the coast.

The trip from Port Jefferson to the East River took about ten hours. We were able to put up the sail for part of this leg, but used the motor as well to make time. What a thrill to sail under the Whitestone Bridge, Throgs Neck Bridge, 59<sup>th</sup> Street Bridge and the Brooklyn Bridge! This was also the first time I'd had the chance to see the new Freedom Tower in Lower Manhattan. We sailed past the Statue of Liberty at sunset.

The plan was that two people would be on watch and sailing while the other three slept. We needed to get as far down the coast as possible to avoid being stuck in the big storm out on the Atlantic Ocean. Thirty-six hours after leaving Port Jefferson, we put in at White Marlin Marina in Ocean City, Maryland, to refuel, get a bite to eat and play a quick game of pool before showing off at midnight. My first watch was from 2 to 6 a.m. I was at the wheel, with Scott, the hired captain, keeping an eye on me. We had all the bells and whistles we would need—a high tech navigation system that indicated exactly where we were, the water depth, the wind speed and other boats in the area. No matter—I was more than a little nervous to be at the wheel and have my friends' and sister's lives in my hands. What a thrill it was, however, to be on the boat and actively facing one of my fears head on!

Liz told me it would be cold on the first leg, but with the wind blowing and the temperatures in the low 40s, I was freezing after my four-hour watch. I headed straight down to

the cabin to warm up and get some sleep. Amanda and Bruce took the next watch. When I came back up on deck Amanda told me they had just seen the wild ponies of Chincoteague Island. We turned up into the Chesapeake Bay as the storm clouds were looming over the horizon. I headed back down below to warm up some more. While I was below we sailed right past a huge freighter that had decided to take the same route over the Chesapeake Bay Bridge Tunnel that we were taking. The tanker wasn't supposed to be on this route, but was right there, not far off our port side. Amanda said it was like sailing past a huge building. In point of fact, Amanda didn't tell me about this episode until after the trip, knowing how I might react.

Once in Norfolk, we turned into the Elizabeth River and tied up for several hours at a marina for everyone to get a bit of shut-eye. The Elizabeth River feeds into the North Landing River canals that are part of the intra-coastal waterway, which avoids the dangers of the open Atlantic. To travel the waterway, a boat's mast must be able to fit under the bridges; we were fortunate that our mast was short enough.

The canal part of the trip was much more relaxed, but still a bit tricky because we needed to keep right in the center of the canal to avoid being grounded in shallow water. We tied up overnight at a Marina in Coinjock and headed to the restaurant to get a meal. As we were standing at the bar, Amanda recognized someone she knew from Martha's Vineyard, where she lives. Such a small world! I was still feeling a bit wrung out from the trip so I called it an early night, but Amanda, Liz, Bruce and Scott stayed up late eating oysters and sharing sailing stories with Amanda's friend.

The next day we left the canal and sailed into the Albemarle Sound. Once again we had a very strong headwind. I was told when I took my turn at the wheel to avoid heading directly into a wave. I didn't ask why until after we returned from the trip. Amanda said hitting a wave head on is not only hard on the boat, but it could also cause the boat to pitch-pole. I had no idea what that was, so she explained that the boat could tumble end over end. Yowzer...

✍ — continued on page 20



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## Antrim Historical Society

Bill Nichols, President

Spring is just around the corner and nothing says spring like Maple Syrup. Ever wondered what it takes to make the sweetest tasting liquid in the granite state? Then join the Antrim Historical Society for their first program of 2019, **The History of Maple Sugaring**, with UNH Natural Resource Specialist, Steve Roberge. This is a free program and will begin at 3 p.m. on April 28 at the Presbyterian Church.

Our Sunday programs are free each month and run through November. If you have an idea for a program that you would like us to consider, please contact us by phone, email, snailmail or Facebook. You can also follow and contact us on our new Instagram page [@antrimhistoricalsociety](#).

The AHS has a busy year ahead and you can see what were up to by visiting us on the second floor of the Tuttle Library during normal business hours.

Join Antrim Historical Society. For information, contact Neil Brown at 352-571-0124 or email at [brownneilh@aol.com](mailto:brownneilh@aol.com). ♣



## Antrim Historical Markers

Rick Wood

As a result of a project that the Antrim Historical Society is currently developing around placing approximately ten Historical Markers at various locations, we've been scanning and digitizing a number of photographs currently located in the AHS Archives on the 2<sup>nd</sup> floor of James A. Tuttle Library. One of the Historical Markers being developed is for the current Antrim Mill Building, formally known as the Goodell Building, on Main Street. Over 74 historical photos were found, including images of the building at various times and as far back as late 1880s, including before a fire that struck most of the wood structure except where the current Avenue A Teen Center is located. The building was then rebuilt in approximately six weeks using the current brick foundation. Other photos include workers at their stations and assemblies out in the lawn. Also found were aerial photos and various cutleries that were manufactured.

If you have access to Facebook, these photos have been added to a photo album at the Antrim NH Historical Society Facebook page. We hope you enjoy them and many others we've added to the page in the past twelve months, and will continue to do so as we find other archive treasures. Look for future updates on a Goodell Mill Building AHS presentation that we hope will include some past workers sharing their experiences with the Goodell Company and the importance of the company to citizens of Antrim sometime during this summer's programming. ♣



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There was considerable boat traffic in the sound so my head was on swivel the whole time I was at the wheel. I had a heck of a time getting the hang of steering the boat in the wind and waves. By the time I had finished my time at the wheel that day I was a bit more skilled at steering in small increments instead of the big turns I was making at first. I think Bruce, Liz and Amanda were amazed at my crazy steering. Scott just rolled his eyes.

The Albemarle Sound is beautiful even on windy days. There were so many birds. There were osprey nests on poles, and we caught sight of an eagle along the way.

During the trip Liz did some sailing, but she decided it would be best if she were in charge of feeding everyone. Liz is a great cook and a generous soul so we ate really well. Once we got across the Albemarle Sound and the wind died down a little the three women on board decided it was time to lounge a bit, so we hauled out the deck chairs and sat near the bow to drink a glass of wine and enjoy the beautiful sunset. While we were enjoying our sunset two dolphins appeared alongside us. I was beginning to understand why folks love sailing so much.

