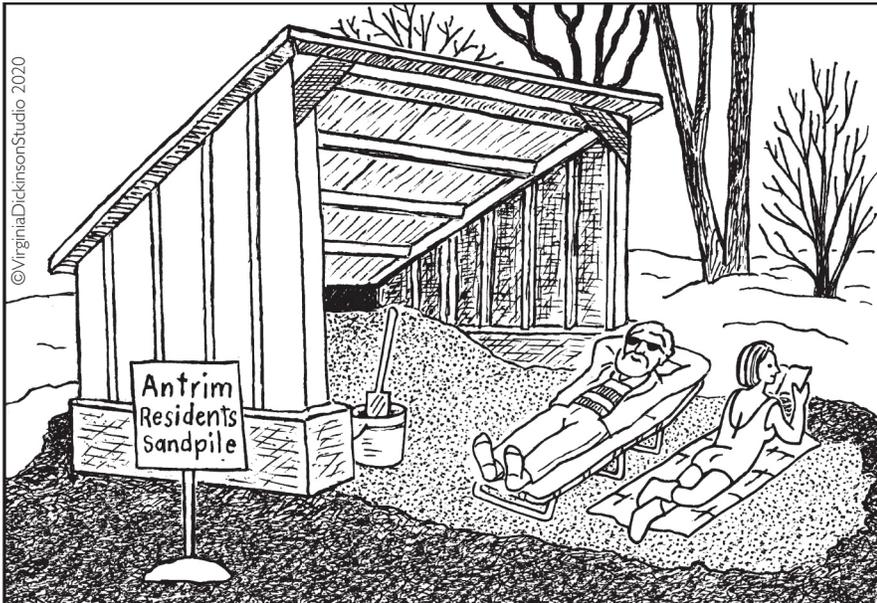


The Limrik

A Quarterly Journal

For, by and about the people of Antrim.

Vol. 29 #2
March 2020



It's March in Antrim – the natives are getting restless

Cindy Jewett Takes on Rural Library Challenges

Joan Gorga

What specific challenges face library workers at small and rural libraries? How do libraries, such as our own James A. Tuttle Library, best serve small rural towns?

Tuttle Library Director Cindy Jewett was recently selected from over a thousand applicants to be one of forty-two library workers nationwide taking part in a program called “Libraries Transforming Communities: Facilitation Skills for Small and Rural Libraries” organized by the American Library Association. Cindy says she didn’t think she’d have a chance of being selected when she submitted her application in January, but knew she certainly wouldn’t make it if she didn’t try. Five people from New England are participating, including a librarian from Keene, and many states are represented.

The program consists of five monthly online meetings, with homework and virtual coaching sessions, and culminates in a workshop “specially designed to address community engagement needs of small and rural libraries” at an American Library Association meeting in Chicago in June. Travel to Chicago, accommodations and registration fees are covered by the grant.

Cindy said after the first online session that the rural library workers from around the country found they had many experiences and challenges in common, and it was enlightening to share ideas about how to overcome them. Cindy explained that they don’t teach “Rural Library” in library school. While they distinguish between public, academic, school and specialty libraries, they

Antrim History Revisited

Bill Nichols

I was born in North Hyde Park, Vermont, in 1885, an only child. This may explain my desire to explore the outdoors whenever I had the chance. Not having any siblings and living in this sleepy town of Antrim since 1895, running through the forests and empty fields was a way for me to get away. It is from one of these excursions that I come to tell you this story.

One of my favorite activities, when I’m out exploring, is finding a body of water where I can drown a worm. Living in Antrim has its advantages when it comes to fishing because the whole eastern boundary of Antrim, from Hillsborough to Bennington, is made of water—the Contoocook River. I’ve fished this river countless times from spring until fall, with many different friends and, of course, by myself, too.

On this particular day, November 23, 1902, the weather was mild. My father, Charles, had commented that it was in the fifties on Saturday, the forties this day, but still for a Sunday in late November, I wasn’t going to let a day like that go to waste. Monday I’d be back to school, and fishing would be only a memory. Don’t get me wrong...I liked school. I was a pretty good student, so I’d been told. I made the Roll of Honor for a few years. They even put my name in the Annual Reports in 1899 and 1900. In 1901 it read, “*Roll of Honor – Three Terms – Fred Woodward.*”

Fishing with friends is a lot more fun than fishing alone, even though there’s more fooling around than there is fishing, so I stopped by Ollie Cutter’s and Ralph Hurlin’s on the way to the river, but neither was home, so on that day, I would enjoy my own company. As I came into town and

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— SUBMISSIONS —

The Limrik welcomes submissions of articles, drawings, photographs, news and calendar items by, for and about the people of Antrim. Submission deadlines are February 10, May 10, August 10, and November 10. Submissions should be no more than 1500 words in length and should be submitted in digital form as a Microsoft Word-compatible document attached to an email. Submissions should be sent by email to Joan Gorga at: editor@antrimlimrik.org. Call 588-2569 for more information or to discuss ideas.

— LETTERS TO THE EDITOR —

The Limrik accepts letters to the editor of maximum length of 250 words. Publication is subject to the Editor's discretion. Email letters to Joan Gorga at: editor@antrimlimrik.org.

— WEBSITE —

www.antrimlimrik.org

Dog Licensing

Diane Chauncey, Town Clerk

Each dog over four months old must be licensed by its owner or keeper prior to April 30 of each year. The license is effective May 1 to April 30 of the subsequent year. Your dog(s) must have rabies vaccination (your veterinarian is supposed to send rabies updates to the Town Clerk). Failure to license your dog is a violation of State law. In addition to the annual license fee you will be charged a late fee of \$1.00 per month. A civil forfeiture fee will also be assessed in the amount of \$25.00, which is payable within fifteen (15) days of receipt of the notice of failure to register your dog (s). If the Civil Forfeiture Fee is not paid within that time, you will receive a **summons to appear in court**. Any questions, please call 588-6785 x223.



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Candidates for Town Offices

Town elections will be held on Tuesday, March 10, upstairs at Town Hall. Candidates for Town offices were given the opportunity to submit short statements introducing themselves and summarizing their motivation for running. If you have not stepped up to put your name on the ballot to serve Antrim in one of these capacities, how about considering accepting one of the many available volunteer or appointed positions around town?

CEMETERY TRUSTEE 3-year term, 1 open position

Martha Pinello

I am standing for election as Cemetery Trustee, the three-year term. This position involves assisting families seeking burial plots in the town cemeteries open for new interments, recording graves and working with the Highway and Public Works Department for the cemetery upkeep. I have hosted tours of Antrim's cemeteries and worked with middle-school aged children to match historic church records and grave stones at the Meeting House Cemetery. As an archaeologist, I have documented cemeteries and graveyards (private burial grounds) for restoration and provided input for the 1994 revision of NH burial and cemetery laws.

SUPERVISOR OF THE CHECKLIST 6-year term, 1 open position

Ashley Brudnik-Destromp

My name is Ashley, and I am currently running for the open 6-year term for Supervisor of the Checklist. My family and I moved to Antrim in the summer of 2018, and have absolutely fallen in love with the Town and community.

I decided run for several reasons. The first being that I believe strongly in voting if you are an American citizen, as it is your right to. Secondly, I know that the voting process can be confusing to some. I promise to do everything in my power if elected to help make the process as easy and understanding as possible. Lastly, it is important to me to make sure that voter registration is done as accurately and correctly as possible so there are no issues.

Thank you for taking the time to learn more about me, and I look forward to your support.

LIBRARY TRUSTEE 3-year term, 1 open position

William Bryk

Our public library is a natural center of Antrim's community life. I was a trustee when a new librarian was needed. I worked with my colleagues to identify the best available candidate. I believe we made an excellent choice in Cindy Jewett.

Public libraries are the people's universities, where, as Ben Franklin said, "The doors of wisdom are never shut." The library's computers and Wi-Fi connection help make the wonders of the world available to all. Our library is a legacy, inherited from James Tuttle, who paid for the building, and the librarians who have served Antrim since its opening in 1908. I renew my pledge to work with my fellow trustees and the staff so that when our generation passes this library to the next, our successors will find it far greater and more beautiful than it was left to us.

Nancy Blair

My name is Nancy Blair and I have been a library trustee for the past year fulfilling a one year term. I have thoroughly enjoyed my year as a trustee and wholeheartedly wish to continue. I have been a resident of Antrim for about 33 years and spent 15 years as the Family and Consumer Science teacher at GBS. The community of Antrim is a very special place and I would like to continue being a part of it as a library trustee!

 — continued on page 4

Thank you ...

to Richard Verney, owner of the Monadnock Paper Mills, for his generous donation of the paper on which the *Limrik* is printed.



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MODERATOR

2-year term, 1 open position

Arthur Merrill

I've been in the Grange for more than forty years, and became Master when I was only 19, so I learned how to run meetings. Being Moderator is something I enjoy doing, and I see it as my small way to give something back to the town.

PLANNING BOARD

3-year term, 2 open positions

William Bryk

I am standing for the Planning Board again because I want to serve my friends and neighbors by helping to keep Antrim the beautiful town my wife Mimi and I have chosen to make our home.

In common with the Board's traditional policies, I believe Antrim should preserve its rural character and remain safe and affordable, with strong social institutions – our churches, the Grange, and the Grapevine – and broad citizen participation. That is what we've found here. That is what I hope to help preserve and to fully realize.

Most of my working life has been spent in municipal government and in practicing law. Experience has taught me to carefully read documents, ask questions, listen to what people say, and try to help them. I believe that by temperament and experience I would be a good board member.

SCHOOL BOARD

3-year term, 1 open position

Stephen Ullman

During the 1950s, I spent summers on my grandfather's apple farm on Smith Road. Papa only had a sixth-grade education but he instilled in me a reverence for education.

I am running for the ConVal School Board in order to help ensure that all Antrim students receive an exemplary public education, the goal my grandfather set for me.

My community involvement includes service on: the Tuttle Library Trustees (Co-Chair); Trustees of the Trust Funds; Town Advisory Budget Committee; the Antrim Historical Society (President); the Lions Club (Vice-President); the ConVal 2025 Committee (Community Representative); and the Eclectic Book Club and Great Decisions discussion group (Coordinator). Moreover, in 2016 the Grange honored me with its award as "Community Citizen of the Year."

As a school board member, I would confront stubborn issues, such as a declining student body, excessive dependence on the regressive property tax, and our students' daunting social and emotional needs. Having served on a western New York State school board for five years, I have some familiarity with these matters.

Should I be honored with this post, I promise careful attention to the concerns of parents, taxpayers, and students.

SELECTBOARD

3-year term, 1 open position

John Robertson

WHY I SEEK RE-ELECTION

The Town of Antrim is going through an historic time as we make plans for our future. As the ex-officio member of our planning board I look forward to helping implement the directives discovered with the recent Antrim 2020 program. More than eighty people participated and advanced their ideas and thoughts regarding our future.

Six sub-committees were formed and are hard at work to make Antrim a better place. Much of these groups work will be incorporated into the Master Plan revision. These committees' work must go forward. My involvement will help this process become successful.

Since I was elected in 2011 we have seen many improvements. Elm Ave. has been rebuilt, the new police station has been built, the wind farm has been approved by the SEC, and soon we will have a new solar array near the water and sewer plant. I am proud to be part of these projects.

This Spring construction will begin on the new water line and drainage system on Highland Ave. and Pleasant St. This project is a major improvement to our water and sewer district.

As we move forward we need forward thinking people elected to office who have the interests of the residents of



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Candidates for Town Offices

Antrim as their focus. There are always tough decisions to be made. These decisions must be made by people who come with no hidden or personal agendas. Progress comes about because people are dedicated and have the best interests of our residents in mind. I believe I am one of those people.

Over the past eleven years I have held public office in Antrim I have spent countless hours dedicated to the residents of Antrim. Antrim is a great place to live, work, and play. Please let me help me make it better still. We need to keep our selectboard intact. I thank you in advance for your vote March 14th.

WATER & SEWER COMMISSIONER

3-year term, 1 open position

Melissa Lombard

I'm running for Water and Sewer Commissioner as a way to contribute to my local community in a capacity where I have knowledge and experience. I am a geologist and most of my professional career has focused on groundwater and drinking water quality. The Antrim Water and Sewer district is in the midst of many long-term projects and we have made progress during the past 3 years, including the completion of an asset management plan for the water system and locating and drilling a new water supply well. As the incumbent I am very familiar with our ongoing projects including connecting the newly drilled well to the supply system and drilling a new line under the Contoocook River. I will continue to address the issues facing the Antrim District and its customers in forward thinking and cost-conscious ways as I also receive a water bill. Please vote in March!

TRUSTEE OF THE TRUST FUNDS

3-year term, 1 open position

William Bryk

I've been a lawyer for 30 years. I've been privileged to serve Antrim as a library trustee, cemetery trustee, and planning board member and presently serve as Vice-Chair of the Zoning Board of Adjustment. I occasionally contribute essays to *The Limrik* and other publications. As the court-appointed guardian of an incapacitated person, I've been a bonded fiduciary for the last 12 years. Before moving to Antrim, I served as an elected trustee of my union's benefit funds. I've studied the state's *Handbook for Trustees of Trust Funds, Cemetery Trustees, Library Trustees*. I believe my professional experience as a lawyer and fiduciary is highly relevant to serving as a Trustee of Trust Funds. I ask my friends and neighbors in Antrim for the honor of their votes.