One concern I had when we first left Long Island was seasickness. As soon as we left Port Jefferson Harbor my stomach started to lurch. I had not had problems with seasickness in the past and was worried I would spend my whole time on board heaving. Scott suggested a combination of antacid and Dramamine. The antacid is the trick because it helps coat your stomach. The only issue was the Dramamine made me a bit groggy. This may be why I was not game for the night on shore eating oysters and drinking beer in Coinjock.

Because we had to take the intra-coastal waterway instead of sailing out around the outer banks, Amanda, Liz and I were only able to sail to Beaufort, North Carolina. We would have to rent a car and drive the rest of the way to catch our flights home. As Amanda and I were preparing our gear and washing clothes for everyone at the local laundromat, a woman walked in and started loading machines with clothes. We struck up a conversation about the nasty weather

we had all just experienced. She burst into tears and told us that she and her husband had not been able to take the intra-coastal waterway because their mast was too tall, so they had sailed around the Outer Banks into the storm. She was at the wheel when a twenty-foot wave hit them head on. She had just enough time to holler "WAVE" to her husband at the bow. He was able to hang on, but this episode scared the life out of her. I was so thankful we did not have this experience. Her story was very sobering, so sobering in fact that we all decided to sit at the local marina and share our stories over a beer or two. I have since heard from Jane and her husband Russ that they have had the mast shortened so they can sail home via the intra-coastal waterway.

Our road trip was short but fun. We bought Halloween masks and drove down the highway with them on. We stopped and had shrimp for lunch. Fresh-caught shrimp and store-bought frozen shrimp are like the difference between a winter hothouse tomato and a summer tomato. They were so sweet and delicious.

I've been saying for years that I have no desire to go to Florida—too hot, too many alligators, too many people, etc. Once we arrived in Saint Augustine I changed my opinion. The lushness, beauty and history of the area around this little city are something I had not expected. We had a day and a half to bicycle around the town and walk on the beach.

So I am back home in New England now. Liz and Bruce have hauled anchor and are sailing down to warmer climes for the next two months. Oh, how nice it would be to join them. They've decided to keep the *Que Sera Sera* in Saint Augustine in the spring instead of sailing it back up north because the trip is extra hard on a catamaran. I'm hoping that Keith and I will join them in Saint Augustine to further explore this lovely little city and laze about on the boat. I am so glad I faced my fears and took a chance. What fun. What fear to conquer next—sky diving perhaps?

*Map and photos of Virginia's sailing adventure are on the next page. ♣*

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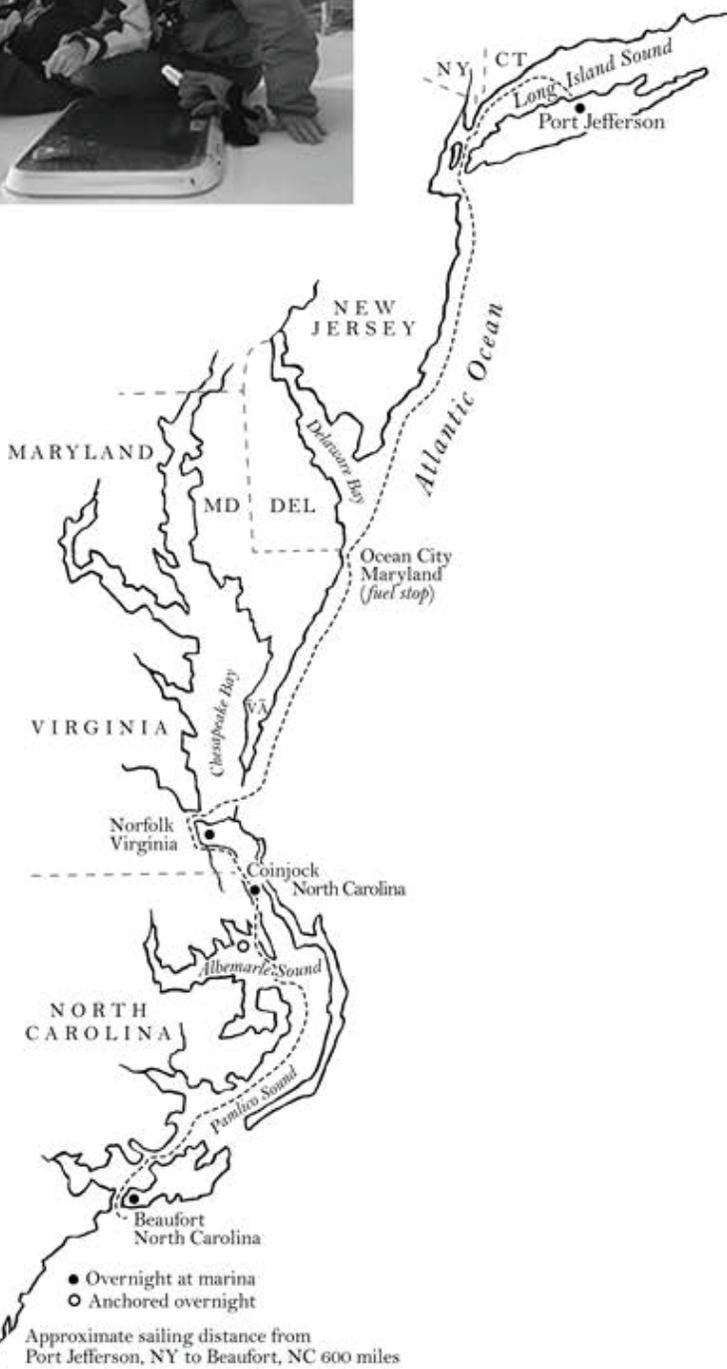
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Coffee anyone?



lawn, with our own Pastor Jan leading worship. Our two churches have collaborated on many things over the years, and this service alternates church lawns and pastors each Easter. Come join us! At 10:30 the usual worship service will be held in our sanctuary—with beautiful spring flowers and glorious music to help us celebrate! We would love to see you in the crowd!

Our small congregation continues to fulfill our Mission and Vision for the local community, and the greater community as well. We are struggling with paying for oil—our treasurer tells me we are hit with a bill for \$1000 every two weeks this season. Since we are hosts for the Senior Center every weekday morning from 9 to noon, as well as the Meals on Wheels lunches, the monthly Community Suppers, the Historical Society meetings, The Revival Shop, and various other events that benefit the community, etc., besides Sunday worship, keeping the building warm is essential!

Also facing the Congregation are increasingly urgent maintenance issues. The roof leaking into the sanctuary is a huge problem with serious ramifications. The drafty large doors need to be replaced. The paint is peeling badly on the sides and back of the building—and believe me, we are still so grateful that the community at large helped so generously to tackle the front and the steeple several years ago! Just that portion of work cost \$30,000! We would love to create a better functioning handicap entrance, especially since the facilities are used by so many seniors. And I won't even get into the dying organ....another expensive project that would be very hard to justify given the budget we have to work with. Despite the small size of the congregation, we continue to support the Cold Weather Homeless Shelter—100 Nights—in Keene. We sent a large collection of children's books to the PBJ Mission in Jamaica. We handed out pounds of candy to local children on Halloween and provided ice water and free lemonade to hot and thirsty visitors at Home and Harvest. We collected and sent several boxes of new socks and underwear to the Veteran's Hospital in November. We participated in the wonderful Festival of Trees at the Tuttle Library. We continue to support ConVal End 68 with crack-

ers and other food items. Volunteers helped again at AES for Arts Day. We plan to provide Easter dinner baskets again to families at GBS that need an extra hand. All in addition to the Revival Shop, which runs on volunteer labor completely and provides low cost or free, new and gently used clothing to the community at large. And all the uses of the building—and the expensive utilities involved—that were mentioned before. We are unclear as to our future—experiencing our own version of “climate change”—but we know that each day we are called to do our best, to share the Good News of the Gospel, that Life is Everlasting, and Love is Always the Answer. We would love to see you in church, in our Fellowship Hall, or in the Revival Shop. As long as we can keep the doors open, we will! If you feel moved to help us in any aspect of our mission, we would be extremely grateful! To those in the community who have already contributed your dollars and/or your services—we thank you from the bottom of our hearts. ♣

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# Progress on Developing a Gregg Lake Watershed Management Plan

Joan Gorga

The indomitable Gregg Lake Watershed Management Plan Committee has made substantial progress toward defining the issues Gregg Lake is facing and figuring out what we can do to make long-term improvements.

## Septic Inventory

With great cooperation from area residents, we recently completed a survey of the characteristics of the septic (and other) systems within 250 feet of the lake, which will help us calculate the actual contribution waste systems make to pollutant levels in Gregg Lake, rather than making assumptions based on state averages. Along with the survey results, we were treated to an extensive list of thoughtful comments and suggestions that will be incorporated into the Watershed Management Plan. It was heartening to see just how much people care about Gregg Lake.

## Erosion Hotspots

Working with our professional consultants, FB Environmental Associates, we have completed a survey of erosion “hotspots” around Gregg Lake. Based on soil composition and precipitation data, FB Environmental provided estimates of the amounts of sediment, nitrogen and phosphorus that could be kept from the lake by erosion control at those locations, along with rough estimates of the cost, so we can begin to plan our approach to those problem areas.

## Water Quality Summary

Our other major effort this winter has been analyzing and writing a summary of data collected since 1978 concerning the water quality of Gregg Lake. This project was not for the faint of heart, and we challenge you to take a look at the results of our efforts, which will be on display at several places around town (Town Hall, Tuttle Library) and posted online at <http://glwmp.antrimlimrik.org/> as soon as the report is declared finished. Some of what we’ve learned:

*Weather.* Total annual precipitation in southwestern New Hampshire has shown a statistically significant increase since 1978. It is also important to recognize that Gregg Lake will be subjected to more extreme weather events in the future. Heavy storms will carry more sediment, phosphorus and nitrogen into the water. Nutrients are washed into Gregg Lake from a relatively large watershed area (15 times the area of the lake) and are flushed out at a relatively low rate of only 1.6 lake volumes per year.

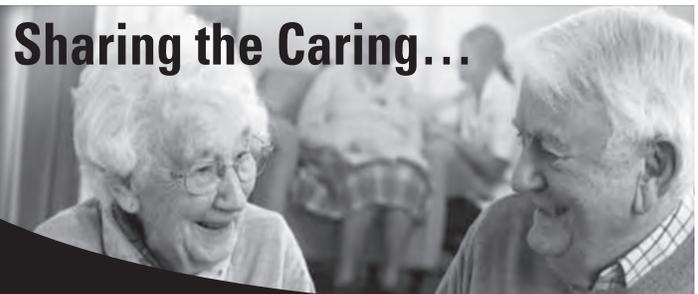
*Temperature.* Mean summer temperatures have remained approximately the same since 1978, and recorded Gregg Lake water temperatures do not show a difference between historical and recent mean temperatures, either at the Town Beach or at the deepest spot. With Gregg Lake consistently being kept higher than historical levels, however, the frac-

tion of shallow water has increased and will likely contribute to warming water temperatures. Increased color in the water will lead to further warming. The length of time each year that the lake is free of ice may also affect the growth of aquatic plants and algae. Long-term data for Gregg Lake are not available; however, data for other New England lakes show clear trends toward later ice-in and earlier ice-out dates. Thus, the lake “growing season” for plants and algae is likely increasing, even if water temperatures have not yet risen significantly.