Michael Connolly

I am seeking your vote as a Trustee of the Trust Funds having taken this position with the recommendation of

Steve Ullman and Ron Haggett after Ron resigned last year. I have a degree in accounting and am a CPA. I am active in Antrim Lions you may have seen me cooking BBQ chicken at Antrim Home and Harvest or selling Christmas trees at Tenney Farm. I serve as the treasurer of St Mary Knights of Columbus and a member of Parish Leadership Council.

With my fellow trustees we are charged with the custody and management of the town's charitable and capital reserve trusts. The charitable trust fund is composed of 30 individual trusts which are managed as an investment pool with the advice of RBC Wealth Management as required by state law. Trust principle is restricted and income is distributed annually to the beneficiaries, which include the Tuttle Library, the AES and GBS schools, the Scholarship Committee, the Town Poor, Town Recreation and the Cemetery Trusts. The Capital Reserve Trusts are created and managed as a result of the decisions of the Town Meeting and are a device for accruing and appropriating tax funds for special projects. These nine funds are invested and managed as separate accounts in The New Hampshire Public Deposit Investment Pool, (AKA The PDIP). Trustee actions are subject to oversight by the Town Audit and both The Charitable Trust Division of the NH Attorney General's Office and the NH Department of Revenue Administration annually. Trustee meetings are held as required and are public and posted according to "Right to Know" Law. Thank you and I would welcome your vote. ☐

NOTICE

March 10 • Voting
8 a.m. – 7 p.m.

March 12 • Town Meeting
7 p.m.

LOCATION FOR BOTH: ANTRIM TOWN HALL



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don't differentiate between rural and urban public libraries. Antrim's Tuttle Library is considered "Rural, Remote," the most rural classification, meaning it is located more than 25 miles from an urban center.

What's different about a rural library, compared to a large county or city library? Rural library workers more often find themselves in a position in which they are community educators and leaders, and facilitate communication among disparate groups. They often act as conveners. Cindy explained the dichotomy rural library workers face—by nature, librarians tend to be introverted, but rural librarians have to reach out into the community, be visible and actively invite the public in. Rural library workers also tend to have to wear lots of different shoes—as well as cataloging and shelving, they may move from shoveling snow to cleaning bathrooms to performing building maintenance and repairs.

The workshop training aims to help library workers learn basic facilitating skills, how to ask the right questions, how to move from talking to action and strategies for discussing divisive topics. By connecting rural library workers from around the country, this program will also give them a support network they can use for the long term.

Congratulations to Cindy, first, for having the gumption to apply for a selective, competitive national program and second, for being willing to take on the challenge and bring

back to Antrim what she learns. As Cindy says, libraries undergo constant evolution. Larger libraries talk about and test out new systems; smaller libraries learn from the larger libraries and apply what they can to their home libraries. And Cindy is becoming part of a rural library worker network that will help her enhance the role of the James A. Tuttle Library in our community. □

Great Decisions Program

Steve Ullman, Coordinator

Great Decisions is a series of informal conversations about American foreign policy. Attendees can voice their views or just observe silently. No special expertise in foreign policy is needed, only an interest in our country's future abroad. Civility and mutual respect are the hallmarks of our sessions.

Below is the Spring 2020 Great Decisions schedule, along with the weekly topics. We meet on Thursdays from 6:30 to 8:00 p.m. on the second floor of the Tuttle Library.

- April 2 — Climate Change
- April 9 — India and Pakistan
- April 16 — Red Sea Region
- April 23 — Human Trafficking
- April 30 — Northern Triangle
- May 7 — China in Latin America
- May 14 — The Philippines
- May 23 — Artificial Intelligence and Data

Participants may order the Great Decisions manual from the Foreign Policy Association (800-477-5836 or aahmed@fpa.org). The manual contains short articles that accompany each meeting's topic. There will also be several Great Decisions manuals on reserve for those who prefer a free edition.

For further information, please email Steve Ullman at stephenhullman@gmail.com. □



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Antrim Police Department

Chief Scott R. Lester

I would like to take this opportunity to express our gratitude for your support. There were many of you who took time to drop off a card, a treat and even whole meals, to express your support for the members of our department and law enforcement as a whole. We received many visits to the station throughout the year from Antrim residents and some from other communities, taking time out of their busy schedules to say “Thank you,” “We appreciate what you do” and “We love our police department.” These short visits and very kind words mean a lot to the officers and strengthen the bond we have with our community.

Unfortunately police are usually only called when something bad has happened. We are also tasked with enforcement of traffic violations. To many, this is an area where people think we “have nothing better to do.” We are confronted with individuals dealing with a variety of emotions and we are perceived as the “bad guys.” What most are not aware of are the constant motor vehicle complaints from citizens of speeding, failing to yield/stop, improper passing and many more. So when we do have positive encounters, they are remembered and go a long way. We try our best to change driving behaviors and settle disputes in the best possible way.

We appreciate the support we receive and strive to provide the best service we can. Thank you! ☐

CHOIR PRACTICE

By J. Alfred

There was a choirboy from Bow
Who sang an octave too low
“I have to stop ya
‘Cuz this ain’t opera”
Yelled a man in the pews’ front row

Free Community Suppers

March 19 • April 16 • May 21

5:30 PM

First Presbyterian Church
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Antrim Select Board

John Robertson

As we embark on the third decade of the twenty-first century let’s look back at the past ten years in Antrim and look ahead to the next ten years. Much has been accomplished, but there is much more left to do. We entered 2010 with a budget deficit. With guidance from many and an increase in our tax rate, the ship was put back on course. By 2012 Antrim was solvent again. Since that time, your Select Board has kept the budgets balanced. Much credit goes to our Town Administrator and staff. As a result, we were able to reduce the 2020 tax rate.

Over the past decade many of our roads have been improved and/or rebuilt. Over three years Elm Avenue was rebuilt. More recently Pierce Lake Road, Gregg Lake Road, and Smith Road were repaved and upgraded. This past year a large section of Pleasant Street was reconstructed. 2019 saw the completion of the Highland Avenue and lower Pleasant Street water line and drainage project. As part of the project road improvements were made to both streets.

Much more is planned to improve our water and sewer services in the next few years.

Also over the last decade many of the town’s bridges were replaced. This includes three bridges on Depot Street alone, including the Contoocook River Bridge. In addition, the North Branch Bridge, Craig Road Bridge, Elm Street Extension Bridge, and Grove Street Bridge were all replaced. The West Street Bridge was just finished this past fall.

January 1, 2014 marked the opening of our new police department facility. This new building brought the Antrim PD into the 21st century. Much needed office space, interview rooms, holding space, and storage rooms are now provided.

December 24, 2019 marked the date the Antrim wind farm began commercial power production. The long ten year planning and construction period came to fruition. As a result some 900 acres will be placed in a conservation easement. Money will be available to improve the beach area at Gregg Lake and to preserve additional open space through conservation easements, \$5,000 a year will go to the Antrim Scholarship Fund.

The foregoing are some of Antrim’s highlights over the past ten years. As we look forward to the decade of the twenties there will be many challenges to face not only by the Select Board, but by the town as a whole. Included are road rebuilds, and updates to other town infrastructure. There are two bridges left to replace. The Gregg Lake Dam needs to undergo renovations. And our town highway, fire station, and transfer station facilities need serious updating.

As we look forward to next year and beyond, the Select Board thanks all the citizens of Antrim for all your help and support and for allowing us to serve. We look forward to your support and direction in the future. ☐

crossed over Main Street, I cut out behind the Presbyterian Church, through the puckerbrush, past the back door of the Antrim House until I hit the pasture road that leads due east to the river. It was only a minute or two later and I was hopping over the gate and into the field where I could see the river below me. I had another ten minutes of walking, five if I ran, until I reached the Contoocook. So, of course, I ran.

By the time I reached the bank of the river, I was out of breath and collapsed near a large red oak tree. Its roots were partially exposed, reaching out over the river where they had quenched the thirst of the old oak many years ago, but were now suspended in the air. The years of melting snow and heavy rains had eroded the banks in several places, exposing very fine sand. The sandy bank was a good place from where to swim, land a boat or just fish. Eventually, the bank would erode so much that the red oak would topple over into the river, but not today.

I dug through my can of worms to find just the right one, placed him gently on my rusty old hook and tossed him quietly into the moving water. Bump. Bump. I snapped my rod and reeled it in and...nothing. Not even a worm. I found an even better worm, hooked him on, and in the water he went. Bump. Bump. I snapped the rod again and reeled as fast as I could and...nothing. I figured it must be minnows or tiny dace just eating my worms. I decided to move upriver to a better spot. I knew just the place!

I followed the path, created by others and me over the years, and crept through the low brush to the edge of a backwater, being careful not to make too much noise and risk scaring the fish. On the other side of the muddy ditch was my lucky spot. I crouched low, leaned forward, and with cat-like precision I jumped the ditch. In the air, all was well, until my right foot came down awkwardly on an old wet branch and I felt myself falling back into the ditch. In a last effort to save myself, I reached up and grabbed an ironwood tree on the edge of the bank. My hand slipped off the tree, but then suddenly my body jerked and swung around and I landed on my backside up against the ironwood, my hand and arm twisted up behind my back. As I untangled myself from around the tree, I realized that I had indeed slipped off the tree, but my hand and arm were caught in a thick brown rope that was wrapped around a low branch of the ironwood. Using my other

hand, I removed the rope from my arm and hand and stood up to stretch my very sore back. The rope had saved me from an embarrassing flop into the muddy ditch.

Standing there stretching my back and staring at the rope, I wondered who would have put it there and why? My first thought was a trap full of bait put there by some fisherman for the upcoming ice-fishing season. It was better to leave it alone than to upset a fellow fisherman. As I looked at it further, I realized the rope stretched out into the middle of the river. A bait trap would most likely be placed along the bank of the river. I thought to myself, "*What else could it be?*" Looking over both shoulders and across the field behind me, making sure I hadn't been followed, I placed my pole against the ironwood and set down my worms, then grabbed the rope with both hands and gave it a tug.

At first, I felt some resistance, but tugged at it again and felt it give. It felt as if whatever was on the other end was now floating above the bottom of the river and slowly coming towards shore. Slowly, hand over hand, I continued to pull the rope towards me. I felt a bump and then nothing, but I continued to pull. Again, I felt the weight of the object in the current of the river. Then something broke the surface of the water. I continued to pull. It wasn't a trap, that was for sure! The thought of stopping and heading back home entered my mind, but I continued to pull. Slowly...constantly...with purpose, and then the rope jerked. Whatever it was, it had made it to the base of the riverbank. I looped the rope and knotted it around the lowest branch of the ironwood and tugged it once or twice to make sure it wouldn't slip. I stepped to the edge of the bank and peered down into the river.

As I looked at the object in the water, many things sped through my mind. The rope was wrapped around the object's middle and then again at its end. My mind whirled, "*Was it a bag? A sheet? Was it a duffel bag full of money from a robbery? Was it a tarp full of trash from a neighbor? What were the white parallel linear objects on one side?*" As these thoughts ran through my mind, more and more I knew what I didn't want it to be. The list of possibilities continued to churn in my brain but my mind always returned to that one thing it just shouldn't be. Not in this river! Not at my favorite fishing spot! Not in this quiet little town! But that's exactly what it was.



Photo by Frank Gorga

✍️ — continued on page 10

“Go, Little Antrim!”

A Small Town’s Effort to Protect Its Lake’s Water Quality

Joan Gorga

Nearly five years ago, large clumps of algae began to appear in Gregg Lake. Nobody remembered seeing such clumps before, and none of us could explain what was causing them, but the concern extended from the Gregg Lake community to the rest of the town and beyond. A year later, Sara Steiner, who coordinates the volunteer lake water testing program (VLAP) for the New Hampshire Department of Environmental Sciences (NHDES), suggested that we consider applying for Watershed Assistance Grant funding from NHDES to develop a watershed management plan (WMP) to figure out what was causing our problem. A few of us decided to see if we could put together a group to undertake the project.

Those who stepped forward to be part of our core working group were a diverse bunch with a wide range of interests, backgrounds, and volunteer roles in Antrim, and we thought we had the skills to develop a WMP. We prepared a grant pre-proposal, the first step in the application process. NHDES invited us for an interview—they wanted to see if we were for real. They were considering taking the risk of awarding us the \$25,000 in grant funding we had requested, but had never had a group make a proposal like ours. Most towns or lake associations raise \$100,000 to \$150,000 for the purpose of paying someone else to prepare a WMP for them. We, on the other hand, proposed to do most of the work ourselves, with no financial input from the Town of Antrim; all of the town’s match (40% of the total project cost; a minimum of \$16,675) would come from our volunteer time. NHDES assured us that we would be putting in more than enough time to meet the match. (We should have taken that as a warning!)