*Phosphorus.* Phosphorus can occur naturally in lakes, but human activities have resulted in excessive amounts of phosphorus entering many lakes and streams, resulting in elevated nutrient loads. Phosphorus is usually the limiting plant nutrient in New Hampshire lakes, and too much phosphorus can impair water quality by promoting excess growth of algae. Phosphorus in the warm upper water layer in Gregg Lake, calculated to be 6.8 µg/L, remains below the “Impaired” threshold of 8 µg/L set by the New Hampshire Department of Environmental Services (NHDES) for lakes with low nutrient loads, and does not appear to be increasing. However, to protect our surface waters from degrading, NHDES “Antidegradation” provisions recommend a 10% reserve, or assimilative capacity, and the current phosphorus level doesn’t give Gregg Lake much leeway before it falls within that 10% reserve (between 7.2 and 8 µg/L) and is considered at risk for supporting aquatic life based on phosphorus levels.

Samples taken at the inlet (Gregg Lake Road bridge) and farther upstream show phosphorus entering Gregg Lake from the upstream wetlands. A late-summer rise in phosphorus in the cold lower water layer suggests release of phosphorus from bottom sediments (called internal loading) caused by the very low oxygen conditions there. Substantial amounts of phosphorus also enter the lake via stormwater runoff, septic systems and groundwater.

 — continued on page 25



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On Saturday, April 20, Memorial Park will be a-buzz with the return of the **Spring Egg Hunt**, thanks to volunteers from the Boy Scouts. This will be an egg hunt for kids in 5<sup>th</sup> grade and younger. Details will be posted on the website, and flyers will be put up around town.

**Net Generation Tennis** for kids ages 8 to 12: We are very excited to introduce a quality tennis program for area youth! Led by Tammy and Jim Creighton, tennis instruction and coaching will be offered during April Vacation, as well as the first week after school gets out. Tammy and Jim are regular tennis players, experienced guides, and Tammy is a USTA official, working the college circuit as an official. This is a very good opportunity for kids to get some experience with tennis. The first mini-camp will be held Tuesday through Thursday, April 23 to 25, in the morning. There will be two sessions, with the groups determined on the first day based on age and skill level. We will then have another Net Generation camp right after school gets out. If we develop enough interest, we plan to put together some junior matches with kids from other local towns.

The annual **Youth Fishing Derby** will be held on Saturday, May 4<sup>th</sup>. This long-standing event is for all youth under 16 years old. The Mill Pond at Memorial Park is stocked especially for this youth derby, and here is an important notice—No fishing is permitted in the Mill Pond from the time it is posted after the fish are stocked through the day on May 4<sup>th</sup>. The purpose of this derby is for young people to have a successful and fun experience fishing, and we have suffered some fish poaching in the past few years. Please help spread the word! The fishing derby is, of course, “Bring Your Own Bait,” and lines drop into the water at 8 a.m. Prizes are awarded in many categories, usually around 10 a.m. Many thanks to Bob Bethel for continuing stewardship of this program.

For the upcoming summer, we are **hiring lifeguards, beach attendants and camp counselors**. The application process began in February, and will stay open until positions are filled. Brief position descriptions and applications are available on the town website, [antrimnh.org](http://antrimnh.org), where we also post programs as they roll out. We also keep a Facebook page.

Thanks for reading. And please feel free to reach out to us anytime by email ([antrimrecreation@tds.net](mailto:antrimrecreation@tds.net)) or call us at 588-3121. ♣

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Measured phosphorus amounts in Gregg Lake water samples, along with models of phosphorus carried into lakes with stormwater runoff, allow us to estimate the contributions made to Gregg Lake phosphorus loading from the various sources. Using bathymetry data (depth contours) to estimate volumes at different depths, the total phosphorus content in Gregg Lake was calculated to be 32 kg (70 lb). FB Environmental estimated that phosphorus loading to Gregg Lake could be reduced by 10 kg/yr (31% of the total lake phosphorus content) by implementing fixes at the top ten erosion “hotspots.” Reducing the phosphorus load by this amount would likely have a tremendous effect on algal growth in Gregg Lake. The phosphorus content due to internal loading was estimated to be 5 kg/yr, or approximately 16% of the total phosphorus in Gregg Lake. We’re still in the process of calculating the phosphorus load due to septic systems in the area.

*Algae.* Chlorophyll-*a*, a green plant pigment, is used as a measure of the amount of algae in the water. Peaks of chlorophyll-*a* in June and again in October were consistent with normal seasonal cycles of algal growth. However, the median chlorophyll-*a* value of 3.9 µg/L was above the NHDES threshold of 3.3 µg/L for a low-nutrient lake and indicates that Gregg Lake is “Impaired” for support of aquatic life. Algal growth is usually a response to nutrient loading, especially of phosphorus.

*Dissolved Oxygen.* Oxygen dissolved in the water is critical for aquatic organisms. Oxygen levels at the bottom of Gregg Lake fall below those supporting aquatic life early in the summer and remain low through October. We estimate that during the summer months Gregg Lake does not support aquatic life below a depth of about 20 feet—about 20% of the lake volume. Extremely low oxygen at depths below 30 feet—covering about 4% of the lake bottom—likely contributes to internal phosphorus loading by promoting release of bound phosphorus from rocks and sediment.

### Water Quality Advisory Committee

In early June, we’ll be convening a Water Quality Advisory Committee, whose mission it will be to set long-range water quality goals for Gregg Lake using our analysis of the water quality data collected since 1978 and additional information from NHDES, FB Environmental and NH Fish & Game to make informed decisions. In setting our goals, we’ll need to consider the limited remaining assimilative capacity for phosphorus, the “Impaired” status for chlorophyll-*a*, the low oxygen levels in the deepest waters, decreasing transparency, increasing turbidity and color, the trend of increasing bacteria at the Town Beach and possible cyanobacteria outbreaks. The water quality goals will form the basis for the watershed management plan we’ll be completing over the next year, which will outline realistic and achievable actions we can take to meet the goals we’ve set, such as reducing the amount of sediment, nitrogen and phosphorus carried into the lake by stormwater runoff. Since identified erosion “hotspots” account for approximately 30% of the total lake phosphorus load, implementing erosion controls in these areas would have a dramatic long-term effect on Gregg Lake’s water quality.

We anticipate that the Water Quality Advisory Committee will meet only once or twice this summer, and it is important that it be made up of people with different stakes and interests in Gregg Lake. NHDES and FB Environmental will guide us in setting goals. NH Fish & Game will also be invited to contribute. If you would like to take part in this important discussion, please contact Joan Gorga at 588-2569 or [jgorga2@gorga.org](mailto:jgorga2@gorga.org).



Funding for this project was provided in part by a Watershed Assistance Grant from the NH Department of Environmental Services with Clean Water Act Section 319 funds from the U.S. Environmental Protection Agency.



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# Vaping and E-Cigarettes

Jane Skantze

Nicotine and tobacco kill more people than all other substances combined. Thirty years ago an RJ Reynolds company executive wrote: “If a man has never smoked by age eighteen, the odds are three-to-one he never will. By age twenty-four, the odds are twenty-to-one.” The 2017 Youth Behavioral Risk Survey indicated that 12% of Monadnock region high school students have never smoked a cigarette, and with the emergence of new nicotine delivery devices, aggressive advertising and the addictive nature of nicotine, more youth are using tobacco.

Vaping and e-cigarettes have quickly become popular with young people—37% of Monadnock region high school students have tried e-cigarettes. These numbers are expected to rise in 2019. Kids are sharing devices with their peers; peer pressure plays a major role in why youth are using. In addition, companies such as JUUL have aggressive marketing campaigns to specifically target young people, despite being warned by the federal government to stop this practice.

Many are curious about exactly what vape devices are and how youth are accessing them. Vape devices are also called e-cigarettes, mods, vapes, JUULs, e-cigs, or ENDS (electronic nicotine delivery systems); they most commonly do not look like a cigarette. The JUUL, for example, is about the size of a thumb drive and can be charged through a computer’s USB port. Some look like pens while others look like inhalers. These battery-powered devices heat up a liquid mixture called “e-juice” and produce a vapor that the user inhales. JUUL is the best-known and most commonly-used e-cigarette on the market. One JUUL pod, which contains the e-juice, is the equivalent of a pack of cigarettes.

Vapes come in an assortment of flavors, including bubble gum, candy floss, grape, blue slushy, sour patch kids and other youth-targeting flavors. Different brands have different amounts of nicotine; there is currently no regulatory process in place to monitor levels of nicotine in e-juice. Youth are also using the devices to consume marijuana and other drugs.

One of the most common ways for youth to access vaping devices is from their older friends. Passing local ordinances, such as raising the age of purchase to twenty-one, can help combat youth use of vapes.

Little is known about the safety of vapes. Recent research suggests that there are serious health consequences. The inhaled vapor is not harmless and contains many compounds not regulated by the Food and Drug Administration.

Using drugs such as nicotine at a young age interferes with the wiring of neural pathways, which are particularly vulnerable in the developing brain. Nicotine slows development of the logic part of the brain and increases development of the reward center. We can compare the development of neural pathways to laying the foundation of a house. In this case, the foundation is made up of experiences of our early child-

hood, including things experienced before we were born. The stronger the foundation, the stronger the house. When we introduce nicotine, alcohol, marijuana and other drugs to the developing brain it’s like pouring a bad foundation for a house. No matter how strong we make the rest of the house after the foundation is poured, it will always be vulnerable.

In substance use prevention we look at risk factors and protective factors. Risk factors can increase a person’s chances for substance misuse, while protective factors can reduce the risk. These factors exist at the individual, family, community and societal levels. We have the opportunity to protect youth from using substances and from the risky behaviors associated with them.

For more information please contact:

**Coalition for Tobacco-Free Communities**

*Kmcnally@cheshire-med.com* • 603-354-6513

**Northern New England Poison Center**

*https://www.nnepc.org* • 800-222-1222

**Breathe NH**

*https://www.breathenh.org* • 800-835-8647 / 603-669-2411

**QuitNowNH**

*Quitnownh.org* • 800-QUIT-NOW

Jane Skantze is a Substance Misuse Prevention Coordinator at the Center for Population Health at Cheshire Medical Center, a member of Monadnock Voices for Prevention and a member of Antrim’s HOPE Initiative. She can be reached at *jskantze@cheshire-med.com*. ♣



## CVTC Volunteer Driver Program

The Community Volunteer Transportation Company, or CVTC, is looking for more people to become part of our volunteer driver team. Our drivers use their own vehicles and receive an optional reimbursement of 41¢ per mile on the trips they provide. CVTC provides transportation for non-emergency medical appointments, social services, grocery shopping, banking or visits to the pharmacy. Trips needing a driver are listed on our website and each driver can use his/her computer to determine which trips would fit in with their plans. For those drivers who do not use a computer, our staff will help select trips that match time availability and complete a monthly mileage log. For more information call 1-877-428-2882, ext. 5.

CVTC provides no-fee transportation for individuals without access to transportation because of age, ability, income, and/or life circumstance. We are a Monadnock United Way Partner Agency. ♣

## Friends of Willard Pond

Anitra Sorensen

Do you enjoy going to Willard Pond for a peaceful interaction with nature?

If so, you are not alone. However, over the past few years, there have been increasing numbers of visitors and with them come related problems of overuse. Trash is not always disposed of properly. The parking lot is filled to capacity and people park in areas off limits to parking. Some folks fail to follow Audubon guidelines for hiking, dogs, night use, campfires, and camping.

Along with the Audubon Society (owners of the land surrounding Willard Pond), a group of people is seeking to establish a group called "Friends of Willard Pond" to help address some of these problems and keep Willard Pond a place for all to enjoy.