We had described our volunteer roles in Antrim—Conservation Commission, Water and Sewer Commission, Parks and Recreation Commission, etc.—in our proposal, but not our professional credentials. Those of us who were able to attend the December weekday interview in Concord—with three taking off from work to be there—introduced ourselves: Peter Beblowski, geologist at NHDES; Melissa Lombard, geochemist at USGS; David Ward, certified GIS professional; Ben Pratt, retired professional engineer; and me, retired biochemist. Our interviewers quickly began to believe we were for real. When they asked if we thought we could actually do the job of putting together a WMP, I said, “Well... possibly... maybe...,” but David said, “We can and we will!” And that’s what they wanted to hear.

Eventually, our interviewers asked me a question about the town’s finances, and I said, “Ask Ben,” who had been pretty quiet until then, “He’s our Town Treasurer.” It was priceless to see their faces—their jaws dropped and they turned to Ben, saying, “You are?” Ben gave a big grin and

responded “I am!” Not only did we have the professional credentials, this was a group of town officials (Conservation Commission Chair, Water and Sewer Commission Chair, Parks & Rec Commission Chair, *and* Treasurer) working together with seasonal residents, landowners and recreational lake users to protect the water quality in our lake. Were we for real? Absolutely!

The Watershed Assistance Section decided to take the risk with funding our proposal, and invited us to continue with the full grant application, which we submitted in January 2017. They assured us that they would stand behind us—their goal was for us to succeed.

In May, a few days after my husband’s heart attack and bypass surgery, I took a little detour on my way to Catholic Medical Center to attend a talk one of our interviewers was giving at the annual Lakes Congress in Meredith. (Had my in-laws known of my morning-long detour, my husband’s health problems would have been minor compared to mine!) I was surprised to see a slide describing Antrim’s low-budget grant application. The speaker noticed me among the hundred or so in the audience, smiled and said “Go, Little Antrim!” I took that as an indication we were still in the running for funding, and hurried on down to Manchester in good spirits. Decision-making was slow that year, but finally, in December 2017, we were notified that the Governor and Council had approved our full grant application. When I got the call from NHDES that all systems were go, they were surprised at a “Woo Hoo!” response; I guess most groups aren’t really so thrilled to find out that they’re going to have to do so much work. Perhaps it was just that we didn’t really know what we were getting into...

Since then, the five of us who attended the initial interview, along with the other hard-working members of our core committee, Cathy Spedden, Helen Perivier, Frank Gorga, Suzy Ward and George and Michelle Caughey, have put literally thousands of hours into the project. Other seasonal and year-round residents have also contributed as they’ve been able. We’ve analyzed forty years’ worth of water quality data, surveyed septic systems, identified and evaluated erosion hotspots, and hired professional environmental consultants to perform analysis and advise us in areas where we’re not qualified to make judgements. For two years in a row, we performed monthly VLAP sampling from April through October to get a better idea of what’s going on in the lake. We’ve written detailed reports and held public meetings to set a water-quality goal and discuss our action plan to achieve that goal. We’ve prepared a detailed Action Plan, with anticipated milestones and tracking systems in place. And we’ve set up an Outreach Plan

 — continued on page 12

Immediately, I felt a rush of warmth in my face as I staggered back, my foot catching on the rope, and all I can remember is a blur of legs and feet floating in the air as I fell backward onto the ground near the ditch. After a moment, I sat up and shook my head as if to wake from a dream. I could see the rope attached to the tree and realized a dream it was not! I stumbled to my feet, jumped the ditch with room to spare, ducked through the brush and broke into the wide-open field. As I started to gather speed, I looked up towards town and could see the steeple of the Presbyterian Church towering over the trees and said out loud, "Five minutes if I run!" and boy did I run!

As I reached the front of the Antrim House, completely out of breath, I busted through the front door and nearly knocked over Mr. Harrison standing by the stairs. He grabbed me by the shoulders, sat me down in a chair and asked me what was going on? I thought, "Where do I begin?"

to be continued ...

THE CURE

By J. Alfred

A man way up in Laconia
Learned he had walking pneumonia
So he hiked down to Antrim
And borrowed two Bactrim
From his grandmother Sonja

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Friends of Willard Pond

Anitra Sorensen

Antrim has a real gem in Willard Pond. Although the pond is owned by the State of New Hampshire, nearly all the land around it (nearly 1,700 acres) is protected and managed by New Hampshire Audubon. The shoreline is devoid of houses or other structures with the exception of a canoe rack and a kiosk, which is maintained by NH Fish & Game. It is a place that is "wild" and supports loons, an abundance of other birds, bobcats, moose, deer, porcupines, and lots of other wildlife. The pond is stocked by Fish & Game for fly fishing, which is the only type of fishing allowed there. No petroleum boats are permitted, but there is peaceful space for people to kayak and canoe. We are lucky that NH Audubon has preserved this sanctuary area and allowed all of us to use it for relaxation and rejuvenation.

A group of about thirty people has been meeting for the past year to develop strategies to help care for this valuable resource. Along with NH Audubon, the Antrim Conservation Commission, the Antrim Police Department, the Antrim Select Board, NH Fish & Game and others, this group has taken on several initiatives.

Volunteers have done trail maintenance work and people have helped with trash removal. The parking situation has been studied and possible solutions for over-crowded parking and overuse of the pond discussed. In order to allow safe passage of emergency vehicles, the Antrim Select Board passed an ordinance to prohibit parking along the road. The Antrim Police Department provided a radar monitor to remind people to keep their speed down to the posted limit of 25 miles per hour.

The Friends of Willard Pond will start meeting again in the spring. The first meeting will be a work morning for trail maintenance on **Sunday, April 19, at 9 a.m.** There will be a brief check-in meeting in the parking lot before the work begins. Pories for this year will be established. If you are unable to stay for the trail work, come just for the brief meeting. Anyone is welcome to attend the meetings. If you would like more information about the group or want to be put on the mailing list, please contact Anitra Sorensen (anitrasorensen@gmail.com or 603-731-9764).

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What Our Forests Do for Climate Change

Carbon Sequestration Made Easy

Charles Levesque

Like New Hampshire as a whole, Antrim's forests cover over 80% of the town. We are a heavily forested town in a heavily forested Monadnock region, in a state that is the second-most forested in the country after Maine (by percentage of land area). What do these forested acres do for climate change—how do they “sequester” carbon, i.e. how do they take carbon dioxide, a critical greenhouse gas, from the air and make it inert?

You may remember photosynthesis from high school biology. This is where plants use sunlight to create sugars—the food plants need to grow—using chlorophyll, the green pigment we see in plants during the growing season, as well as the other colored pigments we see in the autumn. The sun's energy is taken in through the leaf chlorophyll and combined with carbon dioxide (CO₂) taken in from the atmosphere, water and minerals taken in through the roots to produce these carbon (C)-containing sugars and other plant matter. The plant emits oxygen (O₂) through this process, the reason we have an oxygen-rich environment on earth.

Photosynthesis is how some carbon dioxide in the atmosphere is “sequestered” into plants. For trees, the carbon is stored in the wood that is created as the tree grows. Until that wood is either burned or allowed to decay (when a tree or tree parts die and fall onto the ground and rot), the carbon is locked up in the wood. When the wood burns or decays, the carbon (C) is recombined with oxygen (O₂) and released into the atmosphere as carbon dioxide (CO₂). Whether or not you believe climate warming or climate change is being caused by humans, the science on greenhouse gases is clear. When more and more carbon dioxide and other greenhouse gases enter the atmosphere, more heat is trapped in our atmosphere and temperatures are higher. Trees and other plants play a critical role in this equation.

In the United States, forests annually sequester enough carbon to offset about 15% of all the carbon dioxide sent into the atmosphere from the burning of fossil fuels in power plants, in heating buildings and in our trucks and cars.

There are two important aspects of the role of trees in the

carbon equation: **carbon storage** and **carbon sequestration rate**. Carbon storage refers to the amount of carbon in the forest, whether you are talking about your backyard acre or a 100,000-acre forest. The more biomass, i.e., the greater the amount of wood in that acre or 100,000 acres, the more carbon is stored. The dry weight of a tree is about 50% carbon. A large tree stores more carbon than a small tree so, generally speaking, an older forest contains more carbon (in the trees and roots) than does a younger forest. This idea of carbon storage is a way to express what the forest has done as far as sequestering carbon in the past.

If you are concerned about what kind of forests are best for combating climate change today and in the future, you need to look at the carbon sequestration rate of the forest. Older forests may store a lot of carbon from sequestration in the past, but they do not sequester the most carbon today—that happens in young to mid-aged and sized forests where the trees are in the 6–10 inch diameter range or so, and are 30–70 years old. These kinds of forests are growing vigorously, contain many more trees per acre than the older forest and sequester much more carbon per acre per year than an older forest with fewer, but bigger, trees. At some point, as a really old forest continues to age, it starts to die, and older trees lose tops or branches or just die and fall. At that point,

✍️ — continued on page 14



Photo by Frank Gorga

that covers critical elements of encouraging private landowners to embrace the WMP. We hope to fully complete the WMP by the end of March, and have scheduled a public WMP rollout on **March 17 at 5:30 p.m. at Little Town Hall**. We've been guided every step of the way by NHDES and our environmental consultants to ensure that our final WMP is compliant with Environmental Protection Agency standards. We've learned more than we thought possible about factors contributing to water quality issues in Gregg Lake, and have a very good idea about what to do to alleviate the problems.

It's going to be a challenge to achieve the WMP goals to remove Gregg Lake from the "Impaired" list, but even before we formally finished the WMP, both the town and lake-side residents began implementing parts of the plan. One couple investigated their antiquated septic system, found it to be a leaking concrete block cesspool and replaced it with a system that meets current code. Replacement of another elusive (meaning, "We can't find it!") and presumed failed septic system has been permitted. Jim Plourde and his highway crew have already started working on some of the sites that are the worst offenders as far as road erosion and stormwater runoff. And several lakeshore residents have begun to assess the effects of stormwater runoff from their private properties. We have also been the beneficiaries of two new conservation easements, one protecting 900 acres in the vicinity of the Antrim Wind farm and "Caughey Forest," protecting an undeveloped 57-acre parcel including over 2000 feet of Gregg Lake shoreline. Not everyone will like some of the recommendations we'll be making, but these are actions we have to take to protect the lake over the long term.

As NHDES informed us at our original interview, they want the Town of Antrim to succeed at developing a WMP on a small budget. After I said during the interview that we felt that the more we did ourselves the better we would understand what we need to do to improve our lake's water quality, there was a long pause—long enough for me to wonder if I had truly said something wrong—but then they assured us that they fully agreed with us, they'd just never

heard anyone say it before. They're using us as a test case, so the pressure is on to show that a small town can indeed develop a WMP on a small budget. "Go, Little Antrim!"

VLAP coordinator Sara Steiner invited us to be one of three New Hampshire groups giving presentations on developing WMPs at the North American Lake Management Society (NALMS) meeting last November, which was held in Burlington, Vermont. The title Sara gave the Gregg Lake talk—"Harnessing Local Expertise to Develop a Watershed Management Plan on a Small Budget." After that presentation, I received several requests for advice from people in the US and Canada about how the Town of Antrim has gone about doing this ourselves, as well as compliments on the thoroughness of our Water Quality Summary and other helpful suggestions for us. In addition, since the NALMS session was well received, we've been asked to present a similar session at the upcoming Lakes Congress in Meredith in May. All three of us who spoke at NALMS agreed to do it again, with updates—we in New Hampshire do recognize the importance of high water quality in our lakes and rivers. In my talks, I've tried to tell the audience that they, too, could put together a group like we have that would work hard together to achieve a common goal.

While we've been led step-by-step through the sometimes agonizing process of developing a WMP, we as a town have indeed developed a very good understanding of the stresses Gregg Lake is facing and what we need to do about them. We understand from the perspectives of the Parks & Recreation Commission, the Conservation Commission, the Water & Sewer Commission, the Town Treasurer, the Highway Department, lake residents, Summah People, beach users, kayakers, fishers, boaters and anyone else who would take the time to explain their thoughts to us. We hope this gives the Town of Antrim an advantage in implementing our WMP.

Go, Little Antrim! Are we for real? ☐



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Tuttle Library News

Cindy Jewett, Laurie Cass-Griggs, Melissa Lawless

EVENTS CALENDAR

March

- 10 Tues. Vote YES for the library warrant article!
12 Thurs. Library Closing Early, at 6 p.m., for Town Meeting
Mid-March Seed Sharing Program
17 Tues. Cozy Mystery Cookbook Club, 6 p.m.
19 Thurs. Reading to Rosey, 5–6 p.m.
24 Tues. HomeSchool Meetup, 3–4 p.m.
24 Tues. *An Invitation to Pause...Again*, Janet Archer, 6:30 p.m.
31 Tues. NHHEAF College Planning Presentation, 6:30 p.m.

April

- 14 Tues. Cozy Mystery Cookbook Club, 6 p.m.
16 Thurs. Reading to Rosey, 5–6 p.m.
18 Sat. Songs of Emigration: Jordan Tirrell-Wysocki, Storytelling through Irish Music, 1 p.m.
20–24 Spring Break! Drop-in Crafting and movies for kids all week!
28 Tues. HomeSchool Meetup, 3–4 p.m.