The first meeting of this group will be held on **Wednesday, March 27 at 7 p.m.** at the **Hancock Town Library**. Please feel free to come to this meeting for a discussion of how this group might function. If you are unable to attend but would like to participate or know more, please contact Anitra Sorensen at (603) 731-9764 or [anitrasorensen@gmail.com](mailto:anitrasorensen@gmail.com). ♣

## Antrim-Bennington Lions Club

Cheryl Riley, President

After a winter hiatus, the A-B Lions were ready to get back to work. The first meeting of the New Year was held on Tuesday, January 15. We were lucky to have as our guest speaker, Mr. Fred Plett. Fred is the District Governor for District 44N Lions NH. Fred is an inspiration for all Lions. He has dedicated the last thirty-seven years to the Lions organization. It was an informative meeting and we all left a little more motivated to start some new projects.

On Thursday, January 17, the A-B Lions hosted the Antrim Community Supper. The menu was a variety of chili, cornbread and dessert! The decorations for the tables were provided by the AES 4<sup>th</sup> grade class of Asher MacLeod. The students did special place mats and made some very cute snowmen. The event was well attended and no one went home hungry. A giant thank you to all who attended the community event and a big thank you to all the Lions who prepared food, help set up the room and most importantly stayed to help clean up.

Please note! A big thank you goes out to everyone who has dropped off used eyeglasses at the church. There is a box provided by the Lions and there were over fifty pairs in the box. Please continue to bring old glasses to the church and they will be forwarded to the correct location and put to very good use. You do not need to put the glasses in a case. You can just drop them off in the box. If there are other locations in Antrim collecting glasses, please bring them to the church for pick-up. ♣

## Antrim Elementary School PTO

Ryan Montano

Now that the school year is in full swing and the students and teachers have started to settle into their routines at AES, we as the PTO wanted to let the community know what we do as an organization. The PTO works to provide students and staff at AES with support or funds for extra supplies, special programming and events. We may time and again ask local businesses in the community to donate towards different causes. Some fundraising events that we host are open to the public, while AES as a school and the PTO an integrated organization work to build a strong and important relationship with the community. Our goal is to bring special programming to the students and families of AES.

On March 15, Owl Prowl at AES with Harris Center for Conservation Education. On March 21, AES will host the Community Supper. In April, the PTO will host a Paint Night Fundraiser at the James A. Tuttle Library!

Thanks for your support and we look forward to seeing you all around town! ♣

The *Limrik* is privately published for, by, and about the people of Antrim. It does not receive any town funds and is entirely supported by subscriptions and advertising revenue.

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## WHERE IN ANTRIM?

Ginny Corliss, Adam Perry, Matthew Hall and Matt Chauncey all correctly identified the Chauncey Farm Stand photo in the December *Limrik*. Ginny was the winner of the Edmunds gift certificate. Thank you all!

The names of all who correctly identify the location of the photo below by March 15 will be entered into a drawing for a half-gallon of maple syrup from Old Pound Road Sugarhouse. Send your response by email to [editor@antrimlimrik.org](mailto:editor@antrimlimrik.org) or call 588-2569.

Submissions for "Where in Antrim" photos are welcome. Please send to [editor@antrimlimrik.org](mailto:editor@antrimlimrik.org).



Photo by Frank Gorga

## Great Decisions Program

Steve Ullman, Coordinator

Is the United States doomed to perilous conflict with Russia and China? Is peace in the Middle East a futile dream? Can the United States establish an equitable trading regime with its partners?

If you are interested in exploring the momentous international challenges that confront our country, please join us for this spring's Great Decisions discussions.

Great Decisions is a series of informal conversations about foreign policy. Attendees can voice their views or just observe silently. No special expertise in foreign policy is needed, only an interest in the United States' future abroad. Civility and mutual respect are the trademarks of our sessions.

Below is the Spring 2019 Great Decisions schedule, along with the weekly topics. We meet on Thursdays from 6:30 to 8:00 p.m. on the second floor of the Tuttle Library.

April 4 – Refugees and Global Migration

April 11 – The Middle East: Regional Disorder

April 18 – Nuclear Negotiations: Back to the Future?

April 25 – The Rise of Populism in Europe

May 2 – Decoding US–China Trade

May 9 – Cyber Conflicts and Geopolitics

May 16 – The United States and Mexico: Partnership Tested

May 23 – State of the State Department and Diplomacy

Participants may order the Great Decisions manual from the Foreign Policy Association for \$32 (1-800-477-5836 or [www.GreatDecisions.org](http://www.GreatDecisions.org)). The manual contains short articles that accompany each meeting's topic. There will also be two Great Decisions manuals on reserve for those who prefer a free edition. For further information, please call (588-2005) or email Steve Ullman ([stephenullman@gmail.com](mailto:stephenullman@gmail.com)). ♣

### WILLIAM BRYK

*Attorney-at-Law*

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## Avenue A

Jacqueline Roland

Two words capture the feeling that fills our Center these days—teamwork and purpose! In November, middle school students from our Avenue A Club afterschool program helped at Antrim’s Community Supper, serving food, setting tables, and cleaning up! During the holiday season, our Writing Club teens wrote poems of hope and gave them out at Shaw’s in Peterborough. Teens in our Woodworking Program have been busy building storage units over the last few months for our Teen Center side room.

When teens realize they can contribute to their communities through projects like these, it’s powerful. A recent *Wall Street Journal* article titled “Why Teens Need a Sense of Purpose” describes this effect. The article explains that research shows “teens with a sense of purpose do better in school, are more resilient and healthier.” Purposeful youth are defined as those “who have identified something that really matters to them and are doing something about it.” We see teens discovering this kind of enthusiasm through our programs, and it’s exciting to watch.

Teamwork continues to define how we grow here at Avenue A! Last fiscal year we served over 300 teens! This is nearly a 20 percent increase over the previous year. Continuing our focus on creative expression, healthy living, social development, and STEM skills, we launched 9 new programs in the last year. This growth was possible because of the 70+ volunteers who helped with our programs since last summer!

Together, we’ve reached a couple of exciting milestones:

- 132 teens participated in our 2018 summer programs—a 238 percent increase over the previous year!
- We now offer afterschool programs on Thursdays and Fridays, giving us a full roster of programs Monday–Friday.