May

- 9 Sat. Plant a flower for Mom! 11–2 p.m.
12 Tues. Cozy Mystery Cookbook Club, 6 p.m.
21 Thurs. Reading to Rosey, 5–6 p.m.
26 Tues. HomeSchool Meetup, 3–4 p.m.

Ongoing

- Mondays Basic Computer Classes, 2–3 p.m.
Mondays Dungeons & Dragons Club, 3–5:30 p.m.
NEW! Tuesdays Munchies & Movies, 3–5:30 p.m.
Wednesdays Tech & Virtual Reality Headset, 3–5:30 p.m.
Thursdays Lego Club, 3:30 p.m.

GENERAL NEWS

New Museum Passes! New passes coming soon—we're looking at adding the following museums to our lineup: Castle in the Clouds in Moultonbor-

ough, NH, and the Mt. Kearsarge Indian Museum in Warner, NH. Attend the Boston Museum of Fine Arts at a discounted rate and go to many NH State Parks for free. Please contact the library in advance before you plan to attend to check availability and sign up for a museum pass.

Website Update

Access the library's new expanded website through the Town of Antrim Page at: www.antrimnh.org/james-tuttle-library.

HomeSchool Meetup

The library wants to offer homeschool families a place to meet. Once a month, meet with other area parents for one hour while we entertain your kids. We will read aloud to them, play games or have an activity while you have a chance to meet with other parents. HomeSchool Meetup is every fourth Tuesday of the month from 3–4 p.m.

Reading to Rosey

Rosey is a licensed therapy dog. She is 5 years old and weighs roughly 18 lbs. She is obedience-trained, insured, a Canine Good Citizen and certified through the AKC. Rosey can help with uplifting or calming and is a great companion to read to! Every third Thursday of the month! Please call or stop in to make an appointment. Sessions are approximately 15 minutes each. Free to the public but donations are always welcome! Monetary donations will go to "End 68 Hours of Hunger."

 — continued on page 16

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when the dead material starts to decompose, the forest may be adding more greenhouse gases to the atmosphere than it is sequestering.

So what can you do if you care about climate change and believe forests play an important role in this issue? First and foremost, keep your forest—your woods—as forest. No matter what the age or tree type contained in the forest, we are much better off if the land stays in forest as opposed to a non-forest use. Secondly, ensure that your forest is growing vigorously. If your forest is young to middle-aged, think about thinning it so that each tree remaining has the maximum amount of sunlight possible without big gaps in the tree canopy. That way your forest will sequester as much carbon as is possible. If you have an old forest that is not so old that trees are dying all over and more and more tops and branches are breaking off and remaining on the ground to rot, then it is okay to leave it alone. If you want to harvest timber, that is okay, too, especially if you can try to get a high percentage of the timber to go into the manufacture of solid wood products where the carbon stays locked up for decades, if not hundreds of years, such as in timbers and boards.

Charlie Levesque, a NH licensed forester and natural resource consultant, can be reached at 603-588-3272 or levesque@inrslc.com. ☐

Maple Weekend – Antrim Sugar House

OPEN HOUSES – MARCH 21 & 22

Charles Levesque

Maple Sugar House open houses are happening in Antrim and all over in NH on Maple Weekend, March 21 & 22. Consider stopping by at Antrim’s Sugar Houses for maple goodness! You should call first to make sure of best time and days to come:

Cap and Sap Sugar House

Location: 34 Turner Hill Road

Phone: 603-731-5128

Proprietor: Gene Willett

Chris-Mich 3 Farm

Location: 285 Elm Ave

Phone: 603-588-2157

Proprietors: Bernadette and Ernest Todd

Old Pound Road Sugar House

Location: 37 Old Pound Road

Phone: 603-588-3272

Proprietors: Charles Levesque and Galen Kilbride

Patten Hill Farm

Location: 133 West Street

Phone: 603-588-2122

Proprietor: Gordon Webber

Redneck Sugarhouse

Location: 30 Pleasant Street

Phone: 603-440-9511

Proprietor: David Belliveau ☐

Dry Firewood For Sale

We are taking orders for **dry firewood** for delivery in fall of 2020. We sell out early so it is not too early to place an order now.



We only sell **dry** firewood because that is the best & safest way to burn it. We have been producing this year’s firewood all winter. Order today for fall 2020 delivery. Price: **\$260/cord delivered for 3 or more cords. \$270/cord for 1 or 2 cords.** Ask our customers—it is dry! **Call: 603-588-3272 or email at levesque@inrslc.com**

We also have plenty of maple syrup from this year’s crop! We will have our sugar house OPEN HOUSE on Sat. March 21 and Sun. the 22nd. 10-4

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Divisions of: Innovative Natural Resource Solutions LLC

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Charles Levesque
President
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Photo by Frank Gorga

Title Searching for Family Data at the Limrik or Antrim Reporter Online

Rick Wood

Did you know the history of your Antrim family tree may be searchable on the Internet? As a member of the Antrim Historical Society, I often do research for information using the Antrim *Limrik* or *Antrim Reporter*. In the past, having to search through these archives would have taken a lot of time, assuming you could gain access to all the hard copies at one location. Well, fortunately, this task has been made much easier. By using either your personal computer or one available at Antrim's James A. Tuttle Library, you can very easily search for this ancestor information online. By the way, while at the Library, you might find one of our dedicated volunteers on the 2nd floor who may be able to assist you in finding family or other historical references located in other materials stored in our archive cabinets. We have a database with over 2900 logged items that we can easily access to see what is available.

Back in 2013, the *Limrik* staff and the Historical Society Board worked together to get digital scans made of the *Antrim Reporter*, a weekly newspaper published from 1891–1951, and the *Limrik*, published quarterly since 1991. Current *Limrik* Editor Emeritus Lyman Gilmore took responsibility for the *Reporter*. While many issues were available in the Historical Society archives, he had to have digital copies of some made from microfiche files at the State Library. Current, and longtime, *Limrik* Layout Editor Connie Kirwin rounded up hard copies of the early *Limrik* issues, many from her own personal library, some from Lyman and others from the Historical Society archives, and scans were made of those, too. Connie already had more recent *Limrik* issues stored digitally.

In the original digital scans, each page of the *Reporters* and early *Limriks* was stored as a separate pdf file, making accessing the data somewhat cumbersome. More recently, *Limrik* Business Manager Ral Burgess and Photo Editor and Webmaster Frank Gorga spent a lot of time merging the single-page files into issues and posting them on the *Limrik* website at <http://antrimlimrik.org/>. By clicking on the **Archives** menu option, then by clicking on **Searching the Archives**, you will be provided instructions on how to apply keyword searches, like your family name or street, for any articles that include information with the keyword. Because of the condition of some of the early issues, searching the digital scans doesn't always work perfectly, but give it a try, you might find out information you would never have known was there. ☐

Thanks to ...

Marguerite Roberts, Karen Weisswange and Ruth Benedict for faithfully delivering *The Limrik* to sites all over town every quarter. ☐

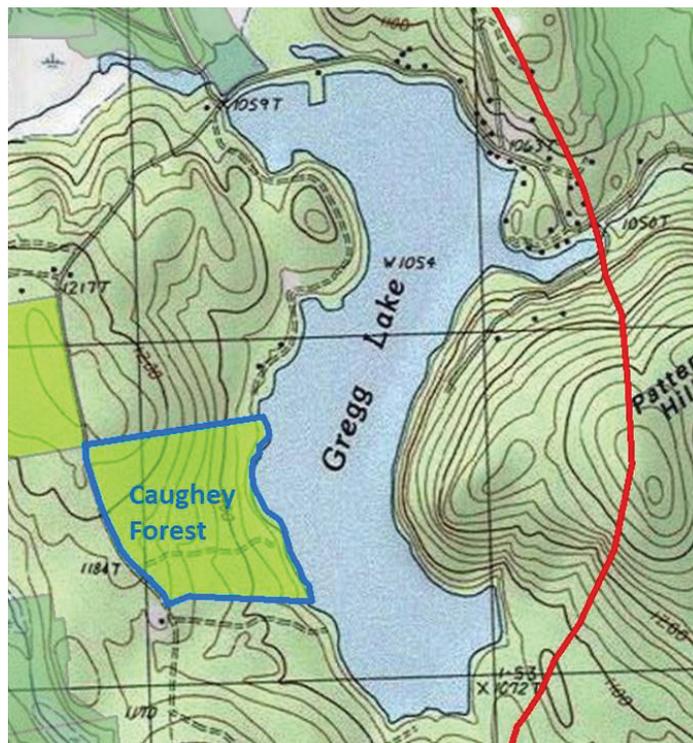
Caughey Forest

A Generous Donation and a Sigh of Relief

Joan Gorga

Recently, George and Michelle Caughey purchased the 57-acre parcel of undeveloped land with more than 2000 feet of shoreline on the western side of Gregg Lake that was listed for sale for about ten years by the heirs of Dick Withington. The Caugheys then turned around and donated a conservation easement on the entire property to the Harris Center for Conservation Education, and the Antrim Conservation Commission joined in with a grant to offset the costs of stewardship of the easement. The Harris Center is calling this parcel "Caughey Forest."

The Caugheys' intention was to preserve the wildlife habitat, which includes suitable loon nesting areas along the shoreline, and protect the scenic beauty of the lake. Under current zoning, the property could have supported the development of approximately eight houses, with one located in the lakefront residential district and the remainder in the rural conservation district. Development on this scale would have had a major impact on the water quality of Gregg Lake and would have disrupted a block of mature forest. At the northwest corner, this property abuts the 184-acre property once owned by the Girl Scouts and now also owned and protected by the Harris Center. All told, the Harris Center now holds conservation easements on 933 acres in the Gregg Lake watershed, and, combined with lands protected by NH Audubon and other organizations, a total of 34% of the Gregg Lake watershed is conserved. ☐



Caughey Forest location, with the eastern edge of the Gregg Lake watershed indicated by the bold line on the right. Map adapted with permission from the Harris Center.

Vote YES on the Library Warrant Article!

This year the library needs building maintenance. There is structural work to attend to, painting to be done, and missing bricks in the front walkway. A vote of YES supports this important work and maintains a town building that supports our community. Help keep the library the important hub of the community that it is by voting “YES!”

Cozy Mystery Cookbook Club—Louise Penny Inspector Gamache Mysteries

Our Cozy Mystery Cookbook Club has turned into a Louise Penny Mystery Club! We’ve been reading Inspector Gamache mysteries for months now. By the time this article is printed we’ll probably be up to #9. Join us! We all read the book and then cook a recipe inspired by the story to bring to the meeting. We have extra copies of the book each month if you’d like to join in.

Mondays—Beginning Computer Classes

Every Monday afternoon from 2–3 p.m., the library offers beginning computer instruction and technical help for people who want to learn more about using the computer. Call the library to sign up for a time slot at 588–6786.

Mondays—D&D Club

Later in the afternoon on Mondays from 3–5:30 p.m. is our Dungeons & Dragons Club. We have a small D&D group already formed that could use some new members!

Wednesdays—Tech Help/Virtual Reality

Do you have general questions about computers or your phone? Do you need help printing or setting up your email? Come to the library on Wednesdays from 3–5:30 p.m. to get one-on-one help from our new technician, Christopher. Also—that day, try out our virtual reality helmet! Patrons must be at least 13 years old and have a consent form signed by parents. Call the library to sign up for a time slot for either tech help or virtual reality at 588–6786.

EXCITING EVENTS IN MARCH

An Invitation to Pause...Again, with Author Janet Archer

Please join us Tuesday, March 24, at 6:30 p.m., when Antrim author Janet Archer comes to talk about her latest book,

An Invitation to Pause...Again. Her new book offers further musings from a mindfulness coach about life and dementia. In her new collection of 34 uplifting, funny and heart-wrenching stories, Janet reminds us of our common humanity as we travel this path of life together and how fleetingly precious our days on this planet earth are.

College Planning Presentation

Please join us on Tuesday, March 31, at 6:30 p.m., for a presentation from the New Hampshire Higher Education Assistance Foundation about preparing for college. A college outreach specialist will speak about the college application process, financial aid and other ways to prepare for higher learning.

March Seed Sharing

THINK SPRING! For the seventh year, the Tuttle Library will be running a seed lending program. We will have a fresh supply of heirloom and open-pollinated vegetable and flower seeds, as well as lots of gardening books and reference sheets. Antrim residents will be able to “check out” seeds, plant them, and enjoy the harvest. Seeds should arrive in early March; watch for our seed display at the library.

EVENTS IN APRIL

Songs of Emigration: Storytelling through Irish Music

Through traditional music, Jordan Tirrell-Wysocki relays some of the adventures, misadventures, and emotions experienced by Irish emigrants. He discusses the historical context of these songs, interspersing their stories with tunes from Ireland that made their way into New England’s musical repertoire. Jordan is an award-winning fiddler who grew up playing dances and folk festivals around New England. He was first recognized at the age of 12, when he was the youngest member of the delegation representing the state at the Smithsonian Folklife Festival in Washington, D.C. He has toured nationally, performed across Ireland, and released multiple recordings of Celtic music. He currently performs over 200 shows each year, mostly with his own band, the Jordan TW Trio. His lifelong passion for history helps bring to life the traditional music around which he built his career. This is a NH Humanities to Go program. Saturday, April 18, 1 p.m.