With everyone pitching in, we’ve offered several community events this winter. In January teens rallied to help with our community Open House. This event included a meet and greet with ConVal High School’s new Principal

Michelle Voto! Later that month local storytellers filled our Vine Story Hour Fundraiser with hilarious and heartwarming tales of misadventure. In February we launched a new Community Open Mic program with the help of our dedicated volunteer, Glenn Stan, and wonderful local performers.

Community partnerships continue to strengthen our Center! Our internship programs with New England College and Keene State College are growing. Recently, we welcomed a new partnership with ConVal End 68 Hours of Hunger to provide weekend food bags for teens.

### ONGOING TEEN PROGRAMS:

**Tabletop Game Club:** 7<sup>th</sup> grade and up • Mondays 5:30–8 p.m.

**Middle School Writers’ Society\*:** 7<sup>th</sup> and 8<sup>th</sup> graders • Tuesdays 3–5 p.m.

**High School Writing Club:** 9<sup>th</sup> – 12<sup>th</sup> graders • Tuesdays 6–8 p.m.

**Avenue A Afterschool Club for Middle Schoolers\*:** Wednesdays 2:15–4:15 p.m.

**Pick-Up Basketball:** Guys in 8<sup>th</sup> grade and up • Starting March 20 – Wednesdays 7–8 p.m.

**Woodworking\*:** 9<sup>th</sup> – 12<sup>th</sup> graders • Thursdays 3–5 p.m.

**Art at the Avenue\*:** 5<sup>th</sup> grade and up • Monthly on Thursdays from 6–7:30 p.m.

**Jam Time:** 8<sup>th</sup> grade and up • Monthly on Thursdays from 6–8 p.m.

**Free Yoga Fridays:** ages 12–18 • Fridays 3–4 p.m.

**Expressive Art |** 9<sup>th</sup> – 12<sup>th</sup> graders | Fridays 4:30–6 p.m.

**Open Hours:** Ages 13–18 • Fridays 6:30–9 p.m.

\* Registration required. Email us to register!

Al-Anon meets Wed. at 6 p.m. AA meets Sundays at 6 p.m.

For more info about our programs, email [avenuea@grapevinenh.org](mailto:avenuea@grapevinenh.org) or find us on Facebook/AvenueATeenCenter.

We love our volunteers! Special thanks to **John Anderson** and **Mark Murdough** for leading our Game Club; **Glenn Stan** for co-leading our woodworking program and bringing talent and energy to our music programs; **John Conklin** for co-leading our woodworking program and sharing tools and supplies with us; **Tom Badgley, Rick Wood, Sue Conklin, Jocelynn Drew, Jeff Hawkinson, Barbara Roland,** and **Winter Keeler** for volunteering at Friday Open Hours; **Julie Brown** for bringing our Vine Story Hour to life; **Ted Brown** for being a mentor at Avenue A Club; **Jeff Soule** for volunteering his handyman skills; **Jeff Wilson** for coaching our pick-up basketball program; and **Tanja Schmitt** and **Aino Millikan** for teaching yoga for us! ♣



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# The Grapevine

Melissa Gallagher, Director

Dear Friends and Neighbors,

Thank you for your continued support this past season! Local, individual support is what makes our programs possible. Our Annual Online Auction raised over \$8,000 for our child and family programs. Our Annual Appeal mailing this past November continues to raise funds and is a critical source of Grapevine funding. And in 2019, the New Hampshire Charitable Foundation selected The Grapevine as a continued grantee of its NH Tomorrow Initiative, awarding \$20,000 to support our parent education and home visiting programs. As always, we are committed to serving all regardless of financial circumstance. Your input is an important part of what keeps us connected to community needs! Please email me your thoughts and questions at [melissag@grapevinenh.org](mailto:melissag@grapevinenh.org).

## GRAPEVINE PROGRAM HIGHLIGHTS

*For all programs please call 588-2620 to register and for more information.*

**Better Beginnings Parent-Child Groups.** The Grapevine welcomes all children from birth to 5 years of age and their parents to our weekly children's programs. *Better Beginnings playgroups and parent groups* give children an opportunity to play in an enriching environment while parents enjoy time with each other in an adjacent room for coffee and tea and discussions about child- and family-centered topics with our parent group facilitators. Schedule as follows:

- Mon., Tues., and Thurs. 9:30-11:30 — Better Beginnings playgroups and parent groups
- Tues. 1-2:30 and Fri. 10-11:30 — Better Beginnings playgroup in Hillsborough

**Free Tax Preparation.** IRS-certified tax preparer Larry Schwartz is providing free tax preparation at The Grapevine on Mondays 2-6 p.m. through April 15. All returns will be filed electronically. Call The Grapevine to make an appointment. Inquire about appointments in Hillsborough, too!

**Grandparents Parenting Grandchildren.** Nationwide some 2.5 million grandparents are parenting their grandchildren and not without a host of challenges and issues that come with the job, including mixed emotions, financial burdens, health concerns and keeping pace with the children. Call The Grapevine and ask for Carol Lunan to learn about available resources and support.

**The Learning Vine Cooperative Preschool** for children 3 to 5 years old, now welcoming inquiries for the 2019-20 school year! This hands-on program focuses on social interaction and problem-solving skills in a small group setting, in a fun, engaging environment. *Family scholarships may be available—please inquire.*

**Better Beginnings for Babies** creates a space where parents and infants can feel safe and part of the circle of community. Led by early childhood developmental specialist and group facilitator Nancy Macalaster, MA. Parents and

babies up to one year; expectant parents welcome to visit. Wednesdays 10-11:30 a.m.

## SPECIAL EVENTS

**Eat Out for The Grapevine!** We will receive twenty percent of the day's proceeds from two wonderful restaurants!

- Rick and Diane's—All day Friday, March 8
- Fiddlehead's Café and Catering—All day Wednesday, March 20

**Spring Walk for Families.** Tune up your strollers, lace up your walking shoes and get your pledges for The Grapevine's 15<sup>th</sup> Annual *Spring Walk for Families* on Saturday, May 11<sup>th</sup>. This is The Grapevine's biggest fundraiser and we count on your support, so please call 588-2620 or stop by to get your pledge sheet. Then meet us in The Grapevine parking lot at 9:30 a.m. to register and walk in support of our families and community. Unable to attend? Donations to the *Spring Walk for Families* can be made from our website; visit [GrapevineNH.org](http://GrapevineNH.org) and press *Donate Now* button.

**Black Fly Community Art Show,** Saturday, June 1, 10 a.m.-noon. Multi-media art by local children and youth, community and family art activities, and more. If you have art you would like to show, please call Carol 588-2620.

**Spring Cleaning? Learning Vine Yard Sale,** Saturday June 15, 8 a.m.-noon. We are collecting new and gently-used items. All proceeds support the Learning Vine preschool and make this amazing parent cooperative possible. Call Carol if you have a donation.

## SUMMER PLANS...

**Backyard Summer Adventures.** It's not too early to think about summer activities for your child. The Grapevine staff is planning these fun and enriching programs now:

Summer Backyard Adventures for 4½ to 6 year olds, July 22-26

Backyard Science Adventures for 7 to 9 year olds, July 29-August 2

## SERVICES AT THE GRAPEVINE

**Information & Referral:** Information about area resources for financial assistance, food, childcare, legal assistance, clothing, health and dental care, and other needs.

**Community Wood Bank:** This fall our wood bank was unusually low in supply; thank you to local vendors and community members who answered the call for help. Without wood donations and our volunteer stackers and organizers, we would not be able to meet our neighbors' emergency need for heat each season. As a reminder, the wood bank is an emergency service for those who use wood as their primary heat source and are nearly out or have no wood, and have no other source of heat (oil/propane/electric).

If you would like to become a volunteer or have wood to donate please give us a call. We will start accepting green wood as soon as the snow clears. Did you struggle this heat-

ing season? Give us a call so we can help link you to resources to be ready for next year! The intention of the wood bank is to get people by as they find an alternative or wait for assistance. This assistance is usually through Southern NH Services Fuel Assistance Program.

**Heating Fuel & Electric Assistance:** Call SNHS at 924-2243 or 877-757-7048 for an appointment or The Grapevine for information.

**Child & Family Counseling:** by Riverbend Mental Health  
**Help Finding Shelter:** for families who are homeless or face homelessness

**Community Tool Lending Shed:** Have a project around the house but don't have the tools to do it? Contact us by email at [toolshed@grapevინeh.org](mailto:toolshed@grapevინeh.org) or call The Grapevine; we might have what you need.

**Thank you** to the many people who supported The Grapevine in so many ways over the winter months, including the Keith M. Sullivan Foundation for their \$1,000 grant toward our Parent-Child support programs; the businesses and individuals who participated in our 5<sup>th</sup> Annual Online Auction, and the donors who gave to our Annual Appeal; Monadnock Paper Mills and The Gilbert Verney Foundation for their ongoing support; Divine Mercy Church for supporting families with Thanksgiving Baskets and their Christmas Giving Tree; First Presbyterian Church of Antrim and Presbytery of Northern New England for ongoing financial support; Eversource and John Brown & Sons for donations of Christmas trees, stands, lights and gift cards; Robyn Manley and Project Linus volunteers for donation of beautiful handmade blankets; Larry Schwartz for his ongoing tax preparation program; New Hampshire Charitable Foundation for their grant of \$20,000; our families and their extended families that have donated paper goods, cleaning supplies, snacks, and help with cleaning the facility; R. Lemire & Sons, Chris Murphy, Jesse Lazar & Molly Moore-Lazar and Harry Payne, for donating wood; all of our volunteers who helped organize and stack wood including GBS students, Sarah Beaumont, Simon Beaumont, Lisa Hennessy, Shawn Hugron, Waylon Hugron, Neal & Nicole Pattison, Stephen Ullman and Rick Wood; Sue Conklin, Daleen Clark and youth volunteers from GBS and Hillsborough-Deering for assisting with our SnowFamilies Play Day.

The Grapevine is a nonprofit service organization serving residents in Antrim, Hancock, Bennington, Frankestown, Hillsborough, Deering and nearby towns. Off-site programs include the Before and After School Clubs, Avenue A Teen Center and our Hillsborough Parent-Child Groups. The Grapevine exists because of charitable contributions from people like you. Tax deductible contributions are gratefully accepted at PO Box 637, Antrim, or visit us at 4 Aiken Street. For more information call 588-2620 or visit us online at [www.grapevინeh.org](http://www.grapevინeh.org), Facebook: <https://www.facebook.com/grapevინeh.org/> and Instagram: [@thegrapevinefr.](https://www.instagram.com/thegrapevinefr/) ♣

## ENVIRONMENTAL RAP(E)

Shelley Nelkens

Our ozone layer was so depleted,  
Did you believe we were defeated?  
Oh no!

Global warming is bearing down,  
Did you want us to wear a frown?  
Oh no!

But they say: "Don't worry. Be happy.  
It's all mind over matter."  
They say: "Don't worry. Be happy.  
We don't mind and you don't matter."

Profitable products get tossed away  
To turn another profit the very next day.  
Addiction to convenience makes necessity  
Of the good things brought to life through electricity.

Corporate minded moguls drill for oil beneath the sea,  
Pumping out black gold to plasticize eternity.  
For three hundred billion dollars up, indemnified contractors  
Will try to clean the mess they've made of DOE's reactors.

And they say: "Don't worry. Be happy.  
It's all mind over matter."  
They say: "Don't worry. Be happy.  
We don't mind and you don't matter."

Waste age thinkers hug the bottom line,  
Hey! If people get wasted, well guess that's fine.  
Agripest resistance thrives on each new pesticide  
As our chemical dependence promotes infanticide.

The folly of our daze believing all is well  
While progress is developing the earth into a Hell.  
Pollution dilution is "Ze Final Zolution"  
To the advancement of our evolution.

Still they say: "Don't worry. Be happy.  
It's all mind over matter."  
But we say: "Don't worry. Be happy.  
We **do** mind and you **do** matter!"

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