LOOKING FORWARD TO MAY

Plant a flower for Mom

Come to the library and make a special gift for your Mom or Grandmother outside at the picnic table. There will be supplies for you to use, free for children with parents attending, while supplies last. Saturday, May 9, 11–2 p.m.

Story Time

We are updating our Story Time soon to include a story, movement, and a sing-a-long.

Please check our website for more information and events not listed here! www.antrimnh.org/james-tuttle-library ☐

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Community Calendar

MARCH 2020

- 5 **Vine Story Hour: "Surprise!"** • Avenue A • 7 p.m.
- 6 **Eat Out for The Grapevine!** • Rick and Diane's Restaurant • ALL DAY
- 10 **Town Elections–Vote** • Antrim Town Hall • 8:00 a.m. – 7:00 p.m.
- 11 **Lenten Luncheons** • Antrim Baptist Church • speakers from each of the area churches • 12 noon
- 12 **Town Meeting** • Antrim Town Hall • 7:00 p.m.
- 17 **Gregg Lake Watershed Management Plan Rollout** • Little Town Hall • 5:30 p.m.
- 17 **Cozy Mystery Cookbook Club** • Tuttle Library • 6:00 p.m.
- 18 **Lenten Luncheons** • Antrim Baptist Church • speakers from each of the area churches • 12 noon
- 19 **Eat Out for The Grapevine!** • Fiddlehead's Cafe and Catering, Hancock • ALL DAY
- 19 **Reading to Rosey: Canine Good Citizen licensed therapy dog** • Tuttle Library • 5 – 6:00 p.m.
- 19 **Free Community Supper** • First Presbyterian Church • 5:30 p.m.
- 21 **Super Duper Tea Party** • Recreation Dept. at Antrim Town Hall • 11:00 a.m.
- 21–22 **Antrim Sugar House Open House** • various locations around Antrim (see page 14)
- 24 **HomeSchool Meetup** • Tuttle Library • 3 – 4:00 p.m.
- 24 **An Invitation to Pause ... Again** • Janet Archer • Tuttle Library • 6:30 p.m.
- 24 **NHHEAF College Planning Presentation** • Tuttle Library • 6:30 p.m.
- 25 **Lenten Luncheons** • Antrim Baptist Church • speakers from each of the area churches • 12 noon

APRIL 2020

- 1 **Lenten Luncheons** • Antrim Baptist Church • speakers from each of the area churches • 12 noon
- 2 **Great Decisions Program: Climate Change** • Tuttle Library • 6:30 p.m.
- 9 **Great Decisions Program: India and Pakistan** • Tuttle Library • 6:30 p.m.
- 12 **Easter Sunrise Service** • led by Rev. Charles Boucher • First Presbyterian Church lawn • 6:30 a.m.
- 14 **Cozy Mystery Cookbook Club** • Tuttle Library • 6:00 p.m.
- 16 **Antrim Eclectic Book Club** • Antrim Area Senior Center at the First Presbyterian Church • 11 a.m.
- 16 **Reading to Rosey: Canine Good Citizen licensed therapy dog** • Tuttle Library • 5 – 6:00 p.m.
- 16 **Free Community Supper** • First Presbyterian Church • 5:30 p.m.
- 16 **Great Decisions Program: Red Sea Region** • Tuttle Library • 6:30 p.m.
- 18 **Songs of Emigration** • Jordan Tirrell-Wysocki • Tuttle Library • 1:00 p.m.
- 19 **Friends of Willard Pond Trail Maintenance** • meet at Willard Pond parking lot • 9:00 a.m.
- 23 **Great Decisions Program: Human Trafficking** • Tuttle Library • 6:30 p.m.
- 25 **Mutts Gone Nutts** • Dana Center • Recreation Dept. Bus Trip leaves Antrim 2:30 p.m.
- 28 **HomeSchool Meetup** • Tuttle Library • 3 – 4:00 p.m.
- 30 **Great Decisions Program: Northern Triangle** • Tuttle Library • 6:30 p.m.
- 30 **Dog License Deadline** • Antrim Town Clerk's Office

MAY 2020

- 2 **Aardvark Jazz Orchestra Concert** • Dana Center • Recreation Dept. Bus Trip leaves Antrim 6 p.m.
- 5 **Youth Fishing Derby** • Recreation Dept. at Mill Pond behind Antrim Town Hall • 8 – 9:30 a.m.
- 7 **Great Decisions Program: China in Latin America** • Tuttle Library • 6:30 p.m.
- 9 **Annual Grapevine Spring Walk for Families** • The Grapevine parking lot • 9:30 a.m.
- 9 **Plant a flower for Mom!** • Tuttle Library • 11:00 a.m. – 2:00 p.m.
- 12 **Cozy Mystery Cookbook Club** • Tuttle Library • 6:00 p.m.
- 14 **Great Decisions Program: The Philippines** • Tuttle Library • 6:30 p.m.
- 20 **Community Awards Night** • Antrim Grange
- 21 **Antrim Eclectic Book Club** • Antrim Area Senior Center at the First Presbyterian Church • 11 a.m.
- 21 **Reading to Rosey: Canine Good Citizen licensed therapy dog** • Tuttle Library • 5 – 6:00 p.m.
- 21 **Free Community Supper** • First Presbyterian Church • 5:30 p.m.
- 23 **Great Decisions Program: Artificial Intelligence and Data** • Tuttle Library • 6:30 p.m.
- 26 **HomeSchool Meetup** • Tuttle Library • 3 – 4:00 p.m.
- 30 **Black Fly Community Art Show** • The Grapevine • 10 a.m. – 12 noon

Will Antrim be the First Town in NH to Set Up an Official Town Board to Better Connect Us All and Build Community Spirit?

Gordon Allen and Kristen Vance McCormick

A state law passed over a decade ago enables our Select Board to set up a Community Services and Care Planning Board—or “Community Board”—responsible for making Antrim a true “hometown” for us all. Up to now, no community has been together enough to take advantage of this law.

This Board will build on Antrim’s rich history of neighbors helping neighbors and pulling together to establish The Grapevine, Food Bank, the *Limrik*, and the Historical Society and putting on events such as Home and Harvest and Festival of the Trees, to mention just a few. It is totally controlled by Antrim residents, and would be a formal town board, like our Land Use Planning Board or Conservation Commission. The Board would consist of 3–9 Antrim residents, with up to 5 alternates, appointed by the Select Board. It also has great flexibility (no state laws or regulations to interfere) to fulfill its responsibility to strengthen existing connections, make many new ones, and pull them together.

The Community Board will do this by surveying as many people in town who are willing to identify their gifts, skills, interests, and vocations—and then putting these in an inventory. This allows people to connect with those with similar ones. As important, when the Community Board (in its Master Plan) comes up with a list of Community Improve-

ment Projects we would all like to see happen, this inventory provides us with the specific resources we can mobilize to make it happen.

To quote Kristen Vance McCormick, who is working with Gordon Allen to determine the support in town for a Community Board and to get comments and ideas:

“We have all the skills, talents, life and work experiences, hobbies, contacts, and interests right here in town to make our community life better for all of us. The job of the Antrim Community Board is to identify, organize, and mobilize these resources to make it happen.”

And, as Gordon Allen adds:

“In talking to people and groups in town over the last few months, Kristen and I have been so impressed by all the talent and diverse interests we have—and the willingness of people to share. Who knew we have this abundance? There is no question that by bringing these together with the help of the Community Board, we can build a hometown alive with more civic spirit and activity—and more welcoming, safe, connected, and supportive.”

Kristen and Gordon suggest that in anticipation of beginning to take inventory of our community assets, we think about what interests and skills we have and what we’d like to find in our town or share. For instance, would we like to find others who share our hobbies? Could share a ride to Concord? Could join with others to walk or play cards or corn hole?

For more information, answers to questions, and to get involved, contact Kristen at Kristenkmccormick@gmail.com or Gordon at wgordonallen@gmail.com. ☐

Antrim Makes the BBC World Service News

Joan Gorga

Did you hear it? If you were lucky enough to be awake and listening to the BBC World Service news on NHPR at midnight on February 10, you might have heard a piece about our friendly and active town. Apparently, two BBC reporters were on their way to Manchester from a presidential primary campaign event in Keene on February 8, saw the sign-board in front of the Tuttle Library saying “Chili Cook-Off” and stopped in to sample the fare and talk to some locals. While their primary mission was to talk politics, topics ranged from a discussion of grandparents parenting grandchildren to libraries hosting events like chili cook-offs and the Festival of Trees. Library Director Cindy Jewett is hoping to locate a recording so more of us can hear the BBC story, but word is that it was quite flattering to Antrim. ☐

INDEPENDENT LIVING, ASSISTED LIVING, AND MEMORY CARE



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- Patricia Alexander, Daughter of Scott-Farrar resident Priscilla Bourgoine

INDEPENDENT LIVING, ASSISTED LIVING, AND MEMORY CARE

Farewell the Neighing Steed

William Bryk

In early April 2019, I went to Dorothy Crosby's stable in Stoddard for my regular riding lesson. Freezing rain was falling—had fallen all afternoon. This would not be a riding day. And the Granite State's fifth season, mud season, had returned. The horses, sheeted against the weather, were in the paddock. I walked up to Julio, the horse with whom I'd worked for the last two years. He willingly dipped his nose into the halter. I gave him a carrot and began walking to the barn. He did not. I turned. He was focused on my lower right front pocket, where I keep the carrots.

I said, softly and firmly, "Julio, I'm standing in four inches of water, mud, and manure. I have little patience for this." Then I rustled the plastic bag of carrots in my pocket. To borrow a line from the late H. Ross Perot, there was a great sucking sound as Julio slowly pulled his hooves from the muck and began walking beside me to the barn. Once we were inside, the doors drawn, and he secured, I gave him another carrot.

His tail and mane were encrusted with icy snow. After removing the sheet, I currycombed and brushed him as usual. Then I took out the wire brush. I cleaned his tail and mane. Then I went for his forelock.

Julio dislikes having his face and forelock touched. We don't know why: he disliked it before Dorothy bought him nearly twenty years ago. Perhaps an accident or an unkindness had left an impression on him as a colt. Before, whenever I touched his forelock, he abruptly raised his head to show he disliked what I was doing. That day, I showed him the brush for five seconds or so, holding it up before each eye. Unlike humans, a horse has 340 degrees of vision. Ten of the missing degrees are in front of his nose. The other ten are behind his tail.

Then I placed my hand under his forelock so that, as I brushed him, the wire bristles would not scrape his hide, only the snow-matted hair. He went along with this.

I was about to replace the sheet when Dorothy asked whether I wanted to try body work with him. I hadn't the faintest idea of what she was talking about. I knew from experience that she always knows what she's talking about when it comes to horses. I replied, "Sure. What do I have to do?"

She placed her hand on Julio's poll, the top of his head, between the ears. She kept it there for about a minute, and then told me to touch him there. What I felt was vibration—the action of the fascia, the network of connective tissues that interpenetrates and surrounds the muscles, bones, nerves, and blood vessels of the body. In a sense, I was feeling the entire flow of data within the horse: thoughts, observations, physical reactions, emotions. He began lowering his head, blinking his eyes. After about five minutes, he suddenly licked his lips. Dorothy told me this was a signal that he had absorbed the experience.

A horse's mouth has three major sectors: The incisors cut his forage; the interdental space, where there are no teeth, permits the discharge of indigestible matter and is also where the bit is placed; and the hind cavity is where his molars chew the food.

Dorothy told me to place my hands along his upper jaw, below his eyes and parallel to the hind cavity. As with humans, so with horses: the jaw is a center from which tension can be released. Again, he blinked his eyes and began lowering his head. Again, after five minutes, he licked his lips.

At Dorothy's direction, I then placed my hand on his nose. Julio's nasal bone ends about two to three inches from the end of his nose: the rest is cartilage. He responded as he had before, even to the licking of the lips. He was completely relaxed.

I said to her, "I have truly enjoyed this."

She replied, "He knows you. He trusts you,"

I was deeply moved. Horses are prey animals whose first response to anything new or different is "Will this thing eat me?" Horse and rider have to communicate through the body, the rider striving to communicate clear intent through posture, visual and physical focus, the use of boots, riding crop, and reins. The horse also registers your emotions, intelligence, and capacity. For the sake of his own survival, he comes to know you more thoroughly than can any human. And when we can communicate only through the body, the rider cannot deceive his mount.

To be trusted by Julio was nearly as great an honor as human love.

Mud season turned into spring. The ground dried in the ring and Julio and I began working there. He was idiosyncratic, as usual: one day I walked to the far end of the paddock to find him and the others, fly-masked. I attempted to pass the halter over his nose. The fly-mask concealed his eyes. I sensed he was in a playful mood. He shook his head from the halter before I could close it and began walking along the fence. I began jogging after him. When he wants to use it, Julio has a big walk and used it that afternoon. He continued along the fence, up the hill, around a corner, and along the path that led to the barn. Oddly, this was precisely the course I would have followed had I haltered him.

The other three horses walked along behind, probably to watch the fun.

I continued jogging along, trying to catch up. There are moments when each riding boot seems to weigh thirty pounds. This was one of them. Just outside the stable, Julio paused at the water trough for a drink. When he was finished, he raised his head and submitted to the halter. We were about ten feet from the barn door. We entered and I

 — continued on page 20

secured him. Before I could turn to close the door, one of Dorothy's thoroughbreds strolled in.

"Not good. One horse at a time," I said. I seized the intruder by the fly-mask and turned him by gently pressing his side with my hand where I would have placed my boot were I astride him. He balked at going out. Sometimes, the riding crop has to deliver the message. I tapped him twice on the rump. He went out and I closed the door.

Then I removed the fly mask and began grooming Julio. After curry-combing him, I ran my hands over Julio's nose, jaw, and throat to check for ticks. He had a few scabs from tick or fly bites, but no vermin. Then we rode and I learned more about riding from our work together.

Spring turned into summer, and I continued trying to keep Julio at the trot. Some days were better than others. Sometimes he wanted to work. Sometimes he wanted to stand, serenely looking out toward Pitcher Mountain as if posing for an equestrian statue. Meanwhile, I was squeezing my legs together, booting him, and tapping him with the crop, all in sets of three, and then starting them yet again, and again, and again. I once muttered, quoting Norma Desmond in *Sunset Boulevard*, "Mr. DeMille, I'm ready for my close-up."

Sometimes I simply turned in the saddle and belted him twice in the rump with the crop. Usually, he then began a leisurely stroll that I could eventually raise to a trot.

One day in early August. Dorothy told me, gently, that Julio needed to retire. One of Dorothy's former interns, who had strongly bonded with the horse, came for him over the next weekend and took him to what will be his forever home. He was reunited with an old stable mate, Oliver, a 16-hand registered Clydesdale with the gentle heart and soul of a teddy bear, whose working days are behind him, too.

So my last memories of Julio will be his scent, his bay hide, the distant mountains seen between his ears, the ever present sense of his strength, power, and intelligence. And, when we were at the trot on that final day, with his mane gloriously flying, I understood the meaning of a line in God's paean to the horse in Job 39:19: "Hast thou clothed his neck with thunder?"

I would have liked to learn some more things with and through him: to canter, gallop, and take the fence, the glorious moment when horse and rider together soar into the sky. But as Rilke wrote in "Requiem for a Friend:"

We need, in love, to practice only this:
Letting each other go. For holding on
Comes easily; we do not have to learn it.

May Julio, my comrade, enjoy serenity, affection, and compassion for the rest of his life, and, at the end, a gentle passage to the other side. Surely he will have the soul in Heaven he possessed on earth. There I hope we will meet again. ☐

Antrim Grange

Renée Mercier-Gerritsen, Grange Master

As we approach Spring, Antrim Grange is working on many projects, as usual.

First and foremost, our rehabilitation project on our beautiful historic Grange Hall on Meetinghouse Hill continues. Beth Merrill has been working tirelessly on applications for grants and such to help fund this enormous endeavor. We appreciate all of the local donations of support, money and services that we have received to date and hope to continue to receive.

In April, we will be celebrating Grange Month. We are currently planning to have a public event on April 1st to celebrate this special time. Keep an eye out for event details in the near future.

On May 20th, we will be having our annual Community Awards Night. If you have any suggestions of any deserving person(s) that have been a huge asset to our community, please email Renée Mercier-Gerritsen by March 31st at renee_mercier@yahoo.com with their name(s) and a short paragraph why they are deserving of an award. All recommendations will be considered.

A friendly reminder that we will be holding our annual Penny Sale and Summah Suppah on August 7th & 8th. We will be looking for new/gently used items and/or gift certificates to use in our sale. If you have anything, please contact Renée Mercier-Gerritsen.

As usual, if you are interested in anything the Grange does or would like more info on joining our organization, please find Antrim Grange #98 on Facebook and "Like" us. Or, you can contact the Antrim Grange Master Renee Mercier-Gerritsen at renee_mercier@yahoo.com or call/text 547-5144. ☐

Remembering Fred (Woody) Woodworth

Longtime Gregg Lake resident Fred (Woody) Woodworth passed away in Keene on February 6 at the age of 99. Woody was widely known for his passion for physical fitness and love of hunting and fishing, and made a lasting impression on everyone he met.

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First Presbyterian News

Jan Howe, Stated Supply Pastor

Our church continues to carry out our ministry with the help of the wider community as God continues to energize us for ministry. A dramatic change is that we no longer own the Manse where former ministers lived. The process was long to receive permission from the Presbyterian Church (PCUSA), as well as the NH Attorney General. The past few years, the expenses and upkeep of the house were exhausting and draining our energy.

Also, at a recent Session meeting the Ruling Elders received, and regrettably accepted, Sharon Dowling's resignation letter after fourteen years of being our dedicated Music Director. We are fortunate that she will be with us through Easter services. Our next steps with our music ministry are unclear at this point, but we are confident that God will guide us to new opportunities.

We continue to explore major repairs on the church, including needing a new roof and two outside doors. Late last autumn we patched the roof to get us through another year but there continues to be a small leak over the organ area so the roof is a high priority for us. These are necessary repairs, but the uncertainty is raising the funds for these projects. It is important to note that the proceeds of the sale of the manse are restricted to expenses for worship and music, therefore not being available for the building needs.

Even as we work on maintenance, we continue to carry out our ministries, with Sunday services, as well as outreach projects. Our current outreach programs include **100 Nights**—collecting items on their wish list to help the homeless; **Veterans**—collecting new socks and underwear for the Veterans Hospital; **ConVal End 68**—collecting crackers for weekly bags and food shelf items for the food pantry at ConVal high School; **AES Healthy Snacks**—collecting granola bars (no nuts) and cheese sticks for the nurse to give to students who don't have a snack; **Antrim Bennington Food Pantry**—collecting non-perishable food; **The Grapevine**—donate and participate in the Spring Walk and the Hope Initiative; **The Revival Shop**—donations of clothes, which are sold at a very reasonable price; **Easter Baskets**—with the school guidance office, we donated Easter dinners to two families.

Worship—Looking ahead

Lent—In our worship in March our liturgical Lenten colors (the cloths on the altars) will change to purple to reflect the time of contemplation as we, like Jesus, spend forty days in the wilderness. The forty days of Lent began on **Ash Wednesday** (February 26), which we commemorated with a service of quiet contemplation, candles and communion. Each Sunday in Lent continues our contemplation to prepare our hearts and souls for Holy Week and Easter.

Holy Week—Holy Week begins April 5 with **Palm Sunday**. This 10:30 a.m. service will start joyously as we welcome Jesus entering Jerusalem on a donkey as we wave palm branches. We then proceed through the events of Holy Week, which evoke many emotions as we share the sadness of Jesus' betrayal and death.

On **Maundy Thursday, April 9**, we will have a simple sacrificial meal of bread and soup at 6:15 p.m., followed by a contemplative communion service at 7:00. This service remembers the Last Supper that Jesus had with his disciples the night before his arrest and betrayal. Please feel free to attend both soup and service or come for the service.

We will also have a **Good Friday Service April 10** at 7:00 p.m., which recognizes Jesus' time of dying on the cross. Yes, it is a sad, contemplative service but definitely helps us prepare for and truly experience the joy of Easter morning.

Easter—On Easter, **April 12**, we will have two services to celebrate the joy of Jesus' resurrection to fulfill scripture that promises us that a Savior will come into our lives. We begin at 6:30 a.m. with my favorite service of the year—a Community Sunrise service. Normally, I am not a morning person but I joyously rise early on Easter. The hour of the day and hopefully watching the sunrise has always been an important part of my faith journey. This year it will be on our front steps with Pastor Charlie leading the service, followed by a light breakfast and coffee inside the fellowship hall. We will have our traditional Easter service in the sanctuary at 10:30 a.m.

We look forward to having you journey with us as we explore and grow in our faith together. ☐

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Our Lanky Yankee

Kathi Wasserloos

Those of you who have been around these parts for some time may remember Neal Clark. He was a self-described "Lanky Yankee" who walked nearby highways, byways and trails, spending his days as an observer of the natural world. We recently received a copy of *Our Lanky Yankee* published by the Hancock Historical Society a year after Neal's death. We are pleased to place this tender tribute on the shelves of the Tuttle Library for all to enjoy and appreciate his unique insights into the world around us. ☐

Building a Community/Business Center for Antrim

Rick Davis

I have been heart-broken and driven ever since the tragic passing of Kylie and three others who were very close to me. As a Pastor and a friend I can't let these four senseless acts just pass away without doing something about it. So I have been working with the Teen Center, which needs a new location, and The Grapevine, along with the owners of the old mill where the Teen Center is located. I believe the perfect location for a Community/Business Center is the part of the old cutlery mill right behind where the Teen Center is currently located—a very large space that would be perfect for what could change the town of Antrim from just a bedroom town to a town that would service the real needs of our entire community. I can see businesses working hand-in-hand together with our young people who need a real sense of community.

How can we make this happen? I am in the process of starting up Antrim's Chamber of Commerce, which I believe would be the key to a Community Center's success. Our young families need a place to go, along with our teens, that will actually give them a sense of pride and connection to their town of Antrim. This Community Center would service all ages as well, including our seniors who need to get out and be active. So this space would be a perfect place to keep all of us active and connected with each other, as well as the perfect spot for meetings for various organizations.

Sounds great, but it needs to be planned out and supported so as not to be a financial burden. As I have managed Antrim's Home and Harvest Days, I would love to work with our entire town to make Antrim truly a place to go. ☐

Clarification:

Please note that Jason Carrier of NH Fish & Game would like us to clarify that, whereas we wrote in the December *Limrik* that Fish & Game has recommended that Gregg Lake revert to statewide black bass general rules, the new bass ice-fishing regulations are still going through administrative processes and will not go into effect this year. Please observe the black bass regulations currently in effect.

—Joan Gorga, Editor



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Antrim Recreation Department

Celeste Lunetta, Recreation Director

Antrim Recreation Department is excited for the spring of 2020!

We have opportunities for people of all ages to get out and recreate! Seasonal and weekly programs, as well as our park facilities, await your participation. Here is a list of some upcoming programs. For information on registration, and with any questions—call us at 588-3121. For the most up-to-date information, please go to antrimnh.org, or check out our Facebook page. Here are some of our regular offerings—we are always working to add more!

Cal Ripken Baseball and Babe Ruth Softball: For boys and girls, ages 5–13. Play baseball or softball with area towns and teams. T-Ball, Rookie, Minors and Majors baseball with ConVal Cal Ripken; 8U, 10U and 12U softball with Monadnock Youth Softball League. Registration forms are due in early March.

Lacrosse Clinics: For girls ages 7 through 12; join our crew of dedicated high school girls' lacrosse player-coaches, who want to share their love of the game. These clinics will be held on Sundays in April and May. They will develop into scrimmages and intramural play, as participation allows.

Youth Fishing Derby: Held the first Saturday of May, 5/2/2020, from 8:00–9:30 a.m., at Mill Pond.

— continued on page 26



Jeannette Anderson
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Antrim, NH 03440
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janderson@bellowsnichols.com

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Antrim–Bennington Lions Club

Nancy Blair

And the Antrim–Bennington Lions continue to roooaar!!!!

Christmas tree sales were fast and efficient this year. The club sold one hundred trees in just two weekends. Although it was cold, it is an amazing fundraiser for our club, and the members put on their fur coats (in a manner of speaking) and gladly brave the elements to raise money to support Operation Santa. Speaking of Operation Santa, the club provided gifts for sixty-four children. Standing in the cold just doesn't feel so bad when you make so many children and their families happy at the holidays.

The Lions celebrated together at the Tollbooth Tavern over the holidays. Sue Conklin entertained us with her famous Christmas games. As a group we work very well together and we enjoy playing together as well.

In January, the club held their regular business meeting, and in lieu of the speaker and pot-luck meeting, they hosted the Antrim Community Supper. The fare was a variety of soups and grilled cheese sandwiches with “make your own sundaes” for dessert. Plenty was enjoyed by all!

Between the January and February business meetings, our President, Sue Conklin, and Vice President, Linda Tenney, attended the Zone 3 meeting and the mid-winter conference. They reported back some new ideas for fund-raising and volunteering to the members. They also reported that with our help, 300 backpacks were filled for needy students in the fall! Sue Conklin will be attending the annual Lions State Conference and bringing 188 pairs of glasses, along with 26 pairs of sunglasses.

On February 1st, the club held a blanket-making workshop at the Presbyterian Church. Seven blankets were made and sent off to Project Linus. The club has decided to make this a recurring event.

In February at the potluck meeting, Gordon Allen and Kristen Vance McCormick presented their Community Board proposal to the club members. In March, the potluck meeting will be the annual corned beef and cabbage dinner prepared by our Irish Lion, John Robertson. It is always delicious!

Business meetings are held on the first Tuesday of the month at 6:30 p.m. at the Presbyterian Church in Antrim. Potluck meetings are on the third Tuesday, same time, same place. Please join us to find out what the Antrim–Bennington Lions are all about. Any questions, please call Nancy Blair at 588-8015. ☐

Where in Antrim?

Marshall Gale, Linda Bryer, Robin Feustel, George Davison, J. Alfred and Jerome Mullin all correctly identified the site of the September *Limrik* photo as the stone pillar at the entrance to Hawthorne Academy. Jerome Mullin won the \$25 gift certificate to Patten Hill Farm.

The names of all who correctly identify the location of this photo by March 15 will be entered into a drawing for a \$25 gift certificate to Dunkin Donuts. Email your response to editor@antrimlimrik.org or call 588–2569. Photo by Frank Gorga. ☐



Antrim Baptist Church Events

Charlie Boucher, Pastor

Wednesdays, March 11, 18, 25, April 1: Lenten Luncheons from noon–1 p.m. Bring a bag lunch; dessert and coffee provided. Speakers from each of the area churches.

Thursday, April 9: Soup Supper at 5:45 p.m., followed by Maundy Thursday Service at 6:30 p.m.

Sunday, April 12: Easter Sunrise Service on the lawn of the First Presbyterian Church led by Rev Charles Boucher, 6:30 a.m.

Sunday, April 12: 10:30 a.m. Easter Service ☐

Have you seen what's new this week?

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Saturday • 10:00 a.m. – 2:00 p.m.

**First Presbyterian Church, 73 Main Street, Antrim
588-2209**

The Superheroes' Snowy Day Rescue

Susan Ellsworth

One snowy day Superhero Caleb and Superdog Webster sat looking out their bedroom window watching the heavy snow coming down outside. Suddenly Webster's ears stood up. He heard something. He began to bark and wag his tail as he looked across the meadow.

Caleb asked, "What is it, boy?"

There in the distance he could barely see Caleb's mother's friend Denise. She was standing on her roof. Superhero Caleb and Superdog Webster knew the snow was getting too high for her to be safe in her one-story home. She needed to get to higher ground and to safety.

Superhero Caleb and Superdog Webster jumped into action. They put on their superhero snow suits, boots and goggles and flew out of the bedroom window. Caleb grabbed his sled next to the shed on his way to Denise's house. Superhero Caleb told Denise not to worry—she would be safe soon.

He said, "I'll take you back to my house."

That's when Denise said she couldn't go without her kitties, Sunshine and Snowflake. Superdog Webster jumped in Denise's bedroom window and barked to tell the kitties to come. There was no answer and no kitties to be seen.

Webster looked around the bedroom and under Denise's bed, where kitties like to hide, but they weren't there. Then he ran down the hall to the kitchen and living room, but still no kitties. Just then a buzzer went off in the dryer room. Su-

perdog Webster looked in there, and way up on top of the warm dryer in a pile of blankets were Sunshine and Snowflake, curled up in a ball. Webster barked and they woke up. He barked again and they jumped down and ran with Webster to the bedroom window. They met Denise and Superhero Caleb on the roof. Denise was so happy to see the kitties!

Denise, Sunshine and Caleb flew back to Caleb's house on the sled and Superdog Webster carried Snowflake by the nape of her neck like a mother cat would carry her baby. They all hopped in Caleb's bedroom window to safety.

"Caleb...Caleb...Wake up!"

It was Superhero Caleb's dad. He came up to read him a good night story, as he did every night before bed.

"I guess I fell asleep...I think I was dreaming, too."

"Yes," said his dad. "You didn't hear me walk in and call you. Caleb, why is your sled up in your room with snow on it? We left it out by the shed hours ago." ☐

The *Limrik* is privately published for, by, and about the people of Antrim. It does not receive any town funds and is entirely supported by subscriptions and advertising revenue.

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Women—Take Notice

Marcia A. Ullman
HOPE Initiative

I know I took notice, when I read a recent report from the National Institute on Alcohol and Alcohol Abuse (NIAAA). After reviewing death certificates from 1999 through 2017, NIAAA researchers found an alarming increase in the rate of alcohol-related deaths in both men and women, but a much higher increase among women. The death certificates showed that alcohol played a role in the deaths of 18,072 women in 2017 compared to 7,662 in 1999, more than a two-fold increase. According to NIAAA, a death was considered “alcohol-related” if alcohol was listed on the death certificate as either the underlying cause of death (for example, cirrhosis of the liver) or as a contributing factor in the death (for example, accidents, overdoses, and suicides). The actual increase may be even higher because alcohol, as a causative factor, is often omitted from death certificates.

What accounts for this increase? The authors of this study, and other experts, suggest the following factors may be at play:

- The chronic effects of alcohol use are more apparent now that baby boomers are aging.
- Opioid-related deaths often involve alcohol as well.
- Women attempt to drink like their male counterparts but suffer more negative effects.
- Although teenage drinking has decreased overall, teenage girls are drinking more than in the past. (According to Aaron White, who analyzed the study data, 10th grade girls are as likely to drink as their male counterparts, but with more damaging health effects.)

According to NIAAA Director Dr. George F. Koob, “Alcohol is a growing women’s health issue.” In addition to the causes of death listed above, over 100 studies have linked alcohol consumption to an increased risk for breast cancer. Just one drink a day has been shown to slightly increase a woman’s risk of developing breast cancer. The risk grows higher the greater the amount and frequency of alcohol consumed.

A fact sheet published by the Centers for Disease Control and Prevention (CDC) states that excessive alcohol consumption puts women at risk for the following:

- **Liver Disease**—The risk of cirrhosis and other alcohol-related liver diseases is higher for women than for men.
- **Brain damage**—Women seem to be more vulnerable to the brain-damaging effects of excessive alcohol intake than men.
- **Heart damage**—If women drink excessively, even at lower levels than men, studies show that they are at increased risk for damage to the heart muscle.

- **Cancer**—In addition to having an increased risk of breast cancer, women are at risk for cancer of the mouth, throat, esophagus, liver, and colon.
- **Sexual Assault**—According to published studies, there is an increased risk of rape or sexual assault when both the attacker and the victim are under the influence of alcohol.

According to the CDC, for each of the past four years, women in New Hampshire have exceeded the levels of excessive drinking, defined as either having four or more drinks on one occasion in the past thirty days or having eight or more drinks per week, for women in the US as a whole. In 2019, 33.3% of New Hampshire women aged 18–24 reported excessive drinking, as compared to 22.7% of women in the US. For New Hampshire women aged 25–34, 22.0% reported excessive drinking versus 21.1% in the US, and for New Hampshire women aged 35–44, 18.0% reported excessive drinking versus 15.7% in the US.

Although this news is disheartening, the trends can be reversed. Once women are aware of the health risks related to alcohol, they can take steps to reduce their intake. As for alcohol use disorder, it is a treatable disease. For those needing help in dealing with alcohol abuse and alcohol use disorder, the following websites provide useful information:

- New Hampshire Recovery Hub (<http://nhrecoveryhub.org/>), where one can easily access treatment options.
- NH Alcohol and Drug Treatment Locator (<https://nhtreatment.org/>), where one can find “... treatment agencies and individual practitioners offering substance use disorder services, including evaluation (this is the first step to determine level of treatment needed), withdrawal management (detoxification), outpatient counseling, residential treatment, recovery supports.”
- NH Department of Health and Human Services (<https://www.dhhs.nh.gov/dcbcs/bdas/treatment.htm>). This site states, “The treatment system in NH consists of an array of levels of care, including outpatient, intensive outpatient, partial hospitalization, residential, withdrawal management, and peer and non-peer recovery support services. Many of these services are paid for by public and/or private insurance programs as well as funding from the Department to assist individuals with accessing treatment services.” 📄



Antrim H.O.P.E. Initiative
Health-Opportunity-Prevention-Education
For Substance Misuse Awareness and Prevention
Supported by The Grapevine Family & Community Resource Center

Yoga: Every Tuesday at Antrim Town Hall, 6–7 p.m.

Zumba and Pound: Mondays and Wednesdays, 5:30–6:30 p.m.; Saturdays, 8:30–9:30 a.m. at Antrim Town Gym

Pick-Up Basketball, ages 30+: Tuesdays and Thursdays, 7:30–9:30 p.m.; Antrim Town Gym

Pickleball: Thursdays 5:00–6:30 p.m.; Antrim Town Gym

Jump Rope Club: Fridays 3:30–4:30 p.m., Antrim Town Gym

Super Duper Tea Party: Saturday March 21, 11:00 a.m. at Antrim Town Hall

Teen Center Basketball: Wednesdays, 6:30–8:30 p.m.

Final Friday Family Fun Night: Last Friday of the month, 6–8 p.m.

Days of Summer! Our summer camp program, serving youth ages 6–14, opens for registrations on April 1st...no foolin! Get those in early; we had a waiting list last year!

We are adding bus trips, waterfall hiking trips and more. Please consult our webpage! You can email us at antrimrecreation@tds.net with ideas, requests or questions. ☐



Antrim Recreation's 5th and 6th grade girls took second place in the Merrimack Valley Basketball League A Division this year, with Coach Kevin Proctor. Photo by Lisa Wilsher.

All aboard the White Pearl!

(aka the Community Bus!)



Join Antrim Recreation for trips to two wonderful events at St. Anselms College. Let us do the driving! Call 588-3121 before the time indicated, or look online at www.antrimnh.org

Sunday April 25: Mutts Gone Nuts

Leave Antrim 2:30 p.m., return around 6:30 p.m.

From shelters to showbiz, mischievous mutts amaze and delight with their action-packed canine cabaret. With comedy duo Scott and Joan Houghton, they bring a unique blend of humor and circus arts to audiences worldwide. All adopted from animal rescues, their natural talents of dexterity, balance and timing are cultivated into expert and entertaining hijinks. \$30 for ticket and bus transportation. Must reserve seat by Monday March 30.

Saturday May 2: Aardvark Jazz Orchestra

Leave Antrim at 6 p.m., return before 10 p.m.

The internationally acclaimed Aardvark Jazz Orchestra brings its Salute to Duke to the Dana Center. In a broad spectrum of sounds and styles in the inimitable Duke Ellington manner, the band will perform jazz classics as well as delve into the sonorous and exotic. Brilliant musicianship meets a pure love of performing with pitch-perfect solos and finely-tuned, full band swings. \$30 per person for ticket and transportation. Must reserve seat by Monday April 6.

MORE BUS TRIPS ARE BEING PLANNED!
We are excited to take you places in 2020!



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Avenue A: Impacting youth who will change the world!

Jacqueline Roland, Avenue A Coordinator

Growth continues to be a theme here at Avenue A! Did you know that we served over 300 teens last fiscal year? And, over the summer 182 teens participated in our Enrichment Program—a 38 percent increase over last year! This school year, our afterschool program for middle school students is at full capacity (about 30 students!) and has a waiting list. We've been quite busy on Friday nights and during our other weekly programs as well.

Based on requests from parents and teens, we're expanding our pick-up basketball program at the Antrim Town Gym (thank you Antrim Recreation!) to include an hour of pick-up ball each week for 7th grade boys. The 7th graders will play on Wednesdays from 6:35–7:30 p.m. Guys in 8th–12th grade will play afterwards from 7:30–8:30 p.m.

Growth is exciting to us, because it means we're reaching more youth! When teens connect with Avenue A, the positive interests cultivated during our programs impact how they spend their time outside our Center. Recent survey results demonstrate this effect—100 percent of our Expressive Art participants said the program made them more likely to turn to art as a way of de-stressing or expressing emotions during difficult times. Over the summer, 95 percent of teens in our writing programs reported that they kept a writing notebook and wrote in it at home.

We see the impact of our programs beyond survey results. After singer-songwriter Wendy Keith led a songwriting workshop for us, teens began writing songs and bringing them to our writing programs for feedback. After participating in our yoga classes, teens often share that they start practicing at home as well. Parents report that teens from our Dinner Club program bring home recipes they've learned and make breakfast and dinners for their families!

The parent of a 10th grader who regularly attends our programs recently explained Avenue A's impact on her son's life: "Avenue A provides an environment that is inclusive and supportive; one that seems to invite engagement and accountability...Open Hours on Friday evenings dispel the

angst of trying to find something to do, of wondering if an invitation will come to this or that gathering, of tough decisions about drugs and alcohol, of bullying, of various peer pressures... Avenue A is getting this right for teenagers: they are offering a safe and secure environment for teens to create their own community and connections with meaning and authenticity."

To build connections between teens and our community, we've incorporated more service projects into our programs over the last year. Our woodworking/carpentry teens built a handicapped ramp for a family in Peterborough this fall. Expressive Art participants repainted the Grapevine's picnic table—making it a colorful canvas of artwork. Our teens shared poems about discrimination at a public forum on race at the Antrim Library and at Hancock's Martin Luther King Day Celebration. Teens from our music program sang carols at Antrim's Festival of Trees. These opportunities help our teens take ownership of their roles as community members.

In a recent poem, Rose, one of our Writing Club teens, wrote:

"Everyone wants to know what I am, why I don't look like my sisters, where I'm from. And to that I say, I am human; a girl who loves nature, because it asks me no questions. I don't look like my sisters because if everyone was a carbon copy of everyone else, this world would be a really boring place to call home. And I don't care where I'm from and neither should you. All that should matter is where I'm going and what I can do to make that a better place."

I hear our teens thinking this way often—wondering how they can help others and contribute to our world. I'm grateful that Avenue A can support these young people as they grow into their roles as world-changers!

We invite you to support our programs and enjoy a night of captivating stories at our Vine Story Hour — "Surprise!" on Thursday, March 5th at 7 p.m. at our location on 42 Main Street in Antrim. Based off the popular MOTH story hour that airs on NPR, The "Vine" invites storytellers to bring their story to the Avenue A "stage." Come just to listen or seize the opportunity to share your story! Admission is by donation. Refreshments will be served. This event is intended for adults and older teens. For more information about this or any of our programs email avenuea@grapevinenh.org or call 588-2620. 📧



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Antrim Eclectic Book Club

Sponsored by The Antrim Area Senior Center

Steve Ullman, Coordinator

"It is not true that we have only one life to live; if we can read, we can live as many more lives, and as many kinds of lives, as we wish."
— S.I. Hayakawa

If you too wish to live other people's lives, or "time travel" to other eras, or immerse yourself in geographical realms outside metro Antrim, you have already qualified to join the Antrim Eclectic Book Club.

We would love for you to join our lively discussions of the books listed below. All three titles appear on the Modern Library's list of the 100 most significant 20th century novels. We will be meeting from 11:00 a.m. to noon at the Antrim Presbyterian Church, 71 Main Street, on the following Thursdays in order to explore these books:

April 16 *The Magus*, by John Fowles. This is the story of Nicholas Urfe, a young English teacher on a tiny Greek island, who encounters a magician (or is he a depraved charlatan?). "The Magus" seeks to control Nicholas through terrifying, psychological manipulation. Adding to the plot is a gorgeous young woman played in the movie version by a young Candace Bergen.

May 21 *Loving*, by Henry Green. If you loved *Downton Abbey*, this book will enchant. *Loving* is an "upstairs, downstairs" account of life in a posh Irish country house during World War II. The absence of the "upstairs" homeowners has created an anarchic domestic environment "downstairs" leading to battles over authority, larceny and love.

June 18 *Under the Net*, by Iris Murdoch. This is the uproarious story of a struggling young writer (is there any other kind?) who tries to support himself by scrounging on his homies and an ex-girlfriend. Jake, the hack writer-freeloader, engages in a series of comic conspiracies, such as kidnapping a Lassie-like, movie star dog—all in furtherance of an indecipherable philosophy.

Copies of these books will be available at the James A. Tuttle Library. For further information, please email Steve Ullman (stephenullman@gmail.com).

And always remember "Free time is a terrible thing to waste. Read a book."
— E.A. Bucchianeri ☐

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Doors open at 11:00 for crafts, games, and raffles.

Seating for Tea and Snacks from 11:30 - 1:00.
Free to attend, donations gratefully accepted!

Pre-registration is appreciated.
Please register any dietary restrictions in advance.
All children **MUST** be accompanied by an adult.

WINTER SPORTS

By J. Alfred

There were two girls from Berlin
Who took to the sport of curling
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The Grapevine

Melissa Gallagher, Director

Dear Friends and Neighbors,

Thank you for your continued financial and volunteer support this past Winter season! Local support is what makes our programs possible.

With the recent tragedies our community has faced, we have placed increased emphasis on mental health and suicide prevention education and resources. We are committed to responding to the needs and issues in our community, and we need your continued input to keep us aware and connected! Please email me your thoughts and questions at melissag@grapevinenh.org.

ONGOING GRAPEVINE PROGRAMS

For all programs, please call 588-2620 to register and for more information.

Better Beginnings for Babies

The *Better Beginnings for Babies* group creates a space where parents and infants can feel safe and part of the circle of community. An early childhood developmental specialist and group facilitator, Nancy Macalaster, MA, guides the group. Parents and babies, newborn through one year, and expectant parents are warmly welcomed to visit. The group meets on Wednesdays from 10 to 11:30 a.m.

Hillsborough Play Group

Join Grapevine staff, parents and their children for a play group at Smith Memorial Church's Dubben House at 34 West Main Street in Hillsborough on Mondays from 1 to 2:30 p.m. and Fridays from 10 to 11:30 a.m. Fun play for kids; meet other parents. Drop-ins welcome.

Better Beginnings Parent-Child Groups

The Grapevine welcomes all children, from birth to 5 years of age, and their parents to our weekly children's programs. *Better Beginnings playgroups and parent groups* give children an opportunity to play in an enriching environment while parents enjoy time with each other in an adjacent room for coffee and tea and discussions about child- and family-centered topics with our parent group facilitators. Monday, Tuesday & Thursday, 9:30 to 11:30 a.m.

Grandparents Parenting Grandchildren

Nationwide some 2.5 million grandparents are parenting their grandchildren, and not without a host of challenges and issues that come with the job, including mixed emotions, financial burdens, health concerns and keeping pace with the children. Call The Grapevine for more information and ask for Carol Lunan to learn about some of the resources and supports available.

The Learning Vine Cooperative Preschool

A program for children 3 to 5 years old. We are now welcoming inquiries for the 2020-21 school year! This hands-on program focuses on social interaction and problem-solving skills in a small group setting, in a fun, engaging environment. *Family scholarships may be available—please inquire.*

SPECIAL PROGRAMS

Free Tax Preparation

IRS-certified tax preparer Larry Schwartz is providing free tax preparation at The Grapevine on Mondays from 2-6 p.m. through April 13, 2020. All returns will be filed electronically. Call The Grapevine to make an appointment. Inquire about appointments in Hillsborough, too!

Eat Out for The Grapevine!

We will receive twenty percent of the day's proceeds from two wonderful restaurants!

- Rick and Diane's—All day Friday, March 6
- Fiddlehead's Café and Catering—All day Thursday, March 19

Dad's Group at Tooky Mills Pub in Hillsborough

On Tuesdays, beginning March 10, from 6:30 to 8:00 p.m., join with other dads to chat about being a parent. In a relaxing atmosphere, share your ideas with others who have been in similar situations. RSVP by calling Carol at 588-2620 or email caroll@grapevinenh.org.

 — continued on page 30

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Guiding Good Choices: A Program for Parents of Children Ages 9-14

Beginning March 11th and running for five Wednesdays from 6:30 to 8:30 p.m. at Great Brook School in Antrim, this prevention program will offer information so you can strengthen family bonds, establish clear standards for risky behavior, teach children the skills they need to make healthy choices and also increase their involvement in the family. Pizza dinner and childcare provided for this FREE program. Call to register.

Spring Walk for Families

Tune up your strollers, lace up your walking shoes and get your pledges for The Grapevine's 16th Annual *Spring Walk for Families* on Saturday, May 9th. This is The Grapevine's biggest fundraising event and we count on your support, so please call 588-2620 or stop by to get your pledge sheet. Meet us in The Grapevine parking lot at 9:30 a.m. on May 9th to register and walk in support of our families and community. Unable to attend? Donations to the *Spring Walk for Families* can be made from our website, visit grapevinenh.org and select the donate button.

Black Fly Community Art Show

Our popular annual art show features multi-media art by local children and youth, community and family art activities, and more. Saturday, May 30th, 10 a.m. to 12 noon. If you have art you would like to show, please call Carol at 588-2620.

Spring Cleaning? Learning Vine Yard Sale

We are collecting new and gently-used items for the annual Learning Vine yard sale on Saturday June 13th, 8 a.m. to 12 noon. All proceeds support the Learning Vine preschool and make it possible to support this amazing program. Call Carol if you have a donation.

Before and After School Clubs

Clubs are located on the Antrim Town Gym/Antrim Elementary School campus for students, K-4th grade, enrolled in Antrim and Pierce Elementary Schools! Clubs include social time with peers, homework help, board games, Legos, free and creative play, lots of outdoor time and activities in

the gym. Before School Club runs from 6:45 to 8:20 a.m. and After School Club runs from 3:15 to 5:00 p.m. If you are interested in signing up for next school year, please contact Lisa Hennessy, Before & After School Coordinator, basc@grapevinenh.org or call our office at 588-2620 ext 16.

SUMMER PLANS...

Backyard Summer Adventures

It's not too early to think about summer activities for your child. The Grapevine staff is planning these fun and enriching programs now:

- Summer Backyard Adventures for 4½ to 6 year olds, July 27-31
- Backyard Science Adventures for 7 to 9 year olds, August 3-7

Community Wood Bank

The wood bank is an emergency service for those who use wood as their primary heat source who are nearly out, have no wood, and have no other source of heat (oil/propane/electric). Thank you to local vendors and community members who answered the call for help with our wood bank this season. Without these wood donations and our volunteer stackers and organizers, our wood bank would not be as successful! If you would like to become a volunteer or have wood to donate, please give us a call. We will start accepting green wood as soon as the snow clears.

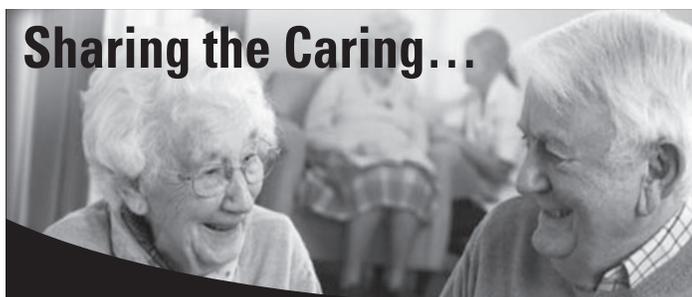
SERVICES AT THE GRAPEVINE

Information & Referral: Information about area resources for financial assistance, food, childcare, legal assistance, clothing, health and dental care, and other needs

Home Visiting: Offering one-to-one support for families in the home and other settings

Community Wood Bank: An emergency resource for those who use wood as a primary heat source during the cold season

Heating Fuel & Electric Assistance: Call SNHS at 924-2243 or 877-757-7048 for an appointment or The Grapevine for information.



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Help Finding Shelter: for families who are homeless or face homelessness

Community Tool Lending Shed: Have a project around the house but don't have the tools to do it? Contact us by email at toolshed@grapevინeh.org or call The Grapevine—we might have what you need.

Thank you to the many people who supported The Grapevine in so many ways over the winter months, including:

- The Keith M. Sullivan Foundation for their \$1,000 grant toward our Parent-Child support programs
- The New Hampshire Charitable Foundation and Monadnock United Way for their ongoing support of our parent education, home visiting and mental health resources.
- The businesses and individuals who donated and participated in our Annual Online Auction, helping raise over \$7,000 and our local donors who gave to our Annual Appeal.
- Monadnock Paper Mills and The Gilbert Verney Foundation for their ongoing support of The Grapevine and Avenue A Teen Center.
- Divine Mercy Church for supporting families with Thanksgiving Baskets and their Christmas Giving Tree program.
- Presbyterian Church of Antrim for their ongoing support and hosting Antrim's monthly community suppers.
- Smith Memorial Church in Hillsborough for use of their Dubben House space for our Hillsborough Parent-Child Playgroups.
- Eversource and John Brown & Sons for their donations of Christmas trees, tree stands and lights and gift cards for holiday meals.
- Robyn Manley and Project Linus volunteers for their donation of beautiful handmade blankets for our families.
- Larry Schwartz for his ongoing tax preparation program offered here at the Grapevine as well as in Peterborough, Hillsborough and Keene during tax season.
- Our families that have donated paper goods, cleaning supplies, snacks, and help with cleaning the facility.
- Sue Conklin, Pam Berry, and youth volunteers from GBS for assisting with our SnowFamilies Play Day.

**Job Opening: Before & After School Club
Co-Site Director**

The Grapevine's Before and After School Club (BASC) is based at Antrim Elementary School and currently serves 16-24 children in grades K-4 primarily from Antrim and Bennington schools. The Before & After School Clubs started in 2006 and have established an excellent reputation in the community by providing a safe, caring and fun environment for children in the before- and after-school hours. The Grapevine Family & Community Resource Center is seeking an engaging, passionate leader as a Co-Site Director who enjoys working with and supporting children in a high energy environment. If you are interested in applying or have questions please contact Lisa Hennessy by email at lisah@grapevინeh.org or call 588-2620 ext 16.

The Grapevine is a nonprofit service organization serving residents in Antrim, Hancock, Bennington, Frances-town, Hillsborough, Deering and nearby towns. Other off-site programs include the Before and After School Clubs, Avenue A Teen Center and our Hillsborough Parent-Child Groups. The Grapevine exists because of charitable contributions from people like you. Tax-deductible contributions are gratefully accepted at PO Box 637, Antrim, or visit us at 4 Aiken Street. For more information call 588-2620 or visit us online at www.grapevინeh.org, on Facebook at <https://facebook.com/grapevინeh.org/> and on Instagram at [@thegrapevinefrfc](https://www.instagram.com/thegrapevinefrfc). ☐



Kids and families had fun in the snow and making crafts at our Annual SnowFamilies PlayDay in February. Photo by Melissa Gallagher.

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